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SAN FRANCISCO COMMISSION ON THE AGING

ANNUAL REPORT

1973

1977 – 1978

1978 – 1979

1981 – 1982

(Reports for intervening years are not available)



ANNUAL REPORT  
SAN FRANCISCO COMMISSION ON THE AGING  
LOUIS J. FREEHOF, CHAIRMAN  
JOHN F. FIXA, VICE-CHAIRMAN  
MARCH 1, 1974

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ANNUAL REPORT  
SAN FRANCISCO COMMISSION ON AGING  
LOUIS J. FREEHOF, CHAIRMAN  
JOHN F. FIXA, VICE CHAIRMAN

MARCH 1, 1974

INTRODUCTION

ON OCTOBER 19th 1972, THE SAN FRANCISCO BOARD OF SUPERVISORS PASSED ORDINANCE NO. 305-72, THEREBY CREATING THE SAN FRANCISCO COMMISSION ON AGING. THE COMMISSION REPLACED THE MAYOR'S OFFICE OF AGING WHICH HAD BEEN FUNCTIONING SINCE NOVEMBER OF 1968 WITH LIMITED STAFF. THE ORDINANCE PROVIDED FOR 11 MEMBERS TO BE NOMINATED BY THE BOARD OF SUPERVISORS AND 4 APPOINTED BY THE MAYOR AND LATER AMENDED TO 6. IN ADDITION, THE EXECUTIVE DIRECTOR OF THE HOUSING AUTHORITY, THE DIRECTOR OF PUBLIC HEALTH, THE GENERAL MANAGER OF THE PARK AND RECREATION DEPARTMENT AND THE CHANCELLOR AND SUPERINTENDENT OF THE COMMUNITY COLLEGE DISTRICT WERE EACH ASKED TO NAME A REPRESENTATIVE TO SERVE ON THIS BOARD WITHOUT A VOTE SO THAT THE COMMISSION COULD HAVE THE FULL SUPPORT OF ALL THE CITY DEPARTMENTS NEEDED FOR THE COMPLETION AND CONTINUATION OF THEIR WORK. COMMISSION MEMBERS WERE TO BE 55 YEARS OR OLDER, ACTIVELY INVOLVED IN SENIOR CITIZEN WORK AND TO REFLECT THE RACIAL AND ETHNIC COMPOSITION OF THE CITY. THIS IS REFLECTED IN THE CALIBER AND THE ASSOCIATIONS OF THE PRESENT COMMISSION. TERMS OF THE FIRST COMMISSION MEMBERS WERE STAGGERED, THE MAXIMUM TERM BEING FOUR YEARS AND BROUGHT ABOUT THROUGH THE DRAWING OF LOTS. COMMISSION MEMBERS SERVE WITHOUT COMPENSATION.



(PLEASE SEE ATTACHMENT A FOR A COMPLETE LIST OF THE PRESENT COMMISSION MEMBERS).

IN CREATING THE COMMISSION, THE BOARD GAVE OFFICIAL RECOGNITION TO THE VARIEGATED AND GROWING PROBLEMS FACED BY APPROXIMATELY 142,000 SAN FRANCISCANS AGED 60 AND OVER. OF THE NEARLY 100,000 SAN FRANCISCANS 65 AND OVER, IT HAS BEEN ESTIMATED THAT BETWEEN 60 AND 80 PERCENT EXIST ON INCOMES BELOW THE POVERTY LEVEL AND MANY LIVE IN SUBSTANDARD HOUSING. IT IS GENERALLY RECOGNIZED THAT MANY SOCIAL SERVICES NEEDED BY THESE ELDERLY SAN FRANCISCANS ARE NOT ADEQUATE. IN CREATING THE COMMISSION, THE BOARD, IN ITS WISDOM RECOGNIZED A CHANGING DEMOGRAPHIC FACT; THE POPULATION IN SAN FRANCISCO, AS IN THE REST OF THE COUNTY, WAS AGING AS A RESULT OF THE PRECIPITOUS DECLINE IN THE BIRTH RATE AMONG WOMEN OF CHILD BEARING AGE. WITHIN THE NEXT 5 TO 10 YEARS, THE EDUCATIONAL LEVEL OF THE ELDERLY WILL BE MUCH HIGHER THAN IT IS TODAY, THEIR SIZE AND THEIR NEEDS FOR SERVICE WILL ALSO INCREASE. IN SAN FRANCISCO, THE ELDERLY MAKE UP A LARGER PERCENTAGE OF THE CENTRAL CITY THAN THOSE IN OTHER URBAN AREAS AND MATTERS OF SAFETY, HOUSING, ETC. ARE VITAL TO THEIR EXISTENCE.

ACCORDING TO THE ORDINANCE, THE BOARD SHALL PROVIDE FUNDS FOR AN EXECUTIVE DIRECTOR AND NECESSARY STAFF TO PROVIDE FOR SUCH OTHER SERVICES AND FACILITIES AS SHALL BE NECESSARY FOR THE COMMISSION TO EXERCISE ITS POWERS AND PERFORM ITS DUTIES UNDER THE ORDINANCE.





IN PASSING #305-72, IT WAS TO BE ASSUMED THAT THE BOARD WAS PARTICULARLY SENSITIVE TO THE OPPORTUNITIES THAT WERE TO BE OPENED UNDER THE PROVISIONS OF THE OLDER AMERICANS ACT WHICH PROVIDES THAT PLANNING AND OPERATIONAL FUNDS SHALL GO DIRECTLY TO AN ESTABLISHED (PREFERABLY GOVERNMENTAL) (SEE FEDERAL REGISTER AND ALSO SECTIONS OF THE OA ACT AGENCY AND ALSO ENABLED THE COMMISSION TO CONTRACT WITH ANY OTHER AGENCIES OR GROUPS WHICH MIGHT BE AVAILABLE TO ASSIST IN THIS IMPORTANT FUNCTION. UPON BEING SWORN INTO OFFICE, THE CHAIRMAN OF THE COMMISSION FLEW TO WASHINGTON AND SPENT A PERIOD OF TEN DAYS WITH THE VARIOUS GOVERNMENTAL AGENCIES INVOLVED IN THE EFFORTS ON BEHALF OF THE OLDER AMERICANS. UPON HIS RETURN, HE PREPARED AN ANNOTATION FOR THE MEMBERS OF THE COMMISSION OF THE OLDER AMERICANS ACT AND AN ANNOTATION IS ATTACHED HEREWITH FOR YOUR INFORMATION, (PLEASE SEE ATTACHMENT B).

IN A CITY OF SUCH VOLATILE POLITICS AS SAN FRANCISCO, IT WAS INEVITABLE THAT DISAGREEMENTS AND CONFLICTS WOULD SURROUND THE DESIGNATION OF THE PRIORITY SERVICE AREA ON THE AGING, OF WHICH SAN FRANCISCO HAS BEEN AMONG THE FIRST SIX TO BE SELECTED. AS OF THIS WRITING, A FINAL DESIGNATION HAS YET TO BE MADE. (THIS WILL BE DISCUSSED IN AN APPROPRIATE PLACE LATER IN THIS REPORT, SEE ATTACHMENT B-1). SAN FRANCISCO REMAINS THE ONE PLACE AMONG THE SIX PRIORITY AREAS WHERE A "FINAL DESIGNATION" HAS NOT BEEN MADE. A RESOLUTION IS EXPECTED IN THE NEAR FUTURE, SINCE ACCEPTANCE



OF THE STATE PLAN IS CONDITIONED AMONG OTHER THINGS ON THIS DECISION. IT IS THE SINCERE HOPE THAT THIS CAN BE AMICABLY WORKED OUT. (CONFERENCES ARE PRESENTLY IN PROGRESS WITH DR. STUBBELBINE, THE STATE DIRECTOR FOR THE AGED), SO THAT EVERY AVAILABLE RESOURCE CAN BE UTILIZED FOR THE BENEFIT OF THE SENIOR CITIZENS OF SAN FRANCISCO.

#### FINANCIAL SUPPORT

THE BOARD OF SUPERVISORS PROVIDED A TOTAL SUPPORT BUDGET OF \$60,081 FOR SALARIES, CONTRACTURAL SERVICES, MATERIALS, SUPPLIES AND OTHER FRINGE ITEMS (PLEASE SEE ATTACHMENT C FOR SUMMARY BUDGET). IN ADDITION TO THE SUPPORT BUDGET, EMERGENCY ORDINANCES # 386-73 APPROPRIATED \$32,022 FOR SELF HELP TO THE ELDERLY AND #387-73, \$9,803 FOR SELF HELP TO THE AGING TO PREVENT INTERRUPTION OF THEIR SERVICES TO THE ELDERLY. HOWEVER, AFTERWARDS BOTH AGENCIES RECEIVED FUNDING FROM OTHER REGULAR FUNDING SOURCES AND THEREFORE, \$41,825 IN THESE UNEXPECTED FUNDS REMAINS IN THE BUDGET, WHICH THE COMMISSION INTENDS TO REQUEST TO BE TRANSFERRED FOR CRITICAL EMERGENCY REQUESTS FOR SUPPLEMENTARY FUNDING IT HAS RECEIVED FROM OTHER AGENCIES WHICH NEED THEM FOR PROVIDING FOOD, CLOTHING OR SHELTER TO THE ELDERLY UNDER EMERGENCY CIRCUMSTANCES.

#### SPACE

THE COMMISSION IS CURRENTLY TEMPORARILY HOUSED IN QUARTERS DONATED BY THE CITY. THESE QUARTERS RESTRICT THE



COMMISSION STAFF'S ACTIVITIES SINCE IT CANNOT HOUSE, NOR SUPERVISE THE MANY ELDERLY WHO WISH TO WORK AS VOLUNTEERS. NOR DOES IT HAVE THE SPACE OR PRIVACY TO COUNSEL THE MANY TROUBLED WHO COME TO THE DESK WITH THEIR PROBLEMS. NEVERTHELESS, IT CONDUCTS AN INFORMAL, BUT LIMITED INFORMATION AND REFERRAL SERVICE. STAFF TRIES TO ARRANGE FOR QUICK AND PROPER REFERRALS AND FOLLOWS THROUGH ON DIFFICULT ONES WHICH APPEAR TO BE CAUSING GRAVE HARDSHIP TO OLD PEOPLE. BECAUSE OF LIMITED STAFF, THE COMMISSION HAS NOT KEPT A LOG OF SUCH DIRECT SERVICES, OF THE MANY VISITS TO SENIOR CENTERS BY THE COMMISSION MEMBERS AND THE MANY PROGRAMMATIC AND URGENT NEEDS BROUGHT BEFORE IT AT ITS MEETINGS BY INDIVIDUALS AND GROUPS OF SENIORS, BUT HAS SOLVED MANY OF THESE MATTERS THROUGH ITS STAFF AND WORKING COMMITTEES OF COMMISSION MEMBERS.

#### STAFF

FROM APRIL 13, 1973, WHEN THE COMMISSION WAS SWORN IN, UNTIL OCTOBER 3, 1973, WHEN A BUDGET WAS APPROVED, THE MAYOR LOANED THE SERVICES OF BERNARD F. SCHUSSEL, DIRECTOR OF THE MAYOR'S OFFICE OF THE AGING AND A CLERK-STENOGRAPHER TO THE COMMISSION. UPON RECOMMENDATION OF ITS PERSONNEL COMMITTEE, MR. SCHUSSEL WAS APPOINTED EXECUTIVE DIRECTOR AND THERE IS A TEMPORARY STAFF CONSISTING OF AN ASSISTANT TO THE DIRECTOR AND A CLERK-STENOGRAPHER. THE JOB OF ASSISTANT TO THE DIRECTOR AND SECRETARY TO THE COMMISSION HAVE BEEN POSTED BY THE CIVIL SERVICE COMMISSION AFTER CONSIDERABLE



DELAY.

VOLUNTEER STAFF

AT YEAR END, THE COMMISSION HAD THREE VOLUNTEER STAFF DOING CLERICAL, SECRETARIAL AND COMMUNITY ORGANIZATION WORK. THE RECREATIONAL PROJECT EXECUTED BY THE VOLUNTEER COMMUNITY ORGANIZER WILL BE DESCRIBED ELSEWHERE IN AN APPROPRIATE PLACE FOR THIS REPORT.

SUPERVISORIAL GRADUATE TRAINING

FOR APPROXIMATELY SIX MONTHS, A GRADUATE INTERN COMPLETING HER MSW AT THE SCHOOL OF SOCIAL WELFARE, UNIVERSITY OF CALIFORNIA AT BERKELEY, HAS BEEN PLACED AS AN INTERN WITH THE COMMISSION TO COMPLETE HER REQUIREMENTS FOR HER FIELD TRAINING. SHE IS SUPERVISED BY THE EXECUTIVE DIRECTOR. THE COMMISSION HAS BEEN UNUSUALLY FORTUNATE IN THIS PLACEMENT, MRS. JOYCE JONES HAS HAD LONG EXPERIENCE IN WORKING WITH CHILDREN AND ADULTS. HER WARMTH AND UNDERSTANDING OF PEOPLE AND THEIR NEEDS HAVE MADE POSSIBLE MUCH INFORMAL CASE WORK PROBLEM SOLVING. THIS IS ESPECIALLY TRUE IN ARRANGING FOR EMERGENCY HOUSING AND LOANS WHEN MONTHLY AND OTHER BENEFIT CHECKS HAVE BEEN LOST. DEALING WITH THE ANXIETIES OF THE TROUBLED ELDERLY REQUIRES SPECIAL SKILL AND SYMPATHY. MRS. JONES HAS ALSO BEEN INVOLVED IN DEVELOPING DATA AND NEED FOR THE CREATION OF A CITY WIDE SOCIAL SERVICE REFERRAL DIRECTORY.





## ELECTION OF OFFICERS

FOURTEEN COMMISSIONERS WERE SWORN IN ON APRIL 13, 1973. THE COMMISSIONERS ELECTED LOUIS J. FREEHOF AS ITS FIRST CHAIRMAN AND JOHN F. FIXA, WHO SERVED AS SAN FRANCISCO'S POSTMASTER FOR 18 YEARS AND SERVES ON THE BOARD OF ST. ANTHONY'S DINING ROOM OF ST. BONIFACE CATHOLIC CHURCH AND MANY OTHER BOARDS. A CLOSE STUDY OF THE OTHER MEMBERS OF THE BOARD WILL INDICATE THEIR COMMUNITY AFFILIATIONS AND COMMITMENTS TO THE SENIOR CITIZENS OF OUR COMMUNITY.

## COMMITTEE STRUCTURES AND PRIORITIES

THE IMPORTANCE THE COMMISSION ATTACHES TO KEY PROBLEMS OF ELDERLY SAN FRANCISCANS IS REFLECTED IN ITS STANDING COMMITTEE STRUCTURES. THEY ARE: (PLEASE SEE ATTACHMENTS D & E).

TRAINING, EDUCATION AND RECREATION ACTIVITIES

NUTRITION, PHYSICAL AND MENTAL HEALTH

INCOME AND TAXATION

SPIRITUAL WELL BEING AND SOCIAL ACTIVITIES

SAFETY

INTERGOVERNMENTAL RELATIONSHIPS

PUBLIC INFORMATION

GENERAL PROGRAM DEVELOPMENT AND PLANNING

TRANSPORTATION

PERSONNEL AND STAFF

THESE COMMITTEES HAVE BEEN HOLDING REGULAR MEETINGS



AND HEARINGS, SOLVING SOME PROBLEMS AND ENDEAVORING TO DEVELOP PROGRAMS BASED ON THE ABOVE GENERAL NEEDS. ON MAY 2, 1973, THE CHAIRMAN APPOINTED TWO AD HOC COMMITTEES, BUDGET AND SPACE. ON MAY 15, 1973, CHAIRMAN FREEHOF APPOINTED THE MEMBERS OF THE VARIOUS STANDING COMMITTEES.

PUBLIC HEARING FOR COMMUNITY INPUT ON THE COMMISSIONS ROLE

THE POLICY OF THE COMMISSION IS THAT IF IT IS TO ACT AS AN ADVOCATE FOR THE AGING AS OUTLINED IN THE ORDINANCE THAT CREATED IT, IT SHOULD REFLECT COMMUNITY NEEDS AND DESIRES. ALTHOUGH CHAIRMAN FREEHOF ANNOUNCED AT THE FIRST MEETING AND THE COMMISSION UNANIMOUSLY CONSENTED THAT THE LARGE HALF HOUR WOULD BE DEVOTED EXCLUSIVELY TO THE GENERAL PUBLIC AT ALL ITS MEETINGS, THE COMMISSION RECEIVED MUCH HELP FROM THIS DEVICE. THE CHAIRMAN, NEVERTHELESS, FELT THAT THE MONTHLY MEETINGS DID NOT PROVIDE AN ADEQUATE PUBLIC FORUM AND THAT OTHER MEANS ARE NECESSARY TO PROVIDE AN OPPORTUNITY TO PERMIT SENIOR GROUPS, VOLUNTARY AND GOVERNMENTAL AGENCIES AND CONCERNED INDIVIDUALS TO PRESENT THEIR VIEWS TO THE COMMISSION. AS A FIRST STEP, CHAIRMAN FREEHOF ANNOUNCED THAT A DAY LONG HEARING WOULD BE HELD ON NOVEMBER 24th IN ST. MARY'S CATHEDRAL. THE SPACE WAS MADE AVAILABLE THROUGH THE GRACIOUSNESS OF REV. MSGR. THOMAS J. BOWE, THE CATHOLIC SENIOR GROUPS AND OF COURSE THE ARCHDIOCESE. APPROXIMATELY 200 LETTERS WERE SENT TO VARIOUS AGENCIES, ORGANIZATIONS AND INDIVIDUALS ANNOUNCING THE HEARINGS (PLEASE SEE ATTACHMENTS F & G). THE MAYOR AND THE BOARD OF SUPERVISORS



WERE ADVISED OF THE HEARING AND IT IS REGRETTABLE THAT THE FORCE OF OTHER BUSINESS MADE IT IMPOSSIBLE FOR THEM TO ATTEND. THERE WERE SPECIFIC QUESTIONS ASKED IN ADVANCE OF EACH GROUP. THE COMMISSION WAS GRATIFIED THAT MORE THAN 45 AGENCIES APPEARED AND TESTIFIED ABOUT THEIR SERVICES, NEEDS AND PROGRAMS. IT WAS THE LARGEST AND MOST REPRESENTATIVE SENIOR GROUP HEARING EVER HELD IN SAN FRANCISCO, EACH GROUP WHICH INCLUDED A FOOD SERVICE PROGRAM WAS ASKED TO DESCRIBE IT IN SOME DETAIL. THE GROUPS ALL TESTIFIED WITHOUT EXCEPTION, THAT THERE WAS AN URGENT NEED FOR THE PERMANENCE OF THE COMMISSION, AND THAT THE MOST IMPORTANT FUNCTION THAT THE COMMISSION COULD PERFORM IN THE YEARS AHEAD WOULD BE TO SERVE AS A FORCEFUL ADVOCATE AND WATCHDOG FOR THE NEEDS OF THE ELDERLY CITIZENS OF OUR COMMUNITY. MOST AGENCIES REPORTED INADEQUATE FUNDING, THAT CITY WIDE COORDINATION OF SERVICES WAS POOR AND THAT SERVICES WERE UNDULY FRAGMENTED, DESPITE THE SINCERE EFFORTS OF MANY GROUPS TO SERVE. EMPHASIZED WAS THE NEED FOR BETTER INFORMATION AND SOCIAL REFERRAL SERVICES WAS EXPRESSED BY VIRTUALLY EVERY GROUP TESTIFYING, SPECIAL AND URGENT NEEDS FOR BETTER SERVICES IN LOCATING LOW INCOME HOUSING, EMPLOYMENT FOR THE ELDERLY, SPECIAL COUNSELING SERVICES, BETTER FOOD SERVICES, AND BETTER HEALTH CARE. IN THIS REGARD, THE PROBLEM OF ACCESSIBILITY TO SUCH SERVICES APPEARS TO INVOLVE THE NEED FOR RELATED ANCILLIARY SERVICES SUCH AS GOOD REFERRAL AND ESPECIALLY TRANSPORTATION. VARIOUS GROUPS ALSO FELT THE NEED FOR LEGAL AID SERVICES. THESE PROBLEMS RUN THE GAMUT



OF SOCIAL AND ECONOMIC PROBLEMS EXPERIENCED BY THE POOR AND/OR MINORITY ETHNIC GROUPS, THE HEARINGS HIGHLIGHTED THE IMPORTANCE OF THE COMMISSION'S ADVOCACY ROLE. THE REPORTS ARE AT HAND AND ARE BEING STUDIED AND COLLATED. (PLEASE SEE ATTACHMENT F, INDICATING THOSE IN ATTENDANCE AND SOME OF THEIR ANSWERS). YOUR CHAIRMAN, VICE-CHAIRMAN AND COMMISSIONERS SINCERELY HOPE THAT IN THE FORTHCOMING YEAR THERE CAN BE SEVERAL DAYS OF HEARINGS NOT ONLY FROM THIS GROUP, BUT ALSO FROM THE SENIORS THEMSELVES. THEY TRUST THAT AT THE FORTHCOMING HEARINGS WE MAY HAVE SOME IMPUT FROM THE VAST STORE OF KNOWLEDGE OF OUR COMMUNITY AVAILABLE TO THE MAYOR AND THE BOARD OF SUPERVISORS.

#### NUTRITION

THE COMMISSION LEARNED AT ITS NOVEMBER 24th HEARING THAT A NUMBER OF AGENCIES ARE PRESENTLY RUNNING SOME KIND OF FOOD PROGRAM FOR ELDERLY PEOPLE IN SAN FRANCISCO. HOWEVER, INFORMATION ON THE KINDS OF PROGRAMS, THE NUMBERS SERVED, THE COSTS, THE ACCESSIBILITY AND THE ADEQUACY IS NOT READILY AVAILABLE, NOR DO STANDARDS EXIST AGAINST WHICH THESE CAN BE EVALUATED. WE SIMPLY DO NOT KNOW AT THIS TIME HOW MANY PEOPLE ARE GETTING ENOUGH FOOD, HOW MANY NEED SPECIAL DIETS AND HOW MANY NEED ANCILLARY SERVICE SUCH AS TRANSPORTATION, FOOD STAMPS, SOME HEALTH CARE TO INSURE THAT THEY GET THE KIND OF DIET THAT THEY NEED, AND IN SUFFICIENT QUANTITY. NOR IS IT POSSIBLE WITHOUT A THOROUGH AND ACTUAL STUDY TO ESTIMATE THE TOTAL COSTS OF A COMPREHENSIVE FOOD PROGRAM FOR THE





ELDERLY, EXCEPT TO SAY IT WOULD BE ENORMOUS. PIECEMEAL DIET FUNDING TO INDIVIDUAL AGENCIES WITHOUT STANDARD QUALITY CONTROL AND EVALUATION MAKES IT EVEN MORE DIFFICULT TO DEVELOP THE KIND OF COMPREHENSIVE AND COORDINATE FOOD SERVICES FOR THE ELDERLY. FOR EXAMPLE, "MEALS ON WHEELS", WHICH HAS AN EXCELLENT PROGRAM, NOW SERVES ABOUT 100 HOMEBOUND OLD PEOPLE. BUT WE DO NOT KNOW HOW MANY HOMEBOUND PEOPLE NEED THE SERVICES, HOW MANY CANNOT AFFORD THE PRICE OF THE SERVICE, OR THE LIMITS OF THE "MEALS ON WHEELS" FACILITIES. THIS PROGRAM WILL BE ADDING NUTRITION COUNSELING AND DIET SERVICES.

FOR MANY YEARS VARIOUS CITY AGENCIES HAVE BEEN MAKING SURVEYS, PARTICULARLY, THE DEPARTMENT OF HEALTH. MRS. N. GIMPLE, THE VERY FINE CITY NUTRITIONIST HAS MET WITH DR. BRAFF WHO IS A MEMBER OF OUR COMMISSION FROM HEALTH DEPARTMENT AND OUR COMMITTEE ON NUTRITION AND WHO HAS DIRECTED SUCH STUDIES IS UNFORTUNATELY NOT AVAILABLE TODAY. IT WOULD SEEM TO US THAT A NECESSARY FIRST STEP WOULD BE AN INTERAGENCY TASK FORCE TO POOL AVAILABLE INFORMATION, EVALUATE IT AND MAKE A REPORT TO THIS BOARD TO ENABLE IT TO MAKE A REALISTIC APPRAISAL OF THE NEEDS OF THE ELDERLY OF SAN FRANCISCO.

THE TASK FORCE SHOULD THEN RECOMMEND STANDARDS BY TYPE AND CATEGORY OF PROGRAM, STAFFING PROGRAMS, ANCILLARY SERVICES, MONITORING AND EVALUATION OF THIS SERVICE AND PROJECTED USE RATES. IT IS EXPECTED THAT THE NUTRITION AND HEALTH COMMITTEE WILL BE EXPANDED AND WILL HOLD A SERIES OF



PUBLIC HEARINGS. THE RESULTS OF THESE HEARINGS WILL BE COMMUNICATED TO APPROPRIATE COMMITTEES OF THE BOARD OF SUPERVISORS AND THE MAYOR.

THE COMMITTEE EXPECTS TO SPELL OUT THE ORDER OF IMPORTANCE OF VARIOUS TYPES OF FOOD PROGRAMS AND ANCILLIARY SERVICES NEEDED TO SUSTAIN THEM, BECAUSE DECISIONS MUST BE MADE ON HOW BEST TO ALLOCATE LIMITED RESOURCES. IT IS EASY TO WRITE A REPORT OF A GENERAL NATURE, BUT WE STRONGLY FEEL THAT A COMPLETE SUTDY OF THE NEEDS OF OUR SAN FRANCISCO CITIZENS OF SENIOR AGE HAS TO BE MADE AND THAT A DEFINITE PROGRAM HAS TO EVOLVE. IN THE ABOVE METHOD OR PROCEDURE WE MAY HAVE THE ANSWER, BUT ANY EFFORT TO SET A DEADLINE OR TRY TO BRING THIS ABOUT WITHOUT A THOROUGH AND COMPREHENSIVE STUDY WILL NOT SUCCEED. IT WILL JUST BE ANOTHER REPORT TO TEMPORARILY EXPLAIN THE SITUATION. WE, THEREFORE, ASK THE BOARD AND ITS COMMUNITY SERVICE COMMITTEE TO REALIZE THE ENORMITY OF THIS TASK AND THE NEEDS FOR IT TO BE AN ALL IN-CLUSIVE, AND IT CANNOT BE ACCOMPLISHED PROPERLY WITHOUT TIME AND COORDINATED ACTION.

THE COMMISSION STRONGLY URGES THAT THE BOARD OF SUPERVISORS MEMORALIZE OUR LEGISLATIVE DELEGATIONS IN WASHINGTON AND SACRAMENTO TO TAKE STEPS TO AMEND HR #1 AND APPROPRIATELY ENABLE STATE LEGISLATION TO RESTORE THE FOOD STAMP PROGRAM TO SENIORS WHO ARE NOW EXCLUDED BECAUSE OF TECHNICALITIES IN THE LEGISLATION. THE FOOD STAMP PROGRAM IS CRITICALLY IMPORTANT TO MANY SENIORS ON WELFARE, AND TO THOSE ON SMALL FIXED INCOMES WHOSE PURCHASING POWER IS SEVERELY STRUNKEN



BY INFLATION.

FEDERAL FUNDING PROJECTS HAVE SEVERELY HAMPERED THE ECONOMIC OPPORTUNITY COUNCIL IN SUSTAINING THE NEIGHBORHOOD SENIOR SERVICE CENTERS WHICH SERVE OVER 1200 SENIORS EACH WEEK. OTHER IMPORTANT FOOD PROGRAMS ARE SPONSORED BY THE CATHOLIC COMMITTEE FOR THE AGING, THE COUNCIL OF CHURCHES, SELF HELP FOR THE EDLDERLY, MONTIFORE SENIOR CITIZENS PROGRAM (NATIONAL COUNCIL OF JEWISH WOMEN), MEALS ON WHEELS, ST. ANTHONY'S DINING ROOM, THE MANY RELATED PROGRAMS OF THE SALVATION ARMY, THE MISSION REBELS, THE LUTHERAN CARE FOR THE AGED (ANCILLARY PROGRAMS), SERVICE FOR SENIORS, S. F. HOME HEALTH SERVICE, HAIGHT ASHBURY HEALTH COMMITTEE, EITHER OFFERING FOOD PROGRAMS OR PLANNING ONES.

AS INDICATED, DESPITE THE LACK OF BUDGET, MANY OF OUR COMMITTEES HAVE BEEN MEETING REGULARLY SINCE THE DAY THEY WERE SWORN IN. FUNDS FOR STATIONERY AND URGENT OPERATING FUNDS, PRIOR TO THE APPROVAL OF OUR ADMINISTRATIVE BUDGET, WERE IN MANY INSTANCES MADE AVAILABLE BY THE COMMISSIONERS THEMSELVES.

OUR SAFETY COMMITTEE AND ESPECIALLY OUR COMMITTEES ON TRANSPORTATION, NUTRITION, EDUCATION AND HOUSING HAVE BEEN HOLDING REGULAR HEARINGS. THIS COMMISSION HAS BEEN OPERATING ON THE COMMITTEE SYSTEM WITH THE COMMITTEES MEETING DURING THE MONTH AND RENDERING RECOMMENDATIONS TO THE COMMISSION AT ITS MONTHLY PUBLIC MEETINGS.

The first part of the paper discusses the importance of the study and the objectives of the research. It highlights the need for a comprehensive understanding of the subject matter and the role of the researcher in this process. The second part of the paper presents the methodology used in the study, including the data collection methods and the analysis techniques. The third part of the paper discusses the results of the study and the conclusions drawn from the findings. The fourth part of the paper discusses the implications of the study and the future research directions. The fifth part of the paper discusses the limitations of the study and the strengths of the research. The sixth part of the paper discusses the contributions of the study to the field of research. The seventh part of the paper discusses the ethical considerations of the study and the measures taken to ensure the integrity of the research. The eighth part of the paper discusses the acknowledgments of the study and the thanks to the participants and the reviewers. The ninth part of the paper discusses the references of the study and the sources of the information used in the research. The tenth part of the paper discusses the appendices of the study and the additional information provided for the readers.

WE WOULD LIKE TO CONCLUDE THIS REPORT WITH THE FOLLOWING:

1. SINCERE AND CONTINUOUS EFFORTS ARE BEING MADE DAILY TO GET THE COMPLETE COOPERATION AND TO OFFER COMPLETE COOPERATION TO EVERY AGENCY IN THIS AREA.

2. A NEW CHAIRMAN, MR. WILLIAM McCABE AND VICE CHAIRMAN, GEORGE ONG HAVE BEEN ELECTED.

THEY HAVE PLACED AT THE TOP OF THEIR PRIORITY THE IMPORTANT MATTER OF NUTRITION.

IN ADDITION, WE ARE RECOMMENDING THAT YOUR COMMISSION ON AGING CANVASS ALL AVAILABLE AGENCIES, ADVISE THEM OF THEIR RIGHTS UNDER TITLE VII (NUTRITION SECTION) OF THE OLDER AMERICANS ACT AND ASSIST THEM WITH THEIR APPLICATIONS. IF THEY MEET THE STATE AND FEDERAL GUIDELINES, ATTACH A RESOLUTION OF RECOMMENDATION TO THEIR APPLICATIONS.

3. MUCH WORK HAS BEEN DONE TOWARDS SAFETY IN CONNECTION WITH OUR MEETINGS WITH REPRESENTATIVES OF THE POLICE DEPARTMENT AND IN CONNECTION WITH THE MONTHLY SOCIAL SECURITY CHECKS MAILED TO OUR SENIOR CITIZENS. OUR NEW CHAIRMAN IS WORKING ON A PLAN WHICH WILL BE DISCUSSED WITH THE SOCIAL WELFARE COMMISSION AND THE FEDERAL SOCIAL SECURITY DEPARTMENT TO HAVE MONTHLY ALLOCATIONS TO SOCIAL SECURITY DIRECTED TO VARIOUS BANKS WHO WILL PROVIDE FREE CHECKING ACCOUNTS AND THUS PROTECT THE SENIORS FROM BEING ROBBED OF THE CHECKS ON WHICH THEY DEPEND SO MUCH.

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4. MANY IMMEDIATE AND URGENT CRISIS SITUATIONS WERE TACKLED AND HELPED AND SOLVED BY THE COMMISSION.

5. WE ARE GRATEFUL TO THE MAYOR AND THE BOARD OF SUPERVISORS AND ESPECIALLY ITS SOCIAL SERVICE COMMITTEE, NOW DESIGNATED AS THE COMMUNITY SERVICES COMMITTEE. WE HOPEFULLY PRAY AND TRUST THAT THEY WILL CONTINUE TO PUT THE WELFARE OF OUR SENIORS ABOVE POLITICAL CONSIDERATIONS AND BE PATIENT AND HELP A COMMISSION THAT HAS HAD TO ORGANIZE AND WORK THIS YEAR UNDER MOST ADVERSE CONDITIONS, BUT WHICH SEES A PRODUCTIVE FUTURE WITH THE HELP OF THE MAYOR AND THE BOARD OF SUPERVISORS AND THE MANY EXISTING AGENCIES WHICH HAVE FOR YEARS WORKED IN THIS GREAT, AND IMPORTANT PROJECT BEHALF OF THE SENIORS.

6. WE ARE GRATEFUL TO BERNARD SCHUSSEL AND HIS STAFF FOR HOURS OF LONG AND TEDIOUS SERVICE UNDER DIFFICULT CONDITIONS.

7. WE STRONGLY URGE THE BOARD OF SUPERVISORS AND PARTICULARLY THE MEMBERS OF ITS COMMUNITY SERVICES COMMITTEE TO OCCASIONALLY ATTEND OUR MEETINGS AND TO SEE THE OUTPOURING OF CITIZENS AND LISTEN TO THEIR PROBLEMS WITH US AND ADVISE AND HELP US TO SOLVE THEM.

8. THE BOARD OF SUPERVISORS WILL HAVE TO GIVE SERIOUS THOUGHT IN THE FUTURE TO THE ALLOCATION OF FUNDS BEYOND WHATEVER MIGHT COME INTO SAN FRANCISCO FROM



8. (CONTINUED) FEDERAL FUNDING TOWARDS ASSISTANCE TO THIS IMPORTANT AND LARGE SEGMENT OF OUR COMMUNITY. THIS WAS INDICATED TO US VERY CLEARLY BY DR. STUBBELBINE, HEAD OF THE STATE OFFICE OF AGING AT A MEETING WITH THE APAA WHICH YOUR CHAIRMAN ATTENDED AND FEELS WAS A VERY FRUITFUL DISCUSSION AND MEETING. HE INDICATED VERY CLEARLY TO US HIS DESIRE FOR RESOLVING PAST DIFFERENCES AND TO PLACE THE NEEDS OF OUR OLDER CITIZENS FIRST. THERE IS A SUBSEQUENT MEETING SCHEDULED IN SACRAMENTO ON MARCH 7, 1974.

9. A STUDY OF OUR CITY COMMISSIONS, AND PARTICULARLY THE HUMAN RIGHTS COMMISSION WILL CLEARLY INDICATE THE PROBLEM OF GROWING PAINS IN THE FIRST SEVERAL YEARS OF A CITY COMMISSION'S EXISTENCE. AS A MATTER OF FACT, WE HAD THE PRIVILEGE AT THE VERY OUTSET, OF A LUNCHEON MEETING OF OUR ENTIRE COMMISSION WITH DEAN BARTLETT, RABBI FINE, EARL RAAB AND WILLIAM BECKER OF THAT COMMISSION, WHO URGED US NOT TO RUSH INTO DECISIONS UNTIL WE HAVE HAD AMPLE OPPORTUNITY TO STUDY AND OBTAIN IMPUT FROM THE COMMUNITY.

10. THE ORDINANCE CREATING THIS COMMISSION CLEARLY INDICATED THE NEED FOR A COMMISSION UNDER BOARD AND MAYORALTY SUPERVISION TO BRING UNDER ONE ROOF THE MANY AND VARIEGATED AGENCIES, TO PREVENT OVERLAPPING AND TO BE AN ADVOCATE FOR THE ELDERLY, AND TOWARDS THAT END WE CAN PATIENTLY STRIVE TOGETHER.



THIS SEEMS TO BE THE DAY FOR ACRIMONY AND THE SEEKING OF PERSONAL PUBLICITY IN THE POLITICAL ARENA. YOUR CHAIRMAN OF LAST YEAR FEELS THAT IN LIGHT OF RECENT DISCUSSIONS AND MEETINGS IN SACRAMENTO THAT WE ARE WELL ON THE WAY TO A GREATER PARTICIPATIVE EFFORT WITH ALL AGENCIES. WE WERE ENCOURAGED BY THE RECENT ACTION OF THE BOARD OF SUPERVISORS ON A RESOLUTION OF RECOMMENDATION TO THE STATE COMMISSION (PLEASE SEE ATTACHMENT H). WE WERE MOST ENCOURAGED AT OUR FEBRUARY MEETING BY THE WORDS OF ASSEMBLYMAN LEO MCCARTHY, CHAIRMAN OF THE LEGISLATIVE COMMITTEE ON THE AGED FOR ITS EFFORTS UNDER MOST TRYING CIRCUMSTANCES WHO PRESENTED YOUR CHAIRMAN WITH A RESOLUTION FROM THE STATE ASSEMBLY. A COPY OF WHICH IS ATTACHED, NOT FOR THE CHAIRMAN'S AGGRANDISEMENT, BUT RATHER TO INDICATE THE EFFORTS OF THE COMMISSION UNDER TRYING CIRCUMSTANCES AND A RECOGNITION OF THEIR PROGRESS. WE SINCERELY PRAY THAT WITH THE HELP OF ALL, OUR SENIOR CITIZENS WILL RECEIVE THE ASSISTANCE THEY SO RIGHLY DESERVE.

RESPECTFULLY SUBMITTED FOR THE SAN FRANCISCO COMMISSION ON AGING, MARCH 1st, 1974.

LOUIS J. FREEHOF, CHAIRMAN FOR 1973

JOHN F. FIXA, VICE - CHAIRMAN



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COMMISSION ON THE AGING

ARTHUR C. AGNOS

ARISTON P. ARMADA

MARTIN A. FELLHAUER

JOHN F. FIXA

LOUIS J. FREEHOF

MRS. MATTIE KIMP

THEODORE R. KNOWLES

MRS. ELSA LANE

WILLIAM J. LOWENBERG

ADOLFO MAJEWSKY

WILLIAM MC CABE

GEORGE W. ONG

LAWRENCE PALACIOS

REV. EDWARD L. PEET

REV. CONRAD RHEINER

DAVID THOMSON

\* \* \*

EX-OFFICIO MEMBERS

EFFIE ROBINSON- HOUSING AUTHORITY

ROD UMINO - DEPT. OF SOCIAL SERVICES

DR. ERWIN H. BRAFF - DEPT. OF PUBLIC HEALTH

MRS. ELEAN THOMAS - RECREATION AND PARK DEPARTMENT

CON S. SHEA - PUBLIC GUARDIAN

DR. ALFRED H. AZEVEDO - PACIFIC HEIGHTS COMMUNITY  
EDUCATION CENTER





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PUBLIC LAW 93-29  
93rd CONGRESS S.50  
MAY 3, 1973  
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TITLE I - - DECLARATION OF OBJECTIVES

Sets forth that Congress finds millions of older citizens suffering unnecessarily from lack of adequate services and sets forth, as the purpose of the act, to add to the old act of 1965 the following:

1. To make available comprehensive programs which include a full range of health, education and social services to our elder citizens who need them.
2. Give full and special consideration to older citizens with special needs in planning such programs, and pending the availability of such programs for all older citizens, give priority to the elderly with the greatest economic and social need.
3. Provide comprehensive and coordinated full range of services - - and where applicable, meaningful employment can be furnished to do so, and to use volunteers at all levels to help bring about these services.
4. Insure that the planning and operation of such programs will be undertaken as a partnership of older citizens, community agencies, state and local governments, with appropriate assistance from the Federal Government. Also the original act is amended to include "Access to low cost transportation." The latter should be of particular interest to our committee on transportation.

TITLE II - - ADMINISTRATION ON AGING

Concerns itself with the establishment of an Administration on Aging, referred to hereinafter as the Commissioner, who shall be responsible to the Secretary of HEW, and that the Commissioner shall be appointed by the President with the advice and consent of the Congress. Here follows a whole series of programs to be developed such as NUTRITION - HOSPITALIZATION - PRERETIREMENT TRAINING - CONTINUING EDUCATION - LOW COST TRANSPORTATION - HOUSING - AND HEALTH SERVICES.

Then the Older Americans Act is specifically amended by adding the following paragraphs to that ACT. Develop basic policies and set priorities with respect to the development and operation of programs conducted under this Act.... coordinate Federal programs related to these activities...assist in coordination and planning and development by public (including State, Federal and local agencies) and non-profit organizations, private and public, with a view to the establishment of a nation-wide network of comprehensive coordinated services and opportunities for such persons.....convene conferences for the development and implementation of policies related to the purposes of this Act. Develop programs not otherwise authorized by this Act for elderly persons....carry on a series of continuing



evaluations with particular emphasis on Medicare and Medicaid, age discrimination act, programs of the National Housing Act and the operation of Nursing Homes. (Ed.Note: Apparently, the Act is intended to cover the entire gamut of aid and assistance to the elderly.)

There is a section advising all Federal agencies that are concerned with aid to the elderly to consult with the Commission on the Aging before carrying out such services.

#### THE NATIONAL INFORMATION AND RESOURCE CLEARING HOUSE FOR THE AGED:

The commissioner is authorized and directed to establish this clearing house whose purposes will be to collect, authorize and disseminate information, concerning the needs and interests of older persons and to obtain that information from Federal, State and locally public agencies and organizations who have developed programs designed to serve the needs and interests of older citizens and also to establish and encourage the establishment of State and local information centers, and to provide technical assistance to such centers so that elder citizens can have ready access to them.

This I view as one of the important functions of our Commission - - to periodically and whenever necessary - - furnish such information to the many local agencies who have developed much of their own programs but can be further assisted by our efforts. This section also provides for the dissemination of information on consumer interest so that older people can know the goods and services obtainable to them.

Again a reference is made to coordinating of all local agencies and national and state agencies concerned with these matters. It also provides that sufficient funds be appropriated to carry out the foregoing provisions.

#### FEDERAL COUNCIL ON THE AGING:

Fifteen seems to be a magic number because the Federal Act also provides for the establishment of a council of 15 appointed by the President and confirmed by the Senate. It provides that at least five of these commissioners be older persons. It provides for lots to be drawn as to terms when organized - filling of vacancies - that these vacancies shall not affect the powers of the council or Commission - allowance for travel expenses and per diem expense. The President shall designate the Chairman and they shall meet at the call of the Chairman not less than four times in each year - and the Secretary and Commissioner on Aging shall be ex-officio members of the Council.

Among the Council's duties are to advise and assist the President on matters concerning the special needs of older Americans and assist the Commissioner in appraising those needs, review and evaluate Federal policies concerning the aged and programs and other activities connected therewith, for the purpose of appraising their value and impact on the lives of older Americans and this is consistent with the Mayor's statement when we were sworn in. The Council also serves as spokesman on behalf of older Americans in making recommendations to all Federal, State and local agencies. (I like the phrase - older Americans - rather than senior citizens. I hope that you will agree with me that it has a ring of more active concern.) The Council also will inform the public about the needs and consult with the National Information and Clearing House for the Aged, previously referred to provide public forums for discussing and publicizing the needs of the Aging and obtaining information



relating thereto by conducting hearings, workshops conferences and other meetings.

It provides for information being made available to this Council or Commission by the Commissioner on Aging and his staff and provides that an annual report be made to the President. It would be proper for us to make regular reports to the Mayor and the Board of Supervisors as to what we have done and intend to do. A study shall be made of the inter-relationship of all governmental agencies, concerned with the older Americans and there is a special section on taxation. It provides for a complete study of taxation, including but not limited to income, property, sales, Social Security taxes, etc. This study must be completed within 18 months and submitted to the President, to the States and other interested parties for evaluation and to the concerned committees of the Senate and the House for action.

#### ADMINISTRATION OF THE ACT:

In carrying out the purposes of the Act, the Commissioner is authorized to provide consultative services and technical assistance to public or non-profit agencies and organizations, provide short-term training and technical instructions, conduct research and demonstrations, disseminate educational material and provide staff and technical assistance to the Council on Aging.

In administering his function, he may utilize the services and facilities of any public or non-profit agency of the Federal Government or any other public or non-profit agency and is authorized to pay therefore, by way of reimbursement, as may be provided in the agreement and for the purpose of carrying this section, there are authorized to be appropriated such sums as may be necessary.

#### EVALUATION:

The Secretary shall measure and evaluate the impact of all programs referred to, arrange for help from program and opinions of project participants concerning strength and weaknesses of the programs and that all data, while available, shall remain the property of the Federal Government and whatever information he may need from other governmental departments in order to achieve a proper evaluation, shall be furnished to him by that department and towards that end. He is authorized to use such sums as may be necessary, but not to exceed one percentum or \$100,000,000 (One Million Dollars) whichever is greater to conduct program and project evaluations.

#### REPORTS:

Provides for reports by the Commissioner not later than 120 days after the close of the fiscal year to be submitted to the President and to the Congress to include statistical data reflecting services and activities.

#### JOINT FUNDING OF PROJECTS:

Sec. 209. Provides when there is joint funding with another federal agency, that the agency principally involved be designated to administer said funds. In such cases, a single non-federal share requirement may be established according to the proportion of funds provided by each federal agency. This is a technical section to eliminate overlapping in the allocation by other agencies.

#### ADVANCE FUNDING:

For the purpose of affording adequate notice of funding available under this Act, appropriations can be included in the appropriation act of the fiscal year preceding the fiscal year for which they are available and that this purpose is not



to hold up work even if it means two appropriations in one year - one for the fiscal year and one for the succeeding year.

Congress evidently thinks this so important that they do not want to hamper the Commissioner on Aging or the Federal Council on Aging in their efforts because of lack of funds.

### TITLE III - - GRANTS FOR STATE AND COMMUNITY PROGRAMS ON AGING

The purpose of this title is to encourage and assist state and local agencies to concentrate resources in order to develop greater capacity and foster the development of comprehensive and coordinated service systems to serve older persons by entering into new cooperative arrangements with each other and with providers of social service for planning, for the provision and providing social services and where necessary to reorganize or reassign functions in order to:

1. Secure and maintain maximum independence and dignity in a home environment for older persons capable of self care with appropriate supportive service.
2. To remove individual and social barriers to economic and personal independence of older persons.

The following section defines what social services means and I will briefly repeat them - health, continuing education welfare, informational recreation, homemaker councilor and referral services, transportation services where necessary to facilitate access to social service, services designed to assist older persons to use facilities and services available to them, services designed to assist older persons to obtain adequate housing, services designed to assist older persons to avoiding institutionalization, including pre-institutionalization, evaluation and screening home health services or any other service if such services are necessary for the general welfare of older Americans.

#### DEFINITIONS:

The term, "Unit of general purpose local government" means a subdivision politically of the state whose authority is broad and general and is not limited to only one function or a combination of related functions (such as the City and County of San Francisco) and an Indian Tribal organization.

The term, "comprehensive and coordinated system" is then explained.

#### AREA PLANNING AND SOCIAL SERVICE PROGRAMS:

There are authorized to be appropriated the such sums as may be necessary for the fiscal year ending June 30, 1973, \$103,600,000 for the fiscal year ending June 30, 1974 and \$130,000,000 for the fiscal year ending June 30, 1975, to enable the Commissioner to make grants to each state with a state plan approved under section #305 for paying part of the cost of:

1. The administration of area plans by area agencies (*italics added*) on aging designed pursuant to section 304 (a)2(A) including the preparing of area plans on aging consistent with section 304(c) and the evaluation of plans carried out under such plans;





2. The development of comprehensive and coordinated systems for the delivery of social services, and
3. Activities carried out pursuant to section 306
4. The following section is so important it is picked out of the Act verbatim.

for planning for the provision of, and providing, social services and, where necessary, to reorganize or reassign functions, in order to—

- "(1) secure and maintain maximum independence and dignity in a home environment for older persons capable of self-care with appropriate supportive services; and
- "(2) remove individual and social barriers to economic and personal independence for older persons.

"DEFINITIONS

"Sec. 302. For purposes of this title—

"(1) The term 'social services' means any of the following services which meet such standards as the Commissioner may prescribe:

"(A) health, continuing education, welfare, informational, recreational, homemaker, counseling, or referral services;

"(B) transportation services where necessary to facilitate access to social services;

"(C) services designed to encourage and assist older persons to use the facilities and services available to them;

"(D) services designed to assist older persons to obtain adequate housing;



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less than that State received for the fiscal year ending June 30, 1973.

For the purpose of the exception contained in clause (A) of this paragraph only, the term 'State' does not include Guam, American Samoa, the Virgin Islands, and the Trust Territory of the Pacific Islands. "State,"

"(3) The number of persons aged sixty or over in any State and in all States shall be determined by the Commissioner on the basis of the most recent and satisfactory data available to him.

"(c) Whenever the Commissioner determines that any amount allotted to a State for a fiscal year under this section will not be used by such State for carrying out the purpose for which the allotment was made, he shall make such amount available for carrying out such purpose to one or more other States to the extent he determines such other States will be able to use such additional amount for carrying out such purpose. Any amount made available to a State from an appropriation for a fiscal year pursuant to the preceding sentence shall, for purposes of this title, be regarded as part of such State's allotment (as determined under the preceding provisions of this section) for such year.

"(d) The allotment of a State under this section for the fiscal year ending June 30, 1973, shall remain available until the close of the following fiscal year.

"(e) From a State's allotment under this section for a fiscal year--

"(1) such amount as the State agency determines, but not more than 15 per centum thereof, shall be available for paying such percentage as such agency determines, but not more than 75 per centum, of the cost of administration of area plans; and

"(2) such amount as the State agency determines, but (beginning with the fiscal year ending June 30, 1975) not more than 20 per centum thereof, shall be available for paying such percentage as such agency determines, but not more than 75 per centum, of the cost of social services which are not provided as a part of a comprehensive and coordinated system in planning and service areas for which there is an area plan approved by the State agency.

The remainder of such allotment shall be available to such State only for paying such percentage as the State agency determines, but not more than 90 per centum of the cost of social services provided in the State as a part of comprehensive and coordinated systems in planning and service areas for which there is an area plan approved by the State agency.

#### "ORGANIZATION

#### "State Organization

"Sec. 304. (a) In order for a State to be eligible to participate in the programs of grants to States from allotments under section 303 and section 806--

"(1) the State shall, in accordance with regulations of the Commissioner, designate a State agency as the sole State agency (hereinafter in this title referred to as 'the State agency') to: (A) develop the State plan to be submitted to the Commissioner for approval under section 305, (B) administer the State plan within such State, (C) be primarily responsible for the coordination of all State activities related to the purposes of this Act, (D) review and comment on, at the request of any Federal department or agency, any application from any agency or organization within such State to such Federal department or agency for assistance related to meeting the needs of older persons; and (E) divide



the entire State into distinct areas (hereinafter in this title referred to as 'planning and service areas'), in accordance with regulations of the Commissioner, after considering the geographical distribution of individuals aged sixty and older in the State, the incidence of the need for social services (including the numbers of older persons with low incomes residing in such areas), the distribution of resources available to provide such services, the boundaries of existing areas within the State which were drawn for the planning or administration of social services programs, the location of units of general purpose local government within the State, and any other relevant factors: *Provided*, That any unit of general purpose local government which has a population aged sixty or over of fifty thousand or more or which contains 15 per centum or more of the State's population aged sixty or over shall be designated as a planning and service area; except that the State may designate as a planning and service area, any region within the State recognized for purposes of areawide planning which includes one or more such units of general purpose local government when the State determines that the designation of such a regional planning and service area is necessary for, and will enhance, the effective administration of the programs authorized by this title, the State may include in any planning and service area designated pursuant to this provision such additional areas adjacent to the unit of general purpose local government or region so designated as the State determines to be necessary for, and will enhance, the effective administration of the programs authorized by this title, and

"(2) the State agency designated pursuant to paragraph (1) shall—

"(A) determine for which planning and service areas an area plan will be developed, in accordance with subsection (c) of this section, and for each such area designate, after consideration of the views offered by the unit or units of general purpose local government in such area, a public or nonprofit private agency or organization as the area agency on aging for such area; and

"(B) provide assurances, satisfactory to the Commissioner that the State agency will take into account, in connection with matters of general policy arising in the development and administration of the State plan for any fiscal year, the views of recipients of social services provided under such plan.

#### "Area Organization

"(b) An area agency on aging designated under subsection (a) must be—

"(1) an established office of aging which is operating within a planning and service area designated pursuant to subsection (a) of this section, or

"(2) any office or agency of a unit of general purpose local government, which is designated for this purpose by the chief elected official or officials of such unit, or

"(3) any office or agency designated by the chief elected official or officials of a combination of units of general purpose local government to act on behalf of such combination for this purpose, or

"(4) any public or nonprofit private agency in a planning and service area which is under the supervision or direction for this purpose of the designated State agency and which can engage



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in the planning or provision of a broad range of social services within such planning and service area, and must provide assurance, found adequate by the State agency, that it will have the ability to develop an area plan and to carry out, directly or through contractual or other arrangements, a program pursuant to the plan within the planning and service area. In designating an area agency on aging, the State agency shall give preference to an established office on aging, unless the State agency finds that no such office within the planning and service area will have the capacity to carry out the area plan.

#### "Area Plans

"(c) In order to be approved by the State agency, an area plan for a planning and service area shall be developed by the area agency on aging designated with respect to such area under subsection (a) and shall—

"(1) provide for the establishment of a comprehensive and coordinated system for the delivery of social services within the planning and service area covered by the plan, including determining the need for social services in such area (taking into consideration, among other things, the numbers of older persons with low incomes residing in such area), evaluating the effectiveness of the use of resources in meeting such need, and entering into agreements with providers of social services in such area, for the provision of such services to meet such need;

"(2) in accordance with criteria established by the Commissioner by regulation relating to priorities, provide for the initiation, expansion, or improvement of social services in the planning and service area covered by the area plan;

"(3) provide for the establishment or maintenance of information and referral sources in sufficient numbers to assure that all older persons within the planning and service area covered by the plan will have reasonably convenient access to such sources. For purposes of this section and section 305(a)(7), an information and referral source is a location where the State or other public or private agency or organization (A) maintains current information with respect to the opportunities and services available to older persons, and develops current lists of older persons in need of services and opportunities, and (B) employs a specially trained staff to inform older persons of the opportunities and services which are available, and assists such persons to take advantage of such opportunities and services; and

"(4) provide that the area agency on aging will—

"(A) conduct periodic evaluations of activities carried out pursuant to the area plan;

"(B) render appropriate technical assistance to providers of social services in the planning and service area covered by the area plan;

"(C) where necessary and feasible, enter into arrangements, consistent with the provisions of the area plan, under which funds under this title may be used to provide legal services to older persons in the planning and service area carried out through federally assisted programs or other public or nonprofit agencies;

"(D) take into account, in connection with matters of general policy arising in the development and administration of the area plan, the views of recipients of services under such plan;





"(E) where possible, enter into arrangements with organizations providing day care services for children so as to provide opportunities for older persons to aid or assist, on a voluntary basis, in the delivery of such services to children; and

"(F) establish an advisory council, consisting of representatives of the target population and the general public, to advise the area agency on all matters relating to the administration of the plan and operations conducted thereunder.

"STATE PLANS

Eligibility.

"SEC. 305. (a) In order for a State to be eligible for grants for a fiscal year from its allotments under section 303 and section 306, except as provided in section 307(a), it shall submit to the Commissioner a State plan for such year which meets such criteria as the Commissioner may prescribe by regulation and which—

"(1) provides that the State agency will evaluate the need for social services within the State and determine the extent to which existing public or private programs meet such need;

"(2) provides for the use of such methods of administration (including methods relating to the establishment and maintenance of personnel standards on a merit basis, except that the Commissioner shall exercise no authority with respect to the selection, tenure of office, or compensation of an individual employed in accordance with such methods) as are necessary for the proper and efficient administration of the plan;

"(3) provides that the State agency will make such reports, in such form, and containing such information, as the Commissioner may from time to time require, and comply with such requirements as the Commissioner may impose to assure the correctness of such reports;

"(4) provides that the State agency will conduct periodic evaluations of activities and projects carried out under the State plan;

"(5) establishes objectives, consistent with the purposes of this title, toward which activities under the plan will be directed, identifies obstacles to the attainment of those objectives, and indicates how it proposes to overcome those obstacles;

"(6) provides that each area agency on aging designated pursuant to section 304(a)(2)(A) will develop and submit to the State agency for approval an area plan which complies with section 304(c);

"(7) provides for establishing or maintaining information and referral sources in sufficient numbers to assure that all older persons in the State who are not furnished adequate information and referral sources under section 304(c)(3) will have reasonably convenient access to such sources;

"(8) provides that no social service will be directly provided by the State agency or an area agency on aging, except where, in the judgment of the State agency, provision of such service by the State agency or an area agency on aging is necessary to assure an adequate supply of such service; and

"(9) provides that subject to the requirements of merit employment systems of State and local governments, preference shall be given to persons aged sixty or over for any staff positions (full time or part time) in State and area agencies for which such persons qualify.



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"(b) The Commissioner shall approve any State plan which he finds fulfills the requirements of subsection (a) of this section.

"(c) The Commissioner shall not make a final determination dis-  
 approving any State plan, or any modification thereof, or make a  
 final determination that a State is ineligible under section 304, without  
 first affording the State reasonable notice and opportunity for a  
 hearing.

"(d) Whenever the Commissioner, after reasonable notice and  
 opportunity for hearing to the State agency, finds that—

"(1) the State is not eligible under section 304,

"(2) the State plan has been so changed that it no longer com-  
 plies with the provisions of subsection (a), or

"(3) in the administration of the plan there is a failure to  
 comply substantially with any such provision of subsection (a),  
 the Commissioner shall notify such State agency that no further pay-  
 ments from its allotments under section 303 and section 306 will be  
 made to the State (or, in his discretion, that further payments to the  
 State will be limited to projects under or portions of the State plan  
 not affected by such failure), until he is satisfied that there will no  
 longer be any failure to comply. Until he is so satisfied, no further  
 payments shall be made to such State from its allotments under sec-  
 tion 303 and section 306 (or payments shall be limited to projects  
 under or portions of the State plan not affected by such failure). The  
 Commissioner shall, in accordance with regulations he shall prescribe,  
 disburse the funds so withheld directly to any public or nonprofit  
 private organization or agency or political subdivision of such State  
 submitting an approved plan in accordance with the provisions of  
 section 304 and section 306. Any such payment or payments shall be  
 matched in the proportions specified in sections 303 and 306.

"(e) A State which is dissatisfied with a final action of the Com-  
 missioner under subsection (b), (c), or (d) may appeal to the United  
 States court of appeals for the circuit in which the State is located,  
 by filing a petition with such court within sixty days after such final  
 action. A copy of the petition shall be forthwith transmitted by the  
 clerk of the court to the Commissioner, or any officer designated by  
 him for that purpose. The Commissioner thereupon shall file in the  
 court the record of the proceedings on which he based his action, as  
 provided in section 2112 of title 28, United States Code. Upon the  
 filing of such petition, the court shall have jurisdiction to affirm the  
 action of the Commissioner or to set it aside, in whole or in part,  
 temporarily or permanently, but until the filing of the record, the  
 Commissioner may modify or set aside his order. The findings of the  
 Commissioner as to the facts, if supported by substantial evidence,  
 shall be conclusive, but the court, for good cause shown, may remand  
 the case to the Commissioner to take further evidence, and the Com-  
 missioner may thereupon make new or modified findings of fact and  
 may modify his previous action, and shall file in the court the record  
 of the further proceedings. Such new or modified findings of fact  
 shall likewise be conclusive if supported by substantial evidence. The  
 judgment of the court affirming or setting aside, in whole or in part,  
 any action of the Commissioner shall be final, subject to review by  
 the Supreme Court of the United States upon certiorari or certifica-  
 tion as provided in section 1254 of title 28, United States Code. The  
 commencement of proceedings under this subsection shall not, unless  
 so specifically ordered by the court, operate as a stay of the Commis-  
 sioners' action.

Hearing.

Appeal.

72 Stat. 941;  
 80 Stat. 1323.

62 Stat. 928.



“PLANNING, COORDINATION, EVALUATION, AND ADMINISTRATION OF STATE  
PLANS

“SEC. 306. (a) (1) Amounts appropriated as authorized by section 303 may be used to make grants to States for paying such percentages as each State agency determines, but not more than 75 per centum, of the cost of the administration of its State plan, including the preparation of the State plan, the evaluation of activities carried out under such plan, the collection of data and the carrying out of analyses related to the need for social services within the State, the dissemination of information so obtained, the provision of short-term training to personnel of public or nonprofit private agencies and organizations engaged in the operation of programs authorized by this Act, and the carrying out of demonstration projects of statewide significance relating to the initiation, expansion, or improvement of social service.

“(2) Any sums allotted to a State under this section for covering part of the cost of the administration of its State plan which the State determines is not needed for such purpose may be used by such State to supplement the amount available under section 303(e) (1) to cover part of the cost of the administration of area plans.

“(3) Any State which has designated a single planning and service area pursuant to section 304(a) (1) (E) covering all, or substantially all, of the older persons in such State, as determined by the Commissioner, may elect to pay part of the costs of the administration of State and area plans either out of sums allotted under this section or out of sums made available for the administration of area plans pursuant to section 303(e) (1), but shall not pay such costs out of sums allotted under both such sections.

Allotment.

“(b) (1) From the sums appropriated for any fiscal year under section 303 for carrying out the purposes of this section, each State shall be allotted an amount which bears the same ratio to such sum as the population aged sixty or over in such State bears to the population aged sixty or over in all States, except that (A) no State shall be allotted less than one-half of 1 per centum of the sum appropriated for the fiscal year for which the determination is made, or \$160,000, whichever is greater, and (B) Guam, American Samoa, the Virgin Islands, and the Trust Territory of the Pacific Islands shall each be allotted no less than one-fourth of 1 per centum of the sum appropriated for the fiscal year for which the determination is made, or \$50,000, whichever is greater. For the purpose of the exception contained in clause (A) of this paragraph, the term ‘State’ does not include Guam, American Samoa, the Virgin Islands, and the Trust Territory of the Pacific Islands.

“(2) The number of persons aged sixty or over in any State and in all States shall be determined by the Commissioner on the basis of the most recent satisfactory data available to him.

Reallotment.

“(c) The amounts of any State’s allotment under subsection (b) for any fiscal year which the Commissioner determines will not be required for that year shall be reallotted, from time to time and on such dates during such year as the Commissioner may fix, to other States in proportion to the original allotments to such States under subsection (b) for that year, but with such proportionate amount for any of such other States being reduced to the extent it exceeds the sum the Commissioner estimates such State needs and will be able to use for such year; and the total of such reductions shall be similarly reallotted among the States whose proportionate amounts were not so reduced. Such reallotments shall be made on the basis of the State plan so approved, after taking into consideration the population aged



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sixty or over. Any amount reallocated to a State under this subsection during a year shall be deemed part of its allotment under subsection (b) for that year.

"(d) The allotment of a State under this section for the fiscal year ending June 30, 1973, shall remain available until the close of the following fiscal year.

#### "PAYMENTS

"Sec. 307. (a) Payments of grants or contracts under this title may be made (after necessary adjustments on account of previously made overpayments or underpayments) in advance or by way of reimbursement, and in such installments, as the Commissioner may determine. From a State's allotment for a fiscal year which is available pursuant to section 306 the Commissioner may pay to a State which does not have a State plan approved under section 305 such amounts as he deems appropriate for the purpose of assisting such State in developing a State plan. From a State's allotment for a fiscal year which is available pursuant to section 303, the Commissioner may, during the period ending one year after the date of enactment of the Older Americans Comprehensive Services Amendments, pay, in accordance with such regulations as he may prescribe, to a State which does not have a State plan approved under section 305, such amounts as he deems appropriate for the purpose of continuing Federal financial assistance for activities assisted under the plan of such State approved under section 303 of this Act prior to enactment of the Older Americans Comprehensive Services Amendments.

"(b) Beginning with the fiscal year ending June 30, 1975, not less than 25 per centum of the non-Federal share (pursuant to section 303(e)) of the total expenditures under the State plan shall be met from funds from State or local public sources.

Matching funds.

"(c) A State's allotment under section 303 for a fiscal year shall be reduced by the percentage (if any) by which its expenditures for such year from State sources under its State plan approved under section 305 are less than its expenditures from such sources for the preceding fiscal year.

#### "MODEL PROJECTS

"Sec. 308. (a) The Commissioner may, after consultation with the State agency, make grants to any public or nonprofit private agency or organization or contracts with any agency or organization within such State for paying part or all of the cost of developing or operating statewide, regional, metropolitan area, county, city, or community model projects which will expand or improve social services or otherwise promote the well-being of older persons. In making grants and contracts under this section, the Commissioner shall give special consideration to projects designed to—

Grants.

"(1) assist in meeting the special housing needs of older persons by (A) providing financial assistance to such persons, who own their own homes, necessary to enable them to make the repairs and renovations to their homes which are necessary for them to meet minimum standards, (B) studying and demonstrating methods of adapting existing housing, or construction of new housing, to meet the needs of older persons suffering from physical disabilities, and (C) demonstrating alternative methods of relieving older persons of the burden of real property taxes on their homes;

Housing.

"(2) provide continuing education to older persons designed to enable them to lead more productive lives by broadening the educational, cultural, or social awareness of such older persons.

Continuing education.





87 STAT. 45

	emphasizing, where possible, free tuition arrangements with colleges and universities;
Preretirement services,	"(3) provide preretirement education, information, and relevant services (including the training of personnel to carry out such programs and the conducting of research with respect to the development and operation of such programs) to persons planning retirement; or
Physically or mentally impaired persons,	"(4) provide services to assist in meeting the particular needs of the physically and mentally impaired older persons including special transportation and escort services, homemaker, home health and shopping services, reader services, letter writing services, and other services designed to assist such individuals in leading a more independent life.
Appropriations,	"(b) For the purpose of carrying out this section, there are authorized to be appropriated such sums as may be necessary for the fiscal year ending June 30, 1973, the fiscal year ending June 30, 1974, and the fiscal year ending June 30, 1975."



#### TITLE IV - TRAINING AND RESEARCH:

The balance of the Act itself is too long and deserves our careful consideration for study and when the copies arrive, I will forward a copy to each one of you.

- A. Training includes the attracting of qualified people in the field of aging - agency cooperation - grants - and the training of persons in the field of aging.
- B. Concerns specific studies and demonstrations projects on Transportation problems of older Americans and to procure services of experts and consultants.
- C. Concerns Multidisciplinary Centers of Gerontology - discusses grants - procuring consultants - hiring help, etc.
- D. Authorization for Appropriations and advance payment of appropriations.

#### TITLE V - - MULTIPURPOSE SENIOR CENTERS:

- A. Acquisition, Alteration or Renovation of Multipurpose Senior Centers - Also includes grants and requirements for approval of applications in connection with this - payments - mortgage insurance for multipurpose senior centers and limitation of mortgages - multipurpose Senior Centers Insurance Fund which shall be used by the secretary as a revolving fund for carrying out the insurance provisions of the sections - goes on to discuss interest grants -
- B. Initial Staffing of Multipurpose Senior Centers - concerns personnel and method of staffing of senior citizen centers -

#### TITLE VI - NATIONAL OLDER AMERICANS VOLUNTEER PROGRAM

This provides for compensation given to individuals under this Act shall not be considered as income for any purpose and provides for funds for appropriating and enlisting and training of qualified personnel and volunteers in the field of aging.

#### TITLE VII - NUTRITION PROGRAM:

Concerns itself with the very important Nutrition program and the availability of surplus agricultural commodities and products to be donated to the recipient of grant or contract to be used for providing nutritional services in accordance with this title, including dairy products and other products to be made available for many purposes. This, too, ties in with state planning, needs and local planning.



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VIII - AMENDMENTS TO OTHER ACTS:

Concerns amendments to other Acts such as grants to states for older readers services which is part of the Library Services Act and which will bring the elderly into the readers program and setting up a specific library services for the elderly and the Amendments to the Higher Education Act of 1965 which provides specific programs for the elderly.

IX - COMMUNITY SERVICE EMPLOYMENT FOR OLDER AMERICANS:

Concerns community service for elderly Americans and deserves more than a cursory examination or a few lines in this report and should be analyzed more clearly. For that reason, we quote verbatim:



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## "SPECIAL PROJECTS FOR THE ELDERLY"

"Sec. 310. (a) The Commissioner is authorized to make grants to State and local educational agencies or other public or private non-profit agencies for programs to further the purpose of this Act by providing educational programs for elderly persons whose ability to speak and read the English language is limited and who live in an area with a culture different than their own. Such programs shall be designed to equip such elderly persons to deal successfully with the practical problems in their everyday life, including the making of purchases, meeting their transportation and housing needs, and complying with governmental requirements such as those for obtaining citizenship, public assistance and social security benefits, and housing.

Grants.

"(b) For the purpose of making grants under this section there are authorized to be appropriated such sums as may be necessary for the fiscal year ending June 30, 1973, and each succeeding fiscal year ending prior to July 1, 1975.

Appropriation.

"(c) In carrying out the program authorized by this section, the Commissioner shall consult with the Commissioner of the Administration on Aging for the purpose of coordinating, where practicable, the programs assisted under this section with the programs assisted under the Older Americans Act of 1965."

"(b) Section 313(a) of such Act, as redesignated, is amended by inserting before the period at the end thereof the following: "(other than section 310)".

Art. 30.

## ADDITIONAL AUTHORIZATION FOR SENIOR OPPORTUNITIES AND SERVICES

Sec. 805. In addition to the amounts authorized to be appropriated and allocated pursuant to the Economic Opportunity Amendments of 1972, there is further authorized to be appropriated such sums as may be necessary for the fiscal year ending June 30, 1973, and the succeeding fiscal year, to be used for the Senior Opportunities and Services program described in section 222(a) (7) of the Economic Opportunity Act of 1964.

86 Stat. 688.

42 USC 2701

81 Stat. 698;

82 Stat. 1019.

42 USC 2809.

## TITLE IX—COMMUNITY SERVICE EMPLOYMENT FOR OLDER AMERICANS

## SHORT TITLE

Sec. 901. This title may be cited as the "Older American Community Service Employment Act".

Citation of title.

## OLDER AMERICAN COMMUNITY SERVICE EMPLOYMENT PROGRAM

Sec. 902. (a) In order to foster and promote useful part-time work opportunities in community service activities for unemployed low-income persons who are fifty-five years old or older and who have poor employment prospects, the Secretary of Labor (hereinafter referred to as the "Secretary") is authorized to establish an older American community service employment program (hereinafter referred to as the "program").

(b) In order to carry out the provisions of this title, the Secretary is authorized—

(1) to enter into agreements with public or private nonprofit agencies or organizations, agencies of a State government or a political subdivision of a State (having elected or duly appointed governing officials), or a combination of such political subdivisions, or Indian tribes on Federal or State reservations in





order to further the purposes and goals of the program. Such agreements may include provisions for the payment of costs, as provided in subsection (c), of projects developed by such organizations and agencies in cooperation with the Secretary in order to make the program effective or to supplement it. No payments shall be made by the Secretary toward the cost of any project established or administered by any such organization or agency unless he determines that such project—

(A) will provide employment only for eligible individuals, except for necessary technical, administrative, and supervisory personnel, but such personnel shall, to the fullest extent possible, be recruited from among eligible individuals;

(B) will provide employment for eligible individuals in the community in which such individuals reside, or in nearby communities;

(C) will employ eligible individuals in services related to publicly owned and operated facilities and projects, or projects sponsored by organizations exempt from taxation under the provisions of section 501(c)(3) of the Internal Revenue Code of 1954 (other than political parties), except projects involving the construction, operation, or maintenance of any facility used or to be used as a place for sectarian religious instruction or worship;

(D) will contribute to the general welfare of the community;

(E) will provide employment for eligible individuals whose opportunities for other suitable public or private paid employment are poor;

(F) will result in an increase in employment opportunities for eligible individuals, and will not result in the displacement of employed workers or impair existing contracts;

(G) will utilize methods of recruitment and selection (including, but not limited to, listing of job vacancies with the employment agency operated by any State or political subdivision thereof) which will assure that the maximum number of eligible individuals will have an opportunity to participate in the project;

(H) will include such training as may be necessary to make the most effective use of the skills and talents of those individuals who are participating, and will provide for the payment of the reasonable expenses of individuals being trained, including a reasonable subsistence allowance;

(I) will assure that safe and healthy conditions of work will be provided, and will assure that persons employed in public service jobs assisted under this title shall be paid wages which shall not be lower than whichever is the highest of (i) the minimum wage which would be applicable to the employee under the Fair Labor Standards Act of 1938, if section 6(a)(1) of such Act applied to the participant and if he were not exempt under section 13 thereof, (ii) the State or local minimum wage for the most nearly comparable covered employment, or (iii) the prevailing rates of pay for persons employed in similar public occupations by the same employer;

(J) will be established or administered with the advice of persons competent in the field of service in which employment is being provided, and of persons who are knowledgeable with regard to the needs of older persons;

(K) will authorize pay for necessary transportation costs of eligible individuals which may be incurred in employment

68A Stat. 163,  
26 USC 501.

52 Stat. 1060.  
29 USC 201.  
80 Stat. 638.  
29 Stat. 206.  
29 Stat. 213.



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in any project funded under this title in accordance with regulations promulgated by the Secretary; and

(L) will assure that to the extent feasible such projects will serve the needs of minority, Indian, and limited English-speaking eligible individuals in proportion to their numbers in the State;

(2) to make, issue, and amend such regulations as may be necessary to effectively carry out the provisions of this title. Regulations.

(c) (1) The Secretary is authorized to pay not to exceed 90 percent of the cost of any project which is the subject of an agreement entered into under subsection (b), except that the Secretary is authorized to pay all of the costs of any such project which is (A) an emergency or disaster project or (B) a project located in an economically depressed area as determined in consultation with the Secretary of Commerce and the Director of the Office of Economic Opportunity. Costs.

(2) The non-Federal share shall be in cash or in kind. In determining the amount of the non-Federal share, the Secretary is authorized to attribute fair market value to services and facilities contributed from non-Federal sources. Non-Federal share.

#### ADMINISTRATION

SEC. 903. (a) In order to effectively carry out the purposes of this title, the Secretary is authorized to consult with agencies of States and their political subdivisions with regard to—

(1) the localities in which community service projects of the type authorized by this title are most needed;

(2) consideration of the employment situation and the types of skills possessed by available local individuals who are eligible to participate; and

(3) potential projects and the number and percentage of eligible individuals in the local population.

(b) (1) The Secretary is authorized and directed to require agencies and organizations administering community service projects and other activities assisted under this title to coordinate their projects and activities with agencies and organizations conducting related manpower and unemployment programs receiving assistance under this Act and under other authorities such as the Economic Opportunity Act of 1964, the Manpower Development and Training Act of 1962, and the Emergency Employment Act of 1971. In carrying out the provisions of this paragraph, the Secretary is authorized to make necessary arrangements to include projects and activities assisted under this title within a common agreement and a common application with projects assisted under this Act and other provisions of law such as the Economic Opportunity Act of 1964, the Manpower Development and Training Act of 1962, the Emergency Employment Act of 1971. Agency cooperation.

(2) The Secretary is authorized to make whatever arrangements that are necessary to carry out the programs assisted under this title as part of any general manpower legislation hereafter enacted, except that appropriations for programs assisted under this title may not be expended for programs assisted under that title.

(c) In carrying out the provisions of this title, the Secretary is authorized to use, with their consent, the services, equipment, personnel, and facilities of Federal and other agencies with or without reimbursement, and on a similar basis to cooperate with other public and private agencies, and instrumentalities in the use of services, equipment, and facilities.

(d) The Secretary shall establish criteria designed to assure equitable participation in the administration of community service projects. Criteria.



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Advance  
payments.

ects by agencies and organizations eligible for payment under section 902(b).

(e) Payments under this title may be made in advance or by way of reimbursement and in such installments as the Secretary may determine.

(f) The Secretary shall not delegate his functions and duties under this title to any other department or agency of Government.

#### PARTICIPANTS NOT FEDERAL EMPLOYEES

80 Stat. 407.  
5 USC 2101.

SEC. 904. (a) Eligible individuals who are employed in any project funded under this title shall not be considered to be Federal employees as a result of such employment and shall not be subject to the provisions of part III of title 5, United States Code.

Standards.

(b) No contract shall be entered into under this title with a contractor who is, or whose employees are, under State law, exempted from operation of the State workmen's compensation law, generally applicable to employees, unless the contractor shall undertake to provide either through insurance by a recognized carrier, or by self insurance, as allowed by State law, that the persons employed under the contract, shall enjoy workmen's compensation coverage equal to that provided by law for covered employment. The Secretary must establish standards for severance benefits, in lieu of unemployment insurance coverage, for eligible individuals who have participated in qualifying programs and who have become unemployed.

#### INTERAGENCY COOPERATION

SEC. 905. The Secretary shall consult and cooperate with the Office of Economic Opportunity, the Administration on Aging, the Department of Health, Education, and Welfare, and any other related Federal agency administering related programs, with a view to achieving optimal coordination with such other programs and shall promote the coordination of projects under this title with other public and private programs or projects of a similar nature. Such Federal agencies shall cooperate with the Secretary in disseminating information about the availability of assistance under this title and in promoting the identification and interests of individuals eligible for employment in projects funded under this title.

#### EQUITABLE DISTRIBUTION OF ASSISTANCE

"State."

87 STAT. 63  
87 STAT. 64

SEC. 906. (a) (1) From the sums appropriated for any fiscal year under section 908 there shall be initially allotted for projects within each State an amount which bears the same ratio to such sum as the population, aged fifty-five or over in such State bears to the population aged fifty-five or over in all States, except that (A) no State shall be allotted less than one-half of 1 per centum of the sum appropriated for the fiscal year for which the determination is made; and (B) Guam, American Samoa, the Virgin Islands, and the Trust Territory of the Pacific Islands shall each be allotted an amount equal to one-fourth of 1 per centum of the sum appropriated for the fiscal year for which the determination is made. For the purpose of the exception contained in this paragraph, the term "State" does not include Guam, American Samoa, the Virgin Islands, and the Trust Territory of the Pacific Islands.

(2) The number of persons aged fifty-five or over in any State and for all States shall be determined by the Secretary on the basis of the most satisfactory data available to him.

(b) The amount allotted for projects within any State under sub-



It is my considered opinion, and I am sure you will agree with me, that this ACT really is a blueprint for State Legislature and Municipal Supervisors to follow in amending existing ordinances in the service to older Americans.







COMMISSION ON THE AGING  
City and County of San Francisco

164 City Hall, San Francisco, California 94102

(415) 558-2915

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Executive Director

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DAVID THOMSON

December 17, 1973

Mr. Robert J. Dolan, Clerk  
Board of Supervisors  
235 City Hall  
San Francisco CA 94102

Dear Mr. Dolan:

In response to your letter of December 11, 1973 regarding designation of an Area Agency for Aging by the California Commission on Aging, I am enclosing a diary of events leading to the designation of the San Francisco Area Planning Agency on December 6, 1973. This may help to clarify the issues involved and help to explain why the San Francisco Commission on Aging felt it could not abrogate its responsibilities as advocate for the 138,000 elderly in San Francisco.

EX-OFFICIO

ALFRED H. AZEVEDO  
ERWIN H. BRAFF  
EFFIE ROBINSON  
CON S. SHEA  
ELEAN THOMAS  
ROD UMINO

October 9, 1973

At the request of Mary Burns, Administrative Assistant to Assemblyman Willie Brown, a number of commissioners and the executive director met with Assemblyman Brown. At this meeting, Assemblyman Brown demanded that the commission become co-partners with the Area Planning Agency for Aging and, unless it agreed to do so, he would make certain that no money for the aging would come to San Francisco. In making this demand Assemblyman Brown used language that could not be used in a family newspaper. The commission agreed to consider his request.

October 17, 1973

At a meeting of the California Commission on Aging, San Francisco was designated a Priority Planning and Service Area (PPSA) because of the large number of aging population who are poor and/or minorities.

October 23, 1973

At a special meeting of the San Francisco Commission on the Aging, the commission voted to send a resolution to the California Commission on Aging asking that it be designated as the San Francisco Area Agency for Aging.



November 7, 1973

At the request of the acting executive director of the California Commission on Aging, the San Francisco Commission on the Aging held two negotiating meetings with representatives of the Area Planning Agency for Aging and readied an agreement (attached) signed by both the executive director of the San Francisco Commission on the Aging and the executive director of the Area Planning Agency for Aging. The letter of agreement was ratified by the commissioners and sent to the California Commission on Aging. To this date we have had no written indication that the California Commission on Aging was dissatisfied with the agreement that it had requested.

November 28, 1973

Meeting with Bernard Schussel, Robert Ledbetter, Deputy Assistant Secretary for Planning, Gerald Hein, Acting Executive Director, California Commission on Aging, Commissioner Arthur Agnos, S.F. Commission on the Aging, and Lillian McCall, Assistant to Mr. Schussel (temporary). Mr. Ledbetter told us he had met that morning with the administrative assistants to Assemblymen Willie Brown and John Burton and Mr. Herb Spiro, Executive Director of the Area Planning Agency for Aging. Mr. Ledbetter demanded that the San Francisco Commission on the Aging accept 51% membership from the Area Planning Agency for the advisory council required by the Older Americans Act. The second demand made by Mr. Ledbetter was that the San Francisco Commission on the Aging commit itself to contracting for specific services with the San Francisco Area Planning Agency for Aging without any qualifications as to capability.

Commissioner Agnos remarked that this would leave the commissioners with accountability and would make the Area Planning Agency for Aging the de facto Area Agency for Aging without accountability. He also felt that the advisory council as demanded constituted a built-in confrontation mechanism that could be used to harass the commission. Mr. Ledbetter said these demands were not subject to compromise and, if necessary, Dr. Brian's office would name the San Francisco Area Planning Agency for Aging or a presently nonexistent agency as the S.F. Area Agency for Aging.

Mr. Ledbetter reiterated that the decision to designate the S.F. Area Agency for Aging would in fact be made by Dr. Brian's office and not by the California Commission on the Aging. Mr. Ledbetter told Mr. Schussel that he needed a decision immediately because the decision for designation would be made the next day (November 29) at a meeting of the California Commission on Aging in Sacramento. Mr. Schussel advised that he had no authority to make such a policy decision for the commission and Commissioner Agnos stated that such an agreement would be tantamount to arrogating the legal responsibility for the San Francisco Commission on the Aging. He suggested as an alternative that the commission name representatives of the Area Planning Agency for Aging along with other numerous organizations representing the aging in San Francisco to the advisory council when it was formed. Commissioner Agnos also suggested the commission would be willing to award contracts for specific services for the elderly if the Area Planning Agency for Aging had the capability to deliver them. Both these suggestions were rejected by Mr. Ledbetter, who repeated that there would be no compromise. Mr. Ledbetter demanded an immediate decision and both Commissioner Agnos and Mr. Schussel stated that the entire commission would have to be polled. Mr. Ledbetter stated that both he and Mr. Hein would remain in San Francisco that night and could be reached at their hotel when the commission's decision was known. Commissioner Agnos and Mr. Schussel polled the commissioners, who unanimously rejected Mr. Ledbetter's proposal. Commissioner Agnos and Mr. Schussel tried to reach Mr. Ledbetter at his hotel but were unable to do so until the following morning.



November 29, 1973

At a meeting of the California Commission on Aging in Sacramento, the commission voted without explanatory discussion to delay the decision for one week. Mr. Herb Spiro, Executive Director of the San Francisco Area Planning Agency for Aging, publicly repudiated the letter of agreement on the ground that their counsel had said it was not legally binding on them. The San Francisco Commission on the Aging had thought the agreement had been executed in good faith. Mr. Schussel reminded the California Commission on Aging that the letter of agreement had been executed at the request of the CCOA and as of November 29 there had been no indication from the commission that it was dissatisfied with the agreement it had requested. Mrs. Russell, Chairperson of the California Commission on Aging, announced that another meeting to determine the designation of the S.F. Area Agency for Aging would be held in Sacramento on December 6 and instructed Mr. Hein to contact Mr. Schussel to work out any problems that had arisen. Mr. Hein did not contact Mr. Schussel prior to the scheduled December 6 meeting.

December 5, 1973

Mr. Schussel was informed by a representative of the Regional Office of Aging (HEW) that although the S.F. Commission on the Aging should be the S.F. Area Agency for Aging under the federal guidelines, he was powerless to intervene since the decisions were being made by Dr. Brian's staff. Mr. Schussel learned accidentally that the meeting of the California Commission on Aging had been shifted to Los Angeles. The S.F. Commission on the Aging did not receive notice of this change. Despite repeated requests, it does not receive either notices or agendas of meetings of the California Commission on the Aging.

December 6, 1973

While the California Commission on Aging was waiting for a quorum, Mr. Hein asked Mr. Schussel privately whether the commission had reversed its decision and Mr. Schussel replied that it had not and that he had no authority to report any other decision. Mrs. Russell, Chairperson of the California Commission on Aging, did not answer questions by Mr. Schussel as to why the meeting, which had only one agenda item (the designation of the San Francisco Area Agency for Aging), had been changed to Los Angeles or why Mr. Hein had not contacted him. Mr. David Winston, Assistant Secretary for Planning, sat with the commissioners and participated in the meeting. After much discussion in which the commission appeared to be acting as an advocate for the Area Planning Agency for Aging, the commissioners voted 5-0 to name the San Francisco Area Planning Agency for Aging as the S.F. Area Agency for Aging. In anticipation of this decision, of which it had learned previously and unofficially, Mr. Schussel read a letter from the San Francisco City Attorney responding to a letter from the S.F. Commission on the Aging questioning the legality and propriety of designating the San Francisco Area Planning Agency for Aging as the S.F. Area Agency for Aging. (Letters are attached.) The commission also objected to the City Attorney that this announcement was prior to the December 15, 1973 deadline for submitting area plans, violated federal regulations, constituted an inconsistent application of standards, and other related matters.

At a meeting of the S.F. Area Planning Agency for Aging on December 3, 1973, it was moved and seconded that if the S.F. Area Planning Agency for Aging were named the S.F. Area Agency for Aging, the San Francisco Commission on the Aging could "have official representatives to the extent of 20% of the vote on the new Board of Directors". (See attachment from Area Planning Agency for Aging letter of December 12, 1973.)



In conclusion, I am sure that you must be aware of the political undercurrents of these events and their significance. You must also know that the San Francisco Area Planning Agency for Aging is not representative of more than a small minority of the aging in San Francisco. Also, not one member of the San Francisco legislative delegation appeared on our behalf or wrote a letter of support although requested to do so by the commission.

Should you require further information, we are prepared to respond to any inquiry.

Sincerely,

Louis J. Freehof  
Chairman

Bernard F. Schussel  
Executive Director

LJF:be

cc: Chief Assistant Clerk, SF Board of Supervisors  
All Members of Board of Supervisors  
All Commissioners, SF Commission on the Aging  
Mayor Joseph L. Alioto

Attachments: Letter of Agreement: SFCOA and SFAPAA, 11-9-73  
SFCOA to City Attorney, 12-5-73  
City Attorney to SFCOA, 12-6-73  
APAA to SFCOA, 12-12-73, re: Boards of Directors and Trustees







COMMISSION ON THE AGING  
City and County of San Francisco

164 City Hall, San Francisco, California 94102

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December 21, 1973

BERNARD E. SCHLESSEL  
Acting Executive Director

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LAWRENCE J. GARCIA  
GARCIA J. GARCIA

Ms. Bonnie Russell  
Calif. Commission on Aging  
1108 14th St  
Sacramento, Ca 95814

Dear Ms. Russell:

We have been advised by the Department of Health, Education and Welfare Regional Director of the Administration on Aging, Mr. Mel Spear, that pursuant to the requirements of 45 C.F.R. Sec. 903.140 we are entitled to an appeal from the December 6, 1973 decision of the California Commission on Aging to not designate the San Francisco Commission on the Aging as the Area Agency for Aging. We hereby request review of that decision on the following grounds:

- (1) The State of California did not obtain the views of the San Francisco Board of Supervisors regarding designation of the area agency prior to such designation as required by 45 C.F.R. Sec. 903.63(b);
- (2) The hearing held to receive evidence concerning the qualifications of competing applicants for designation was held at a place which made it impossible for the San Francisco Commission on Aging to present evidence of its qualifications effectively, and it was held there upon totally inadequate and misleading notice;
- (3) In fact, the San Francisco Commission on Aging, as an agency of the City and County of San Francisco with access to the full resources of the local government, has the capacity to develop and carry out the area plan and the functions as described in 45 C.F.R. Sec. 903.66 while the Area Planning Agency which was designated the Area Agency on Aging does not have this capacity;
- (4) The decision to not designate the San Francisco Commission on Aging was apparently based on the fact that the San Francisco Commission on Aging did not have a plan. However, Federal regulations require that the agency first be designated, 45 C.F.R. Sec. 903.63, and that the designated agency then prepare a plan, 45 C.F.R. Sec. 903.65(a);



- 2 -  
(5) The State did not and cannot obtain adequate assurance that the Area Planning on Aging has the capacity to develop an area plan and to carry out a program pursuant to the plan in the area as required by 45 C. F. R. 903.63 (g) while it is clear that the San Francisco Commission on Aging has this capacity;

(6) We were advised by counsel that "the decision not to not designate the San Francisco Commission on Aging as the area agency for agency was arbitrary, capricious and in abuse of discretion;" and

(7) The decision to designate the Area Planning Agency, rather than the San Francisco Commission on Aging, was based on other than merit factors.

We hereby reserve the right to base our appeal on additional grounds as they come to light.

Please forward me a copy of the rules and regulations governing our appeal and advise me no later than January 11, 1974 of the date of our hearing.

Very truly yours,

Louis J. Freehof,  
Chairman

VTY/eh

cc: Mel Spear  
Board of Supervisors



MINUTES OF MEETING - NOVEMBER 14, 1973

TRAINING AND EDUCATION COMMITTEE  
Room 104, Veterans Building  
Van Ness and McAllister Streets  
San Francisco CA 94102

Present: Commissioner Knowles, Armada, Thomas, Kimp  
Absent: Commissioners Azevedo, Majewsky, Rheiner, Robinson

#### CALL TO ORDER

Chairman Knowles called the meeting to order. He welcomed everyone who attended, then called for a report of the educational activities of Self-Help for the Elderly from Mr. Sam Yuen.

#### REPORTS

Mr. Yuen thanked the committee for their interest, and proceeded to state the goals of this agency. Their overall objective is to overcome poverty through cooperation and participation of the staff and the elderly. He expressed the view that education was basic in the process of helping people to improve their lives. Their program provides training in basic English so that their clients are better able to move around outside of Chinatown. It also helps them in obtaining employment, citizenship and in other areas in which basic English is needed.

They have developed a program of physical fitness to help improve their physical well-being as well.

In their program of spiritual well-being they solicit leaders from various faiths to participate. They provide consumer education, encourage discussions so that their clients receive the education necessary to participate in the public arena by keeping abreast of trends and changes. Mr. Yuen also expressed the great need to provide food for the elderly to help make these programs meaningful. Providing basic needs is of the utmost importance.

Commissioner Knowles thanked Mr. Yuen for his excellent report. He then asked for comments or questions from the other commissioners. Commissioner Kimp asked whether they serve anyone who may walk in off the street. Commissioner responded that even though they have limitations +

Commissioner Armada

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MINUTES OF MEETING - NOVEMBER 14, 1973

TRAINING AND EDUCATION COMMITTEE

Room 104, Veterans Building  
Van Ness and McAllister Streets  
San Francisco CA 94102

Present: Commissioner Knowles, Armada, Thomas, Kimp  
Absent: Commissioners Azevedo, Majewsky, Rheiner, Robinson

CALL TO ORDER

Chairman Knowles called the meeting to order. He welcomed everyone who attended, then called for a report of the educational activities of Self-Help for the Elderly from Mr. Sam Yuen.

REPORTS

Mr. Yuen thanked the committee for their interest, and proceeded to state the goals of this agency. Their overall objective is to overcome poverty through cooperation and participation of the staff and the elderly. He expressed the view that education was basic in the process of helping people to improve their lives. Their program provides training in basic English so that their clients are better able to move around outside of Chinatown. It also helps them in obtaining employment, citizenship and in other areas in which basic English is needed.

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Commissioner Knowles thanked Mr. Yuen for his excellent report. He then asked for comments or questions from the other commissioners. Commissioner Kimp asked whether they serve anyone who may walk in off the street. Mr. Yuen responded that even though they have limitations they refuse no one. Commissioner Armada asked what kind of bilingual program do they have for Chinese immigrants coming to this country. Mr. Yuen said that they do have a bilingual program to try and help the elderly with basic English.

Commissioner Knowles commended Mr. Yuen and Self-Help for the elderly. He then called upon Ms. Verneta Hill to complete her testimony. She was given time on this agenda due to the very short time allotted at the last committee meeting. Ms. Hill proceeded to give her report of the Western Addition Senior Center.

They are open five days a week. She reiterated some of the information about the center which was printed in the last minutes (Oct. 10). The center also includes friendly visiting. There was a time when there was no intake done on clients. They discovered that many of the elderly could be forgotten, lost or overlooked, so they began keeping a case record on everyone so they could keep in contact. They give a birthday party once a month. They serve from 50 to 60 daily lunches, distributing at least 25 to shut-ins.

After Ms. Hill finished her report, Commissioner Knowles asked the other commissioners to direct their comments and questions to Ms. Hill. Commissioner Armada asked what the committee can do for the program.

Ms. Hill responded that the committee can help in areas where they are lacking. She can also make suggestions that will help them serve the elderly better. She introduced Ms. Vivian Williams, Director of the Center, and Mrs. Annie Jackson, staff. Mrs. Williams stated that they were really having a problem with gas. They will be cut from 500 gallons to 200 gallons per month, making food deliveries and transportation of the elderly more difficult. They need space for feeding at least 50 or 60 people. They have a multi-racial staff and clientele.

Commissioner Knowles thanked the Western Addition Service Center staff for their excellent report and complimented them on the excellent job they are





SAN FRANCISCO COMMISSION ON AGING

BUDGET ESTIMATES & RECOMMENDATIONS  
*At Admnd B C*

1972 - 1974  
 ATTACHMENT C  
 1972 - 1973  
 1974

LINE ITEM	DESCRIPTION	1972		1973		1974		1975		1976	
		ESTIMATE	RECOMMENDATION	ESTIMATE	RECOMMENDATION	ESTIMATE	RECOMMENDATION	ESTIMATE	RECOMMENDATION	ESTIMATE	RECOMMENDATION
C1	RECAPITULATION										
C2 110	PERMANENT SALARIES			40656		49612	49612				
C3 200	CONTRACTUAL SERVICES			6266		7669	7669				
C4 269	SELF HELP FOR THE ELDERLY			32022							
C5 269	SELF HELP FOR THE ELDERLY			9103							
C6 300	MATERIALS AND SUPPLIES			1450		1600	1600				
C7 400	EQUIPMENT			2554		450	450				
C8 800	FIXED CHARGES			150		800	1800				
C9 863	MANDATORY FRINGE BENEFITS			8139		9913	9913				
10											
11	TOTAL BUDGET			101442		70044	70044				
12	TRANSFERS TO CONTROLLER			2506		2543	12543				
13	TRANSFERS TO RETIREMENT SYSTEM			5212		6359	6359				
14	TRANSFERS TO HEALTH SERVICE SYSTEM			421		1011	17011				
15	TOTAL TRANSFERS			8139		9913	9913				
16	NET BUDGET			93303		60131	60131				



SPECIAL COMMITTEES

SAN FRANCISCO COMMISSION ON THE AGING

TRAINING, EDUCATION & RECREATION ACTIVITIES ( INCLUDING ENROLLMENT OF VOLUNTEERS)

Commissioners Knowles (Chairman), Armada, Azevedo, Majewsky, Rheiner, Robinson, Thomas

NUTRITION, PHYSICAL & MENTAL HEALTH

Commissioners Lane (Chairman), Armada, Fixa, Braff, Kimp

INCOME/TAXATION

Commissioners Fixa (Chairman), Armada, Knowles, Lowenberg, Majewsky, McCabe, Palacios, Umino

SPIRITUAL WELL-BEING/SOCIAL ACTIVITIES

Commissioners Fellhauer (Chairman), Armada, Kimp, Palacios, Peet, Rheiner

SAFETY

Commissioners McCabe (Chairman), Agnos, Lane, Thomson

GOVERNMENT, NON-GOVERNMENT INTERRELATIONSHIP

Commissioners Agnos (Chairman), Fixa, Thomson, Knowles, Lowenberg, Shea

PUBLIC INFORMATION

Commissioners Thomson (Chairman), Agnos, Kimp, Lane, Ong

GENERAL PROGRAM DEVELOPMENT & PLANNING (HOUSING, FACILITIES, RETIREMENT & EMPLOYMENT )

Commissioners Lowenberg (Chairman), Armada, Ong, Peet

TRANSPORTATION

Commissioners Ong (Chairman), Fellhauer, McCabe

PERSONNEL & STAFF

Commissioners Lowenberg (Chairman), Agnos, Fixa, Kimp, Knowles, Lane, Rheiner

7/17/73

JR



doing for the seniors of the Western Addition area. He reassured them that the committee will do all it can to assist them in every way possible.

He then called upon Mrs. Edith Fried from U.C. Extension Center for Learning and Retirement. She reported that they receive no funds from U.C. for this program. They operate strictly on donations and fees. The initiators and coordinators begin free. They are attempting to form a community of people for study. They will have their first installation of officers November 30, 1973. All study is self-directed -- they are not passive learners. They can get college credit if they desire it.

Programs come from the people themselves. Sometimes they plan pre-arranged tours so that the members may see museums and other places of interest. Seniors in the group are readily accepted by the youthful members. Classes engender a certain self-confidence and a thirst for knowledge. Mrs. Fried introduced Mrs. Brewer, her co-staff person. She said that they now have 80 members, but by January will have 110. They prefer to take in 30 persons per group. They can take a maximum of 300 at their present location. She explained that they got the idea for the center from the Center for Retired Professionals in New York. There is a \$100 membership joining fee. Mrs. Brewer felt that the Commission can help in guiding and informing them of possible funding sources.

Commissioner Knowles thanked Mrs. Fried and Mrs. Brewer for their report and asked for comments and questions from the commissioners. Commissioner Armada asked whether these educational opportunities exist for the elderly who cannot afford the fees. Mrs. Brewer said that they have no other source of funds, but would be willing to work with anyone wishing to attend the school.

At the suggestion that maybe more people would attend if the fees were lowered, Mrs. Brewer said that this particular clientele prefers to pay and that at their present location they must limit the number. However, they could relocate at some future time if necessary.

Commissioner Armada suggested that they write to the governor or some federal, funding sources for financing.

There were a few comments from the public. Commissioner Knowles thanked everyone for attending. He announced a luncheon being held at 1 p.m. that afternoon by the African-American Historical and Cultural Society, at 860 McAllister Street and invited all to attend.

MEETING ADJOURNED.

JJ:be  
12-11-73



*Attachment D*

SAN FRANCISCO COMMISSION ON THE AGING

Minutes of meeting held on May 2, 1973

Meeting commenced at 9:30 A.M. in the Commission Room, Public Library.

All Commissioners present with exception of Commissioner Rev. Edward L. Peet who is in Mary's Help Hospital.

Election of officers was held. Commissioner Louis J. Freehof was elected Chairman and Commissioner John F. Fixa was elected Vice-Chairman.

It was moved, seconded and carried unanimously that no statements regarding Commission business would be released except through the Chairman of the Commission.

Bernard F. Schussel, Director, Office of the Aging, Mayor's Office, advised the Commission that he, at the request of Mayor Alioto, will serve as staff to the Commission until a budget is secured and the Commission hires an Executive Director.

A tentative set of by-laws was discussed and will be voted on at the next meeting of the Commission.

A tentative budget was discussed. Commissioner Freehof appointed the following to the Budget Committee:

Commissioner John F. Fixa, Chairman  
Commissioner Arthur C. Agnos  
Commissioner Martin A. Fellhauer  
Commissioner Mattie Kimp  
Commissioner William J. Lowenberg  
Commissioner Conard Rheiner.

Committee is to report at next meeting.

Commissioner Freehof appointed the following members to the Space Committee:

Commissioner Arthur C. Agnos, Chairman  
Commissioner Mattie Kimp  
Commissioner Elsa Lane  
Commissioner Adolfo Majewsky

It was decided to hold regular meetings of the Commission on the 1st and 3rd Wednesday of each month.

Respectfully submitted,

*Bernard F. Schussel*  
Bernard F. Schussel  
Director, Office of Aging





SAN FRANCISCO COMMISSION ON THE AGING

Minutes of meeting held on May 15, 1973

The second organizational meeting was called to order by Chairman, Louis J. Freehof, at 9:30 A.M. Tuesday, May 15, 1973 in the Exhibit Room of the Civic Center Branch of the Public Library.

Attendance was taken. Absent were Commissioner Edward Peet due to illness and Commissioner-designate Lawrence Palacios.

It was MSC that acting staff write a letter to Commissioner Edward Peet expressing their good wishes for his recovery from surgery.

Chairman Freehof designated Commissioner Conrad Rheiner as Parliamentarian of the Commission.

It was MSC that all monthly Commission meetings will have a thirty(30)minute period prior to adjournment in order that the public may be heard before all Commissioners. It was further requested that speakers prepare and forward written statements to the Commission in order that appropriate matters may be sent to the appropriate committees of the Commission.

Chairman Freehof announced that the Commission will gladly accept at any time, the names and organizations of individuals wishing to be notified of future Commission meetings. A paper asking for this information was sent around the room.

Chairman Freehof directed Mr. Schussel to determine the method of placing notices regarding Commission meetings in the official notice section of the San Francisco Examiner.

In the matter of notification by members of contemplated absences at Commission and committee meetings, by consensus it was agreed that notification should be given either by letter or by telephoning the Commission office.

It was further agreed that the parliamentarian would go over the Rules of Order in order for them to be adopted by the Commission. The rules will be again sent to each Commissioner for further study.

The proposed budget was discussed. Additions were recommended. Commissioner Fixa, Chairman of the Budget Committee, will prepare the final draft of the budget for presentation to Mayor Alioto for submission to the Board of Supervisors. As a supplemental request there was again consensus that this budget as proposed was a "bare-bones" budget to enable the Commission to become operative. It was further agreed upon that the Board of Supervisors would be informed of this so that the Commission would not be restricted in developing necessary programs by a restrictive budget. Several members of the audience were in agreement with this determination.



Committee assignments were announced by Chairman Freehof:

**TRAINING, EDUCATION & RECREATION ACTIVITIES (including enrollment of volunteers)**

Commissioners Knowles (Chairman), Majewsky and Rheiner

**NUTRITION, PHYSICAL & MENTAL HEALTH**

Commissioners Lane (Chairman), Fixa and Kimp

**INCOME/TAXATION**

Commissioners Fixa (Chairman), Knowles, Lowenberg, Majewsky,  
McCabe and Palacios

**SPIRITUAL WELL-BEING/SOCIAL ACTIVITIES**

Commissioners Fellhauer (Chairman) Kimp, Palacios, Peet & Rheiner

**SAFETY**

Commissioners McCabe (Chairman) Lane & Thomson

**GOVERNMENT, NON-GOVERNMENT INTERRELATIONSHIP**

Commissioners Agnos (Chairman) Fixa, Thomson, Knowles & Lowenberg

**PUBLIC INFORMATION**

Commissioners Thomson (Chairman), Agnos, Kimp, Lane & Ong

**GENERAL PROGRAM DEVELOPMENT & PLANNING (Housing, Facilities, Retirement & Employment)**

Commissioners Lowenberg (Chairman), Ong & Peet

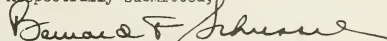
**TRANSPORTATION**

Commissioners Ong (Chairman) Fellhauer & McCabe

Mr. Schussel was directed by Chairman Freehof to seek the City Attorney's opinion on the matters of the date on which the terms of Chairman and Vice Chairman commence and in the matter of the Mayor's six direct appointees, may these members be under fifty-five (55) years of age.

Commissioner Agnos reported on the findings of the Space Committee. It was MSC that future Commission meetings will be held in Room 206, Veterans Memorial Building, Van Ness Avenue and McAllister Street. Also available is Room 104 of that building for Committee meetings.

Respectfully submitted,



Bernard F. Schussel  
Director, Office of Aging



# Attachment F

On September 14, 1973, at the request of Supervisor Peter Tamaras, the Social Service Committee of the San Francisco Board of Supervisors requested the Commission on the Aging to determine what actions need to be taken to increase food programs and make them available to San Francisco's elderly citizens. This has been the most urgent assignment given to the Commission. To carry it out the following steps were taken:

1. An all-public hearing was held on November 24, 1973, in St. Mary's Cathedral at which more than 45 agencies and organizations testified. Each group was asked to report on its food programs;

- a. The Economic Opportunity Council is attempting to make their aging program an integral part of the ten Neighborhood Service Centers program, which has approximately 1,210 seniors being served. Because of cutbacks in funding EOC has been unable to expand their senior program. They are submitting an application for the Title VII funds for a nutrition program. With the use of their facilities they intend to coordinate services for the aging on a comprehensive basis.

- b. Kimochi, Inc. - San Francisco Issei Project - provides a variety of programs and services aimed for the Japanese (Issei) elderly in San Francisco. Activities are presented bilingually in Japanese and English. They intend to begin serving trial meals through Services for Seniors and will submit an application for nutrition funding. They have an outreach component and transportation service which facilitates services to these elderly citizens.



Centro Latino, administered and directed by CYC Catholic youth is a multi-service center with a family concept serving nutritional hot lunches five days a week to seniors who frequent the center. They put that on Outreach Component to seniors, could be incorporated into their program.

Catholic Committee for the Aging was established with their main purpose of developing interest and concern on the part of Catholic people in regard to the problems and needs of the elderly. Services are rendered primarily by volunteers and through neighborhood parishes. Because of the tremendous need for good nutrition many parishes have joined together in applying for Title VII Funds.

San Francisco Council of Churches has 17 Senior Activity centers, 8 friendly visiting programs, nutrition training for elderly singles and operate Meals on Wheels Downtown. It is a delegate agency for Self Help for the Aging. Involvement with older persons its employees and clients serve some 4,000 persons each week. The Senior Plate benefits more than 1,000 persons a day and Meals on Wheels involves another 100 persons a day.

Self Help for the Aging, which provides many services for seniors, would like a nutrition program designed to meet the requirements of all elderly handicapped or shut-in on a qualitative and comprehensive level.

Self-Help for the Elderly structures its program of services according to the four general areas of needs, starting with the basic needs and gradually progressing into areas of socialization, emotional and spiritual well-being. A congregate feeding program serves one hot nutritious meal a day. Portable hot meals, two a day are delivered 7 days a week.





On Lok Day Health Center, a demonstration and research project, is an alternative to a nursing home project. Their basic concept is that physical and vocational rehabilitation is prescribed to patients according to individual needs. They also feel that health and nutrition go hand in hand and emphasize a nutritious diet. They would like a cash grant to expand their program.

Meals on Wheels serves food to homebound persons. The service pattern of this operation favors neighborhood centers where food is prepared and distributed. They provide the vital service of reaching those physically unable or have difficulty shopping or preparing their own meals. They hope to participate in Title VII programs so that they may have a permanent project, not limited by uncertain grants. They would like to see that the elderly make full use of the services so that they can remain independent.

Montefiore Senior Citizens Program of the San Francisco Section, National Council of Jewish Women, has a membership of almost 1,000. They have an outreach program that brings people to the Center. They are already in a trial program of serving meals under the Title VII program and would like to continue its service to seniors.

Retired Senior Volunteer Program has an outreach component which recruits volunteers. Some of their stations service meals to volunteers and recruit volunteers to assist with meals.

Salvation Army is an organization with programs that are multifarious. They serve the aging in many parts of the world. They have an outreach program and are linked to many other agencies. They do now serve meals under Title VII and would like to participate more fully in areas where there are meager if any feeding programs.



Mission Rebels, although known as a youth group because their Youth Component was the only part of their program formerly funded. They have, however, always been involved as a community service project. They have recently been granted funding under Title VII Funds to begin serving food to the elderly.

Lutheran Care for the Aging has an outreach program directed to the elderly living in hotels and rooming houses in the city not served by other outreach projects. They are not now directly involved with serving meals, but are hoping to participate by giving supportive services and supplement the nutrition programs in a meaningful way. They are planning to expand their transportation and escort services to take the elderly to sources of help.

Service for Seniors is deeply involved in a nutrition program. The Satellite Food Service was initiated originally in 1970 under a Title III grant from the California Commission on Aging. The grant was converted to a Title VII grant in September 1973. The nutrition program has grown from a single food site to 20 sites. They have included an outreach component in the program. They expect to add at least three new sites and increase the number of serving days.

San Francisco Home Health Service provides supervised Homemakers/Home Health Aide services to elderly clients. They have an outreach component for better utilization of resources. They do not contemplate serving meals to clients, but do offer assistance and work cooperatively with the Meals on Wheels program housed in their office. They do, however, contemplate participation in the service aspect of the Title VII program.

Haight Ashbury Health Committee are requesting Title VII funds for the Haight Ashbury Center for older people. This service component



would give employment as well as food to many senior citizens. They also feel that a good nutrition program could be an entering wedge for expansion of their services.

Hunter's Point Senior Citizen Center has an outreach component. They are currently serving a minimum number of meals due to a lack of funding. They are seeking a nutrition grant under Title VII in order to continue and expand the feeding program to meet the needs of the Hunter's Point Community.

Western Addition Senior Citizen Service Center operates on a full-time, 5-day week basis. They serve some 60 people per day and deliver another 25 to shut-ins. They are currently seeking to relocate because their present building is condemned. Their aim is to better serve the elderly of the Western Addition Area.

Mission Senior Service Center is a multi-purpose center serving the Mission Area residents, especially the Spanish speaking. They are seeking assistance in acquiring funds so that they will be able to serve the seniors of that area.

Filipino American Center, located in the Mission Area, provides many social services and activities as well as meals. They are no longer able to cover the expense of their operations and are requesting assistance in order that they may provide better and more nutritious meals.

Unless the Agency has requested emergency funding, all agencies may not have submitted any information about their program, and many agencies and organizations have applied directly to the state for funding. Many city agencies have been collecting information on food service programs, particularly the Department of Health. No single agency has been ~~able~~



able, in the absence of a comprehensive information system, to collect all of the information needed to plan and implement a food service program which could meet the many needs of San Francisco's elderly citizens.

II. The various Committees of the Commission have met with many agencies in this regard. Information has been disseminated, needs identified and requests for assistance taken under submission. These requests have resulted in support for programs and requests for appropriations in support of these programs. Many are now being considered for Revenue Sharing Funds.





NAME AND ADDRESS OF ORGANIZATION	TIME AND DAYS SERVED	COST	PHONE AND PERSON TO CONTACT
Don Kip Community House 705 Matoma St., San Francisco 94103	Start 10-3-73 Wednesdays	50¢	Mrs. Kahn 861-6801
Chinese Senior Citizens Assn 832 Kearny St., San Francisco 94108	Tues. Wed. and Thursday	Free	Mr. Lew 362-6075
Downtown Senior Center 465 O'Farrell St., San Francisco 94102	Every day - Monday thru Friday. Noon	25¢	Mrs. Bell 771-1585
Lutheran Care for the Aging 1101 O'Farrell St., S F 94109	Monday thru Friday 6 p.m.	\$1.50	Mrs. Stennum 928-7770
Kimochi, Inc. 1581 Webster St., San Francisco	Not yet May start later		
Self-Help for the Aging S.F. C.C. Lankershim Hotel 55 - 5th St., San Francisco 94103	Thru Meals on Wheels serve Mon. thru Fri. the equivalent of 3 meals a day	\$1.50	Mrs. Alma Lark 391-1590 or 771-6300
Western Addition Senior Service Center 1453 Fillmore St. 94115	Mon. thru Fri. except on holidays.	Only donations	Mrs. Cole, Sec'y 921-7030
Glide Memorial 550 Ellis Street Downstairs	Mon. Wed. and Fri 12:00 Noon	50¢	Mrs. Ida Van Rham Mrs. Frances Brown 771-0226
Salvation Army Barber Light Center 240 - 4th St., First Floor	Tues. and Thurs. 12:00 Noon	50¢	398-6156
Hamilton Methodist Church 1525 Waller Street Downstairs	Wednesday 12:00 Noon	50¢	Mrs. Dody Payne (Wed) 566-2426 (Tues) 648-8200 Ext. 355
St. Mark's Senior Citizens Club 1111 O'Farrell St., First Floor Side door - Club meets 10 a.m.-2 p.m.	Friday - Noon	35¢ to 50¢	Ms Dorothy Stezman 928-7770
S.F. General Hospital, Geriatric Psychiatric Day Activity Center 234 & Potrero - 5th Floor	Tues. - Thurs. 12:00 Noon	50¢	(Tues) 648-8200-355 Mrs. Dody Payne Thurs. Loy Veal
S.F. Senior Center 890 Beach Street - First Floor	Wednesday - Noon	65¢	Ms. Gerry Murphy Ms. Molly Dackenberg 775-1866
Chinatown Salvation Army 1450 Powell St. Downstairs (Elevator) This is a brunch program open to residents in the area.	Mon. thru Fri. 10:00 A.M.	25¢	Captain Yee 781-7360 Mrs. June Fong 433-0575
Senior Citizens Action Recreation Center 467 S. Van Ness Ave. Street Entrance	Mon. thru Fri. Noon	35¢	George Freeman 552-3870 626-0120 Mrs. Calve 9 a.m. to 3 p.m.



6/21/73

\* see report G.

FOOD PROGRAMS FOR THE ELDERLY IN SAN FRANCISCO\*Services for Seniors, Inc.Census Tract

Glide Memorial Methodist Church 330 Ellis Street (Lunch served 3 days per week)	123
Harbor Light Center 240 - 4th Street (Lunch served 2 days per week)	178
Hamilton Methodist Church 1525 Waller Street (Lunch served 1 day per week)	166
St. Mark's Senior Citizens' Club 1111 O'Farrell Street (Lunch served 1 day per week)	160
S.F. General Hospital - Geriatric Psychiatric Day Activity Center - 1001 Potrero (Lunch served 2 days per week)	228
San Francisco Senior Center 890 Beach Street (Lunch served 1 day per week)	102
Chinatown Salvation Army 1450 Powell Street (Brunch served 5 days per week)	107
Holy Innocents Mission Episcopal Church 455 Fair Oaks (Lunch served 3 days per week)	210
Martin Luther Tower 1001 Franklin Street (Dinner served 4 nights per week)	160
Western Park Apartments 1280 Laguna Street (Dinner served 5 nights per week)	159



\*Services for Seniors, Inc. (Cont'd.)

Census Tract

Soo Yuen Benovelent Association 114  
806 Clay Street  
(Lunch served 6 days per week)

On Lok Senior Health Services 107  
1490 Mason Street  
(Lunch served 5 days per week)

\* Meals on Wheels of San Francisco, Inc.

Downtown - 330 Ellis Street 123  
Sunset - 1750 - 29th Avenue 329  
Richmond - 4319 Geary Blvd. 452  
Cathedral Hill - 1668 Bush Street 151  
Mission - 455 Fair Oaks 210

(3-meal package, 5 days a week)

Booker T. Washington Senior Center 154  
800 Presidio Avenue  
(Lunch served once per week)

\* Western Addition Senior Center 159  
1453 Fillmore Street  
(Lunch served at Center 5 days per week)  
(Also, home-delivered meals available  
5 days per week)

\* Downtown Senior Center 123  
465 O'Farrell Street  
(Light lunch served 5 days per week)

\* Filipino-American Senior Center 253  
3170 Mission Street  
(Lunch served 5 days per week)

Life Line Mission 178  
917 Folsom Street  
(Dinner served 7 days per week)

Peniel Mission 176  
1010 Howard Street  
(Light supper 7 days per week)



St. Anthony's Dining Room

125

55 Jones

(Full meal served Monday - Saturday)

Anchor Rescue Mission

161

1253 McAllister

(Dinner served 5 days per week)

Salvation Army

180

1275 Harrison Street

(Dinner served 7 days per week)

Martin De Porres House of Hospitality

228

2826 - 23rd Street

(Meals served 7 days per week)

S.F. Gospel Mission

178

219 - 6th Street

(Dinner served 7 days per week)

\* Self-Help for the Elderly

114

#3 Old Chinatown Lane

(Lunch served 5 days per week)

(Also, home-delivered meals available  
5 days per week)Cumberland Presbyterian Chinese Church

113

865 Jackson

(Free food for aged, Chinese poor)

Holy Order of Man

168

20 Steiner Street

(Free food available 7 days per week)

Jewish Home for the Aged

Jewish Community Center

Jewish Community Center

\*Nominal fee charged





ATTACHMENT



COMMISSION ON THE AGING  
City and County of San Francisco

164 City Hall, San Francisco, California 94102

(415) 558-2915

BERNARD F. SCHUSSE  
Executive Director

COMMISSIONERS

RESOLUTION 1973 - 10

LOUIS J. FREEHOF  
Chairman

JOHN F. FIXA  
Vice-Chairman

ARTHUR C. AGNOS  
ARISTON ARMADA  
MARTIN A. FELLHAUER  
MATTIE KIMP  
THEODORE P. KNOWLES  
ELSA LANE  
WILLIAM J. LOWENBERG  
ADOLFO MAJEWSKY  
WILLIAM M. CASE  
GEORGE W. ONG  
LAWRENCE PALACIOS  
EDWARD L. PETT  
CONARD RHEINER  
DAVID THOMSON

EX-OFFICIO

ALFRED H. AZEVEDO  
ERWIN H. BRACE  
EFFIE ROBINSON  
CONC. SHEA  
ELEAN THOMAS  
RODOLPHINO

**WHEREAS:** the ordinance creating the San Francisco Commission on the Aging states that planning for the elderly is a function of that arm of City and County Government, and

**WHEREAS:** the San Francisco Commission on the Aging in its Resolution 1973 - 8 requesting the California Commission on Aging designate it the AREA AGENCY for the Aging for the purpose of planning, and

**WHEREAS:** San Francisco has been declared by the California Commission on Aging to be a Priority and planning Service Area for the aging because of the vast numbers of low-income and minority elderly, and

**WHEREAS:** the 1973 Amendments to the Older Americans' Act dated October 11, 1973 state that the State Agency shall give preference to established office for the Aging, and

**WHEREAS:** the San Francisco Commission on the Aging in the expectation of being the agency mainly devoted to the Aging feels it is in the best interests of all senior San Franciscans and the City to become the Area Agency on Aging and to receive funds from the California Commission on Aging for planning and programmatic purposes, and

**WHEREAS:** the California Commission on Aging has delayed designating an Area Agency on Aging, thus delaying the planning process for the Older Americans of this Community, and

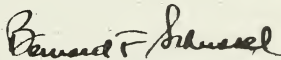
**WHEREAS:** there is a deadline to be met for the filing of applications designated as an Area Agency on Aging,



**THEREFORE:** be it Resolved that the Honorable Board of Supervisors urge the California Commission on Aging to designate the San Francisco Commission on the Aging as the Area Agency on Aging in order to do the necessary job for our Older Americans.

Further Resolved that a copy of this resolution be sent to local, state and federal officials requesting them to take cognizance of the urgent need to designate the San Francisco Commission on the Aging as the Area Agency on Aging in order that there be no further delays which threaten the continuation of a sound planning process for the Older Americans of San Francisco by the only established public agency created unanimously by the Board of Supervisors to advocate, plan and develop programs for the elderly in San Francisco.

Louis J. Freehof  
Chairman

  
Bernard F. Schussel  
Executive Director

November 19, 1973



# Resolution

By the Honorable Leo T. McCarthy, 19th Assembly District; and  
the Honorable John F. Foran, 23rd Assembly District

## RELATIVE TO COMMENDING MR. LOUIS J. FREEHOF

WHEREAS, Mr. Louis J. Freehof, attorney, author, professor of law and sociology, Executive Director and Manager of the Sinai Memorial Chapel, and President of the Jewish Funeral Directors of America, is deserving of special recognition and the highest commendations for his charitable works throughout the San Francisco community and especially with the San Francisco Commission on the Aging; and

WHEREAS, Mr. Freehof, a native of Baltimore, Maryland, attended the University of Maryland, Columbia University, and the University of Chicago, practiced law in Maryland, Illinois, and Colorado, and came to San Francisco in 1946 to accept the post of Executive Director of Temple Emanuel; and

WHEREAS, He was the first Chairman of the San Francisco Commission on the Aging, and he guided the commission through the difficult first year of establishment of a budget and selecting a staff and the standing committees; and

WHEREAS, Under Mr. Freehof's leadership, the commission solved a number of crises facing the elderly, established a revenue-sharing task force to assure the elderly its fair share, and held the first day-long hearings to give the elderly a voice in city government; and

WHEREAS, He serves on practically every Jewish board in San Francisco, including his positions as Vice President of the Jewish National Fund, and President of Shaare Zedek Hospital in Jerusalem; now, therefore, be it

Resolved by the Assembly Rules Committee. That the Members commend Mr. Louis J. Freehof on his exemplary record of diligent and devoted community service and particularly his efforts on behalf of the elderly of San Francisco; and be it further

Resolved, That the Chief Clerk of the Assembly transmit a suitably prepared copy of this resolution to Mr. Louis J. Freehof.

Resolution No. 25

Approved by the Assembly Rules Committee

By

*John L. Burton*  
John L. Burton  
Chairman

Subscribed this 25th day of January, 1974

*Bob Moretti*  
Bob Moretti











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*City and County of San Francisco*

# **Commission on the Aging**



## **ANNUAL REPORT**

JANUARY 1, 1977, TO JUNE 30, 1978

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DOCUMENTS DIV.  
7, PUBLIC L.

The Charter of the City and County of San Francisco, and the ordinance creating the San Francisco Commission on the Aging require an annual report of SFCOA activities. However, this particular report covers an 18-month period, (as indicated on the cover,) because of the fact that Federal funding covered this longer period in order to cover the SFCOA operational change from calendar to City/County fiscal year. This report covers programs reflected in the Year IV Plan. Henceforth, the SFCOA will be operating on a local fiscal year, July 1 through June 30.

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## CHAIRPERSON'S ANNUAL REPORT TO THE COMMISSION ON THE AGING

As Chairperson of the San Francisco Commission on the Aging, I wish to submit my annual report to the Commission at this time. The formal annual report of Commission activities for the fiscal year follows:

My report is a summary of events that have taken place in our past year together. I need not belabor the happenings, structurally and politically, that have taken place during my period as your Chairperson. I think we may take pride in having recognized our own weaknesses and requesting a restructuring of our Commission. I believe that the Commissioners welcome with me the changes forthcoming in a revised ordinance, even though not as recommended by a majority; and also welcome the hiring of a new Executive Director. I strongly believe, as you know, that this new structure will create a more efficient and more representative agency, better able to serve members of our older community, particularly as the structure relates to district representation of our Senior Community Advisory Council and to its restructuring as a grass-roots benefit.

On the other hand, I feel that we, as Commissioners, can be proud of our accomplishments in the past 18 months.

A major alliance between the Commission and the elderly is the Senior Gold Card Program, and this year we reached an important milestone in issuing the 20,000th Gold Cards in August, 1977. The new plateau goal is 40,000 cards, still a lengthy distance from reaching more than 145,000 persons, 60 years and older, in our community. Our Information and Referral Service, one of the best in the State, will continue to work on this program. As indicated in the Year V Plan, we also will attempt to increase the number of local merchants offering discount products and services for the elderly, an expansion from the current 600 contributors to at least 1500.

Our Housing Referral Program has expanded to help more and more of our senior citizens to find suitable lodgings and to solve their housing problems.

Our contract program with Title III Funds has been sustained in the past year and, happily, has been expanded, re-enforced and brought under greater auditing and reporting control. It is significant that our program has added transportation and legal services under its umbrella during this past year. The legal service program is new and innovative and will be evaluated by the standard of service units. The transportation program, although still fraught with problems, is a positive step in the right direction. Careful monitoring on our part, along with supportive help from the State and the contracting organizations, I feel sure, will improve this program. Additionally, six sub-contractors have been added to our list of supportive efforts, these in behalf of peer counseling and health maintenance.

We and our staff have further contributed to the senior community through solicitation and direction of Title V Fund for capital improvements for multi-purpose senior centers, and of Title IX Funds for employment opportuni-



ties for the elderly. Through Commission committee action and staff solicitation, we have also made a significant recommendations for the one-time expenditure of City/County Parking Tax Funds, all for the benefit of older persons.

Staff efforts have led to a trial program of providing week-end meals to those older individuals using our Title VII nutrition sites for meals five days a week.

In our fifth year of existence, our fourth as the State-designated Area Agency on the Aging, I feel we can be proud of advancing the cause of the elderly. We need merely to look at the records of our standing and special committees, the actions that followed their recommendations, our significant role in advocacy and our expansion of direct services.

Despite many formidable obstacles, I know that I -- and each of you, as individuals and we, as a group -- can be proud of our achievements this year and will look forward to continuing our service to the elderly of San Francisco.

I would like to close by reiterating what I said to you on May 3rd, that all of these major accomplishments could not have been achieved without the dedication and participation of each of you or without the tenacious, hard-working and highly skilled staff of this Commission. I would like to close with an expression of my gratitude to members of the Commission and to the active and helpful members of the Senior Community Advisory Council.

  
Maurice Lipian, Chairperson





SERVICES PROVIDED BY OR THROUGH THE COMMISSION ON THE  
AGING DURING THE REPORTING PERIOD



### TITLE III FUNDING UNDER THE OLDER AMERICAN ACT

The Commission on the Aging administered Title III funds totaling \$1,143,715.00 during the 18-month reporting period.

These funds, in support of agencies offering direct services to the elderly, were allocated to local sub-contractors, plus one agency serving as an extension to the Commission's direct-service Information and Referral organization. In addition to continuing support of existing programs, the Commission was able to provide Title III funds to three important new services: legal aid, health maintenance and peer counseling. The first two services were provided through single agencies, while peer counseling funds were granted to three organizations.

Title III program categories funded for direct services to the elderly were as follows:

Information and Referral supplement, 1 agency.....	\$ 13,231.
Legal assistance and services, 1 agency.....	31,700.
Health maintenance, 2 agencies.....	11,778.
Neighborhood Centers, 6 agencies.....	79,051.
Nutrition support, 13 agencies.....	227,929.
Outreach services, 6 agencies.....	115,326.
Peer counseling, 3 agencies.....	37,111.
Specialized recreation, 1 agency.....	5,000.
Transportation services, 1 agency.....	140,951.
Week-end recreation, 4 agencies.....	29,844.

Total                      \$ 691,921.

The remainder of the funds were used to carry out Federally mandated activities -- planning, coordination, pooling and tapping of resources, plus direct I&R services.

Following is a list of sub-contractors supported by Title III funds:

Bayview-Hunters Point, Outreach  
Canon Kip Senior Center, Outreach  
Canon Kip Operation Transport, Transportation  
Catholic Community for the Aging, Outreach  
Council of Churches Senior Neighborhood Centers  
Council of Churches, San Francisco/United Jewish Community Centers, Outreach.  
Council of Churches, Outreach  
Haight-Ashbury Family Health, Outreach  
Haight-Ashbury Senior Services, Weekend recreation  
Hebrew (Jewish) Home for the Aged/Disabled, Nutrition Support  
Kimochi Kai, Inc., Nutrition Support  
Los Mayores Sr. Citizen, Nutrition Support  
Meals on Wheels, Nutrition Support  
Mission Neighborhood Center, Nutrition Support



North of Market Health Council, Nutrition Support  
St. Teresa Catholic Church, Weekend recreation  
Salvation Army Sr. Activities Center, Nutrition Support  
Salvation Army Drop-in Senior Center, Neighborhood Centers  
San Francisco Center (Downtown), Nutrition Support  
San Francisco Suicide Prevention Bureau, I&R supplement  
Self-Help for the Elderly, (Weekend Recreation & Fishing Prog.) Week-  
end Recreation.  
Self-Help for the Elderly, Nutrition Support  
Self-Help for the Elderly, Outreach  
United Jewish Community Center (Montefiore Sr. Ctr.), Nutrition Support  
United Jewish Community Center (Montefiore Sr. Ctr.) Nutrition Support  
Visitation Valley Community Center, Weekend recreation  
YMCA, San Francisco (Central Branch), Nutrition Support  
YMCA, San Francisco (Mission Branch), Nutrition support  
YMCA, San Francisco (Stonestown Branch), Capital Expenditure (Multi-  
Purpose Senior Center)  
YWCA of San Francisco (Downtown Center), Neighborhood Center  
American Jewish Congress, Legal Assistance & Services  
Bayview-Hunters Senior Center, Peer counseling  
City & County of San Francisco Dept. of Public Health, Maintenance of  
Health  
Hebrew Home for the Aged/Disabled, Peer counseling  
United Jewish Community Center-Montefiore Sr. Center, Peer counseling  
University of California/San Francisco Hospitals & Clinics, Peer counseling  
YMCA, Can Francisco (Stonestown Branch, Maintenance or Helath



## TITLE V CAPITAL IMPROVEMENT FUNDS FOR MULTI-PURPOSE SENIOR CENTERS

In two cycles of funding during the reporting year, the California Department of Aging allocated \$237,380 in capital improvement funding for multi-purpose Senior Centers in the San Francisco AAA area.

Regulations for Title V funds require the local Area Agency on the Aging to disseminate requests for proposals, prioritize those requests and submit recommendations to the State.

Funds are provided for alteration of existing structures or construction of new facilities, site and building acquisition and other equipment and improvement costs at Senior Centers.

During the two cycles of Title V funding, the following projects were recommended to the State:

Bay Area Coalition of Koreans.....	Capital Equipment
Bayview-Hunters Point Non-Profit	
Community/Crispus Attucks Club.....	Capital Equipment/ Renovation/Acquisition Startup Equipment
Filipino-American Senior Center.....	Renovation/Equipment
On Lok Senior Health Service.....	Alteration
San Francisco Park & Recreation Department(Golden Gate Senior Center).....	Equipment
Self-Help for Elderly.....	Renovation/Equipment
United Jewish Community Centers/McIntefiore.....	Equipment/Alteration
Urban Indian Health Board.....	Equipment
YMCA of San Francisco (Outer Mission Branch).....	Alteration/Renovation
(Stonestown Branch).....	Capital Equipment/ Alteration (Acquisition of Startup Equipment)





## TITLE IX FUNDING UNDER THE OLDER AMERICAN ACT

Administration of these funds through the Commission resulted in the employment of seven older citizens. This effort involved staff and field training and placement of these individuals at agencies serving the elderly. At agencies throughout the city, these workers served in information and referral direct services and from centers as the Mayor's Assistance Center, Southeast Health Center, Downtown, YMCA, Food Advisory Service, etc.

## TITLE VII SUPPORT, IN ADDITION TO TITLE III NUTRITION ASSISTANCE

The Commission arranged, in a private negotiation with McDonald's Restaurant Chain, to expand the State-administered Title VII nutrition program to low-cost week-end breakfasts for all the elderly who dine at the Title VII nutrition sites five days a week. This program, initiated within the reporting year, was launched at the start of the new fiscal year, with results and possibility of extension to be reported.

## TRAINING ACTIVITIES IN YEAR IV

Training activities, directed primarily to providers of services to the elderly, included 21 sessions, with an average attendance of 75 at each class. The training sessions, emphasizing help to service providers but also open to the public, were held in cooperation with the Pacific Heights Center of San Francisco Community College District, the Barristers Club of San Francisco, Catholic Committee for the Aging, Family Service Agency and Mt. Zion Geriatric Services.

Classes were offered, at no charge to the participant, and provided training on 21 subjects, ranging from wills and probate and tenant-landlord relations to the emotional problems of later life, body awareness and music and dance movement for older adults.

In addition, a free film loan service was established, expanding to 10 films on aging, available, along with compatible video equipment, to agencies serving the elderly.



## SPECIAL ALLOCATION OF CITY/COUNTY PARKING TAX FUNDS

Through cooperation with the Board of Supervisors and the Mayor's Office, city/county income from the annual Parking Tax Fund was allocated at year's end to services for the elderly population -- a fund totaling \$1,311,596.00 administered by the Commission on the Aging.

Announcement of the decision to allocate these funds to seniors' needs was followed by the Commission's standard request for proposals, evaluation, COA Committee consideration, prioritizing and final Commission recommendations to the Board of Supervisors.

The resulting action was a series of contracts issued to 34 service providers. Programs to be supported with these parking tax funds include outreach and counseling, nutrition program services, week-end meals, housing feasibility studies and actual housing rental and construction costs, purchase of capital equipment for senior centers, senior club operational costs, recreation, in-home health care, adult day-care programs, escort services, informational services, aid to visually handicapped seniors, discount mini-market operation and others.

In addition to the following list of contracts administered by the Commission on the Aging, direct allocations were made by the Board of Supervisors to Project SAFE and the Department of Social Services for matching funds under a Title XX program.

### PARKING TAX CONTRACT AWARDS ADMINISTERED BY THE COA:

Bayview-Hunters Point -- Staff expansion for Senior outreach programs.

California League for the Handicapped -- Program support for visually handicapped Senior Citizens.

Canon Kip Community Center -- Expand outreach, nutrition support, plus purchase of equipment, furniture for senior center.

Carina, Inc -- Underwriting rent cost for 10 senior residential units.

Church of Advent -- Week-end nutrition period.

Crispus Attucks -- Support of senior club operation.

Economic Opportunity Council -- Week-end meal voucher system.

Filipino-American Council -- Meal service 5 days per week.

Food Advisory Service -- Administration of 48 mini-markets for low-cost food for the elderly.



Garden Sullivan Hospital -- Exercise equipment, fire sprinkler system, equipment for senior day health program.

Haight-Ashbury Senior Services -- Senior program continuation.

Hebrew Home for the Aged -- Adult day-care program support.

Kimochi, Inc. -- Board and care for Japanese elderly, plus equipment.

Los Mayores de Centro Latino -- Food purchase for meal service.

Meals on Wheels -- Expansion of program to deliver meals to home-bound seniors.

Mission Neighborhood Center -- Homemaker, escort service for seniors in the Mission.

Mt. Zion -- Medical screening and referral for elderly citizens.

Native American Senior Center -- Staff and equipment expansion for meal service to the elderly.

North of Market Health Council -- Medical outreach and recreational program expansion.

OMI Community Association -- Operation costs for vans to transport seniors to medical, dental appointments.

On Lok -- Construction aid for subsidized housing for seniors.

Realty House West -- Room rehabilitation for senior hotel residents.

Russian-American Senior Services -- Support of bi-lingual social worker.

Salvation Army -- Capital improvements to senior access to activities center, plus nutrition support.

S.F. Council of Churches -- Expansion of nutrition and outreach programs.

SF. Home Health -- Outreach program expansion for in-home services.

S.F. Senior Center -- Purchase of needed equipment.

S.F. YMCA -- Program expansion at Central, Outer Mission and Stonestown branches.

Self-Help for the Elderly -- Support for outreach, counseling and week-end meal programs.



Stebbins Foundation -- Planning/feasibility funds for development of low-cost housing for seniors north of market.

Telegraph Hill neighborhood Center -- Trips to special senior events.

United Jewish Community Center -- Capital improvement underwriting for Montifiore Senior Center: RSVP craft house support.

Visitation Valley Community Center -- Senior transportation equipment operating support.

Western Addition Senior Center -- Outreach, nutrition support.





## OTHER SERVICES FOR SENIORS

In its Crusade on Crime program, the Commission initiated an innovative Early Alert program, in cooperation with the U.S. Postal Service. Under this program, letter carriers make daily note of elderly persons who fail to pick up their mail and convey the fact to the COA, which then starts a chain of emergency steps to learn if the individual is in trouble at home. The program, presented by COA staff at a San Francisco convention, was unanimously endorsed by the National Association of Letter Carriers. The program, launched on an experimental basis, is scheduled for expansion in the coming year.

Under a one-year program, the Commission on the Aging recruited, trained and placed 15 elderly VISTA volunteers in outreach activities in Senior Centers and in neighborhoods particularly beset by problems such as crime against the older citizen. In addition to day-to-day direct services to older individuals, especially in the Tenderloin, these volunteers offered such assistance as issuing Senior Gold Cards at Senior Centers. Working out of places where senior congregate, these volunteers offered escort, shopping help and general services to the elderly in all areas of the city.

With the cooperation of the American Conservatory Theater, MUNI, the police department, the American Red Cross and, particularly, Friends of A. C. T., the Commission again sponsored the annual "Christmas Treat," a holiday variety presentation at the Geary Theater. The event was attended this year by a full house of more than 1500 elderly citizens.



INFORMATION AND REFERRAL SERVICES



## INFORMATION AND REFERRAL SERVICES

The Commission on the Aging provided information and referral to the elderly community on a 24-hour basis, seven days a week. The Commission itself responds to these calls and makes referrals on regular working days, 9 a.m. to 5 p.m. A Title III subcontractor handles the calls from 5 p.m. to 8 a.m. daily, including Saturdays, Sundays and holidays.

A milestone was achieved at the beginning of the fiscal year, when the I&R Service issued the 20,000th Senior Gold Card. These cards entitle the bearer, 60 years of age and older, to discount merchandise and services from more than 600 merchants in the city. As did the Gold Card roster, the contributing merchant list continued to grow. At year's end, the Gold Card list was approaching 30,000. The Gold Card is issued at the Commission offices on presentation of proof of age. Senior 65 years of age and older also may receive a MUNI identification card, which enables them to take advantage of the special Senior bus and street car discount fare.

I&R also expanded its program of housing referral, serving to help the elderly citizen find suitable housing and relocation.

During the reporting year, the I&R service responded to 173,785 contacts, including telephone and in-person requests. Of these, 23,792 required follow-up calls for information by the I&R staff.

Documented in the attached fiscal year report, Information and Referral Services covered such diverse services as consumer protection, education, employment (with 393 individuals placed in jobs), environmental health, family and financial problems, food, government services, housing (with 757 placements), insurance, law enforcement and legal problems, medical problems, recreation services, Social Security/SSI and Medicare/Medi-Cal problems, transportation, problems with pets, volunteerism, distribution of literature and the issuance of MUNI I.D. cards (4542) and Senior Gold Cards (13,930).

Toward the end of the reporting period, the Commission on the Aging I&R staff contributed to a series of meetings by the San Francisco Center for Collaborative Problem Solving, studying the feasibility of transferring the I&R service for the elderly to a private, non-profit or other service agency in the community. This multi-meeting project, involving major providers of services to Seniors, resulted in the recommendation that the basic I&R service remain with the Commission on the Aging.



# SAN FRANCISCO COMMISSION ON THE AGING

January 1, 1977 - June 30, 1978

TOTAL NUMBER OF INCOMING INQUIRIES:

173,785

TOTAL NUMBER OF COLLATERAL INQUIRIES MADE:

23,792

<u>Info.</u> <u>only</u>	<u>Referral</u> <u>Contacts</u>		<u>Info</u> <u>only</u>	<u>Referral</u> <u>Contacts</u>	
189	4	Clothing	4052	1055	Legal
765	173	Consumer Protection	0	0	Life/Death Emergenc
0	0	Disasters	1999	871	Medical
1635	299	Education	2810	2269	Recreation
3046	804	Employment <u>393</u> Placed	659	208	Soc.Security/SSA
450	191	Environmental Health	586	211	Medicare/Med-Cal
214	53	Family	3693	1874	Transportation
2594	782	Financial	1728	4542	MUNI I.D.
1548	15564	Food	79	47	Veterinary
386	132	Government	713	263	Volunteerism
384	169	Household Essentials	8987	13950	Gold Cards
1909	572	Homemaker/Chore	2973	27734	Senior Services Dir
7316	2830	Housing <u>757</u> Placed	625	188	Well Persons
457	104	Insurance	5959	00	Literature Distr.
2471	221	Law Enforcemnet	11407	5473	Others





## COMMISSION ON THE AGING'S ROLE IN ADVOCACY FOR THE ELDERLY

Advocacy, to all levels of government -- administrative and legislative -- as well as to the private sector, is an important mandate of the Commission on the Aging under the Older Americans Act. This mandate was served on an expanded basis during the reporting period, Year IV.

TECHNIQUES for advocacy involved Commission and staff efforts in meetings, workshops, conferences, discussions and liaison with legislators, public officials, service providers, senior organizations and centers in San Francisco, Sacramento and Washington D.C.

LOCALLY, advocacy efforts were coordinated with the Mayor's office, the Board of Supervisors, Community Development Agency, Redevelopment Agency, Planning Commission, Public Utilities Commission, MUNI, S.F. Retirement Board, Civil Service Commission, Human Rights Commission, Community College District, private housing developers, consultants and real estate brokers, and many private service providers and non-profit organization.

STATE AND FEDERAL -- The COA also extended advocacy efforts through work with the California Department of Aging, California Housing and Community Development Agency, the U.S. Administration on Aging, HEW, the Department of Housing and Urban Development, CETA, and the Social Security Office. The Commission also worked with such advocacy groups as the National Council of Senior Citizens, Congress of California Seniors, Western Gerontological Society, Grey Panthers, California Legislative Council of Older Americans, American Association of Retired Persons, California Specialists in Aging, Coalition of Agencies Serving the Elderly and Action for Better Living for the Elderly.

Following is a capsulation of the advocacy actions of the Commission on the Aging during the reporting year:

### IN SAN FRANCISCO

- \*Aid in setting up a one-time Parking Tax special senior fund, with special emphasis on administration of contracts under the COA administration.
- \*Advocacy on Planning Commission guidelines to protect elderly tenants in condominium conversions.
- \*Support of legislation to ban real estate speculation.
- \*Opposition to Hastings Law School expansion because of resulting relocation of low-income seniors from their residences.
- \*Advocacy of more low-cost housing in the Yerba Buena plans.
- \*Advocacy for lifeline rates in trash collections and sewer services.



\*Efforts to encourage sponsors of cultural events to provide low-cost tickets to Seniors.

\*Encouragement of private non-profit groups to undertake construction of low-rent housing for the elderly, and advocacy of expanded rental assistance programs for Seniors.

\*Encouraged the expansion of non-credit secondary classes for older persons.

\*Work with planning groups to increase State Title XX allocation of funds for the elderly.

\*Activities to encourage the Department of Social Services to recruit and screen individuals available for in-home services to the aged.

\*Active support of the Jewish Welfare Federation's proposal to establish a senior housing project in the city.

\*Support for re-funding of Meals-on-Wheels program, in the face of loss of support from the Health Department.

\*Local activities regarding a Senior park in Visitation Valley, the crisis at the Post Street nursing home facility, and the employment of elderly persons as teachers and lecturers by the Community College District.

#### ON THE STATE LEVEL

In the arena of State legislative and administrative activities, the Commission and staff were vocal in these areas:

\*Elimination of mandatory retirement.

\*A pilot program for Adult Day Care Centers.

\*Creation of Multipurpose Senior Service Projects.

\*Nursing home reform measures.

\*Tax reform and renters' relief.

\*Legal services for the elderly.

\*Increased coordination of services to Seniors.

\*Improvement of the quality of health services for Seniors.

\*Increase in wages paid to home workers, chaperpersons.

\*Requirement of gerontological training for medical students.



- \*Stronger authority of the California Department of Aging.
- \*Opposition to the outlawing of local rent control measures.
- \*Protection for Seniors in and out of institutions, and creation of a licensing authority for "Residential Care Facilities."
- \*Opposition to distribution of surplus funds through non-profit organizations because of inadequate standards and liability protection.
- \*Support for centers to assist elderly victims and witnesses.
- \*Support for a statewide nutrition policy for the elderly and increases in Title VII funds for meal sites.
- \*Advocacy for legislation to outlaw age discrimination in all state programs.
- \*Support of efforts to encourage construction of low-cost housing and to increase the effectiveness of the State Housing Finance Agency.

#### ON THE FEDERAL LEVEL

- \*Support for legislation to expand legal services to the elderly.
- \*Support for the Housing and Community Development Act to expand and strengthen Section 202 low-cost housing and Section 8 rental subsidies.
- \*Endorsement of laws to ban mandatory retirement based on age.
- \*Backing of legislation to increase security systems in public housing projects.
- \*Support amendments of Social Security legislation to improve SSI benefits and to utilize general revenues for the Social Security Trust Fund.
- \*Support for maintenance of the Retired Senior Volunteer Program against proposed funding reductions.
- \*Inputs to U.S. Civil Rights Commission hearings on age discrimination in Federal programs.
- \*Inputs and proposals to Urban Development Action Grant programs for housing assistance to the elderly.
- \*Participation in the HUD-sponsored Citizens Forum on Urban Growth.



SAN FRANCISCO SENIOR COMMUNITY ADVISORY COUNCIL





#### YEAR IV ACTIVITIES OF THE SENIOR COMMUNITY ADVISORY COUNCIL

This Council, established under the Older American Act and originally created by a COA-sponsored election in the five San Francisco Public Health Districts, continued its advisory activities through the year, with district meetings of the 150 elected members, five district captains reporting to a panel of officers and a directive executive committee.

Monthly district meetings resulted in reports to a general meeting of the Advisory Council, which, in turn, presented a monthly report to the Commission on the Aging.

Advisory Council participation in COA committee meetings and COA general meetings was extensive, with particularly active participation in current actions, preparation of objectives for Year V and consideration and approval of the Year V plan.

Special grass-roots efforts of the Advisory Council during Year IV included a campaign, in cooperation with the Municipal Railway and the Police Department in keeping bus stops clear of illegally parked vehicles and insisting that buses stop at curbside for easier boarding and exit for elderly riders.

Special attention also was paid to lifeline utility and service rates for Seniors, with particular emphasis on advocacy for water/sewer and trash pick-up rates.

The Senior Community Advisory Council was especially active in consideration by the Board of Supervisors on re-structuring the Commission on the Aging and the Advisory Council itself. The Council, at year's end, remained active and vocal in its concerns over an amended ordinance adopted by the Supervisors. (See section on Commission re-structuring in this report.)

Just before the end of the fiscal year, Council President William H. Pryor relinquished his position, and a new panel of officers-elect was designated, to be headed by W. Earl Cranshaw.



YEAR V PLANNING ACTIVITIES



## PLANNING AND RESEARCH FOR YEAR V AND LONG-TERM SERVICE TO SENIORS

As part of a Federally mandated requirement to base programs on preliminary planning, the Commission's Staff Planner directed the work of five CETA workers, employed under a one-year program, in conducting extensive research and taking important steps toward assessing the needs of San Francisco's 145,000 elderly.

A needs assessment was conducted both by interview and by mail of the users of services to the older citizen. In conjunction with this assessment, a list of Commission on the Aging objectives was established and prioritized through COA committee meetings, district public hearings and through the Commission itself, with prioritizing inputs from the Senior Community Advisory Council.

From these activities, a Year V plan for the San Francisco Area Agency on Aging was developed, approved by the Commission and the Advisory Council, and submitted to and approved by the State Department of Aging.

Data collected during the Year IV research and planning program is currently being applied to a long-range plan for the Commission's program of service to the elderly.



RE-STRUCTURING OF THE COMMISSION AND THE SENIOR ADVISORY COUNCIL





## COMMISSION, ADVISORY COUNCIL RE-STRUCTURING DURING YEAR IV

At the initiative of the Commission on the Aging and with the support of the Office of the Mayor, the Commission and Senior Advisory Council were re-structured by amendment to the Board of Supervisors' authorizing ordinance.

During Year IV, the Commission held seven public hearings at conveniently located facilities in each of the five Public Health Districts, plus a final city-wide public hearing at Civic Center, attended by 250 individuals. A total of 90 individuals made presentations at these eight hearings.

The chair was open to all viewpoints on how best to re-structure the Commission and Advisory Council, including an audit by the Supervisors' Budget Analyst, a special study by the Levi-Strauss Foundation, and suggestions from State Legislators and the Mayor.

As a result of the testimony taken and a subsequent Supervisor Committee public hearing, an ordinance was introduced to the full Board, later modified by an amendment of the whole and passed by a majority of the Supervisors.

The amendment to the authorizing ordinance calls for a commission of 13, 2 appointed directly by the Mayor, 11 appointed by the Mayor on the recommendation of one each by each of the 11 district Supervisors.

Re-structuring of the Senior Community Advisory Council under the amended ordinance calls for the appointment of 11 members and 11 alternates, each member and alternate to be appointed by the district's respective Supervisor and to be charged with organization of a grass-roots district council to meet regularly and interpret the needs of the elderly community on a local basis.

In addition, the re-structuring ordinance amendment mandated a Technical Advisory Council, to serve the Commission on the Aging, as required. This Council is to consist of heads or delegates of major City Departments serving the Senior community.

At the end of the fiscal year, Supervisors were active in nominating candidates for both the Commission and the Advisory Council, and the new Commission was scheduled to be installed by the end of the second month of Year V.

During Year IV, the existing Commission made a nationwide search for a new permanent Direct, Aging Programs, to take over the duties of an interim director appointed by the Mayor, the latter serving from October to July. The new permanent director, a gerontologist from Syracuse University in New York, assumed his duties on July 3.



FINANCIAL STATEMENT



SCHEDULE OF EXPENDITURES FOR EIGHTEEN MONTH PERIOD  
COVERED BY THIS ANNUAL REPORT (1/1/77 - 6/30/78)

TITLE III (FEDERAL FUNDS)

BUDGET CATEGORY

18 MONTH EXPENDITURES

Personnel Services & Fringes	\$ 358,920.
Travel	9,533.
Equipment & Supplies	20,972.
Other Costs	62,369.

SUB CONTRACTS:

Information & Referral	13,231.
Outreach	115,326.
Transportation	140,951.
Nutrition Support	227,929.
Specialized Recreation	5,000.
Weekend Recreation	29,844.
Neighborhood Centers	79,051.
Legal Services	31,700.
Health Maintenance	11,778.
Peer Counseling	37,111.

Total Title III	<u>\$1,143,715.</u>
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TITLE V (FEDERAL FUNDS)

Funds awarded to various Senior Centers by California Department of Aging for equipment and Capital improvements upon recommendation of the Commission on Aging	\$ 237,380.
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TITLE IX (FEDERAL FUNDS)

For employment of low income persons, fifty-five years or older, as part time as senior resource persons	\$ 32,000.
--	------------

CITY FUNDS (18 MONTH PERIOD)

Ad Valorem

Personnel & Fringes	\$120,695.
Other Costs	<u>13,724.</u>



Parking Tax Funds

FY 77-78 Parking Tax  
funds utilized to fund 34  
agencies providing a variety  
of services to the elderly  
of San Francisco

\$1,311,596.

RECAP OF EXPENDITURES 1/1/77 - 6/30/78

FEDERAL FUNDS (18 Months)

Title III (Planning, Administration,  
Coordination and Pooling & Tapping  
& Information & Referral)

\$451,794.

Title III (Sub-contracting  
of Direct Services)

691,921.

Total Title III

1,143,715.

Title V

237,380.

Title IX

32,000.

Total Federal Funds

\$1,413,095.

CITY FUNDS (18 Months)

City Ad Valorem matching funds  
Parking Tax Funds (77-78)

134,419.

\$1,311,596.

Total City Funds

1,446,015.

Grand Total

\$ 2,859,110.





## APPENDIX



OBJECTIVES OF THE COMMISSION ON THE AGING AS DEFINED IN  
COUNTY ORDINANCE Section I, Chapter 5, Article V,  
sections 5.50 through 5.54, establishing the San  
Francisco Commission on the Aging.

The ordinance creating and governing the San Francisco Commission on the Aging mandates and provides the power and duty to:

Develop broad policy goals in dealing with the problems of the aged and aging.

Subject to charter fiscal provisions, receive funds from public and private sources for programs related to the aged.

Prepare and disseminate educational and informational material in areas such as housing, medical care, recreation, transportation, referral services, etc.

Review proposed local, state and federal legislation affecting the elderly.

Act as the area planning agency for the elderly.

Conduct operations in public meetings.

The above is a summary of the existing ordinance which mandated SFCOA direction and performance in the 18-month reporting period. In addition to meetings of the SFCOA and its Senior Community Advisory Council, the SFCOA conducted monthly standing committee meetings, addressing essentially special needs and interests of older San Franciscans, such as transportation, nutrition, housing, health, training, education, recreation, safety, information, referral and other services of meaning to the elderly community.

Basic objectives of the SFCOA are to guide, by careful planning, the expenditure of available funds under the Older Americans Act. through the California Department of Aging:

To best provide direct services and, through sub-contractors, public and private agencies serving this population group, the broadest range of services to the elderly.

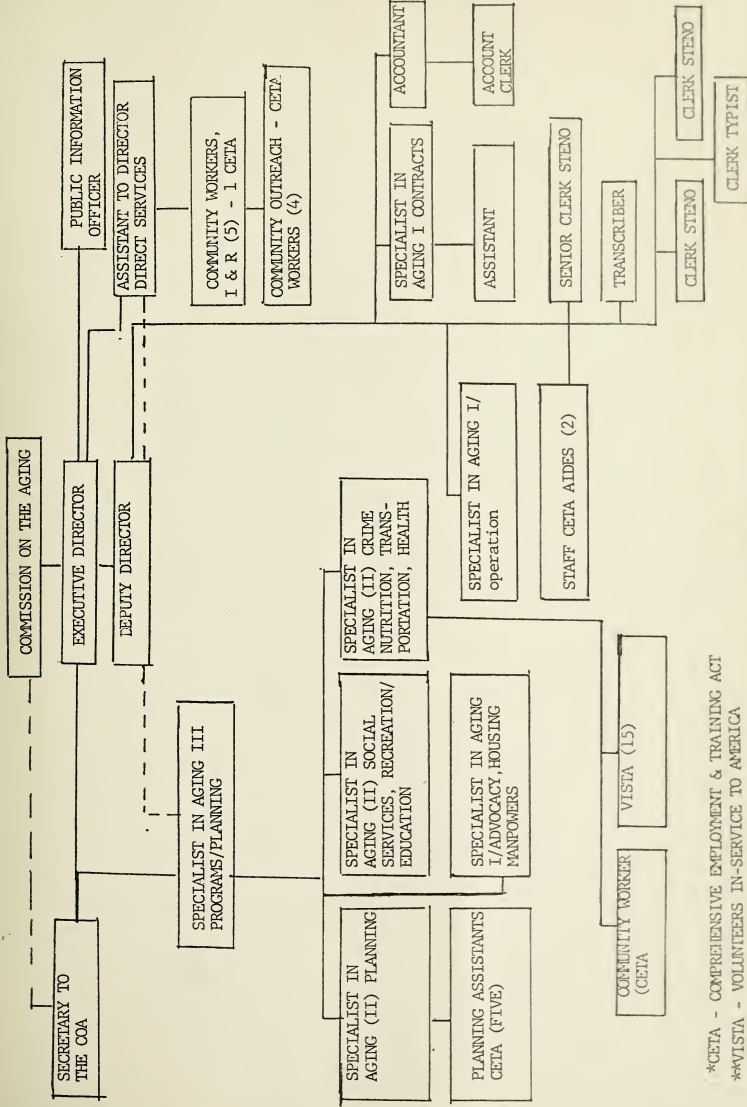
To coordinate the activities of provider agencies to produce the least possible duplication.

To develop year-to-year plans and long-range plans for service to the elderly.

To provide information and referral service to a maximum number of the subject community.



## ORGANIZATION CHART











SF  
A40  
# 2  
7/1/78—  
6/30/79

*City and County of San Francisco*

## **Commission on the Aging**



## **ANNUAL REPORT**

JULY 1, 1978 TO JUNE 30, 1979



## REORGANIZATION

During the fiscal year, the Commission on the Aging was reorganized, by amendment to the City/County Administrative Code.

Principal feature of this reorganization was Commission representation by Supervisorial District, with each District Supervisor nominating an individual 55 years of age or older and the Mayor appointing these district members, plus the Mayor appointing directly two Commissioners at large. During the transition period, the previous 23-member Commission continued to serve. The new Commission was in place by November 6 of 1978 with the exception of two appointments which were made later in the year.

At the same time, under the amended ordinance, the Advisory Council was reorganized from a membership of 150 to 11 members, one member from each supervisorial district, with 11 alternates, all appointed by the Supervisor representing the district. By year's end, two members and two alternates remained to be appointed. The amended ordinance charges each Advisory Council member to establish an active grass-roots District Council for the purpose of making recommendations to the Commission. This activity was still in progress at the end of the year.

In addition to the above, a Technical Advisory Council was appointed to assist the Commission on the Aging. This council consists of representatives from seven City/County departments providing services to the elderly.

Two standing Commission committees were created -- The Program Planning, Development and Budget Committee, and the Administrative Committee. The former, which meets twice monthly, was established to hold public hearings on issues of planning, funding and tactical operations and to make recommendations to the full Commission at its monthly meeting. It was established as an investigative and resource group of Commissioners and as Ad Hoc Committee includes members of the Advisory Council. The Administrative Committee was established to view administrative matters as problems may arise.



## COMMISSIONERS

Rev. James Clark Brown, at-large, President  
Marian Brislane, at-large, First Vice-President  
Col. Martin A. Fellhauer, Second Vice-President, District 10

Rabbi Saul White, District 1  
Elsa Lane, District 2  
Agnes Isabel Chan, District 3  
Rory Starks, District 4  
Charles Lamb, District 5  
Rudolph C. Mathias, District 6  
Moirra Jackson, District 7  
Olga O'Callaghan, District 8  
"I" "T" Bookman, District 9  
Sister Nicole Vavuris, District 11

## ADVISORY COUNCIL

Charles Gilbert, President, District 2,  
(Alternate to be appointed)

Alexandra Glazunova, District 1; Raymond Choo, Alternate  
Henry Pineda, District 2; Joseph Auteri, Alternate  
(Replacing Linda Valli)  
Dr. Max Teitler, District 4; Vidella Brown, Alternate  
Sidney Greenberg, District 5; Lillian Morgan, Alternate  
Graciela Cashion, District 6; Alternate to be appointed  
District 7: To be appointed  
Rose Sarao, District 8; Tony Marovich, Alternate  
Richard W. Bowers, District 9; (replacing Jack O. Paull)  
Caroline Cohn, Alternate  
M. Arthur Azevedo, District 10; (replacing Stanley Newman)  
Bennie De Geer, Alternate (replacing Gladys Zimmerman)  
Hugh Bell, District 11; Lore Shelley, Alternate

## TECHNICAL ADVISORY COUNCIL

Paul Knudsen, Community College District - Mission Community  
College Center  
Lyle Peterson, MUNI, Elderly and Handicapped Programs  
Miss Lucile Lockhart, Department of Public Health  
Albert C. Levy, Recreation and Park Department  
Miss Effie Robinson, San Francisco Housing Authority  
Kathleen Korzelius, Public Guardian  
June Keller, Dept. of Social Services

DIRECTOR: Glenn B. McKibbin



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## PRESIDENT'S REPORT TO THE COMMISSION ON THE AGING

This has been a year of growth and transition for the San Francisco Commission on the Aging and the 144,000 San Franciscans 60 years of age and older whom the Commission exists to serve. Thanks to the continuum of staff and the efforts of the direct service agencies, services to the elderly in the community have been improved and expanded.

During the year, the ordinance creating the Commission was amended, and the original 23-member Commission was abolished and new members were appointed by the Mayor, 11 of them on the recommendation of each District Supervisor. The new Commission held its first meeting in November. It has met regularly every month. Between regular meetings of the full Commission there have been numerous meetings of the Program Planning, Development and Budget Committee and the ad hoc committees created for such purposes as review of contract proposals, studies of escort and transportation services, development of the annual plan, etc.

As part of the Ordinance revision, the Commission on the Aging Advisory Council was reorganized. Under the new law each District Supervisor names one member and an alternate to serve on the Advisory Council. Some vacancies still existed on the Advisory Council as the year drew to a close, but the Commission is looking forward to a close working relationship.

On the first of July, 1978, the Commission was pleased to welcome a new Director, Aging Programs, and the retirement of the Deputy Director in the spring was accompanied by the employment of Senior Management Assistant to the Director.

All of these transitional moves, I feel, have been to the benefit of the senior community and the services the Commission has been able to offer.

This report reflects the accomplishments of the past year. I would like to take this opportunity to express my personal gratitude to the Commissioners, members and alternates on the Advisory Council, and members of the Technical Advisory Council.

A handwritten signature in cursive script that reads "James Clark Brown". The signature is written in dark ink and is positioned above the printed name.

JAMES CLARK BROWN  
PRESIDENT



SUMMARY OF SERVICES TO THE ELDERLY  
PROVIDED BY AND THROUGH THE COMMISSION ON THE AGING

The San Francisco Commission on the Aging is responsible for the expenditure of Federal and local parking tax funds for direct services to the elderly. Through staff, the Commission issues requests for proposals, analyzes proposals received, makes recommendations to the Commission on the Aging Advisory Council, Committees of the Commission, and the full Commission, prepares the budget requests for the Mayor and the Board of Supervisors, renegotiating with the agencies following any cuts that have been made, prepares detailed contracts, processing these contracts through the City Attorney, Chief Administrative Officer, Purchaser, and Controller, providing technical assistance and consultation, regular monitoring of the service program during the year to make certain they are adequately serving seniors, and modifying contracts and budgets as necessary during the year.



## FUNDING UNDER TITLE III OF THE OLDER AMERICANS ACT

During the fiscal year, the San Francisco Commission on the Aging managed Federal Title III funds for delivery of gap-filling direct social services to the elderly in the amount of \$372,999.

These services were contracted to community agencies, administered and monitored by Commission staff, with a total of 17 contracts with 13 agencies. Two of the 17 contracts were for totally funding equipment costs explicitly awarded to agencies operating under a neighborhood concept.

Six funding categories were covered:

<u>Funding Category</u>	<u>No. of Contracts</u>	<u>\$ Value</u>
Adult (Senior) Day Health Care	1	\$ 8,000
Information/Referral Supplement	1	8,500
In-Home Health/Supportive Care	3	16,660
Legal Assistance/Services	1	68,690
Neighborhood Centers	6	132,522
Transportation (Paratransit) Services	1	106,400
Weekend Recreation/Recreation/Other	4	32,027
TOTAL:	<u>17</u>	<u>\$ 372,999</u>

### Description of Contracted Services

Adult Day Health Care -- A medically oriented daytime program providing the frail elderly with supportive rehabilitative services which help these individuals remain in their own non-institutionalized living environments and to function at optimal levels of health and independence.

Information/Referral Supplement -- Gap-filling I&R services provided on a 24-hour, 7-day-per-week schedule during the hours the Commission I&R office is not in operation.

In-Home Health/Supportive Care -- Needed in-home health counseling, home health aid, and/or chore services for the frail elderly in need of in-home personal care services, chore services and community resource involvement on an emergency basis; provides information, follow-up on referrals to community resources and service delivery.

Legal Assistance/Services -- Free priority legal services to persons 55 years of age and older, in matters of public benefit programs, estate-related matters, age-related problems, landlord-tenant disputes, adult protection services and consumer problems; provides legal advice, court representation, preventive education and appropriate referrals to social agencies. Under the law, these services are provided without a means test and available to all citizens meeting the age requirements.



Neighborhood Centers -- Development and maintenance of a local drop-in center for both structured and non-structured programs.

Transportation (Paratransit) Services -- A coordinated citywide paratransit system of transportation/trips to serve the elderly and elderly handicapped in meeting various needs in connection with medical, food/nutrition, education, social/recreation, government, housing, legal, life/death emergency, shopping/personal, other.

Weekend Recreation/Recreation/Other -- Provides weekend cultural/recreational outings and trips, both locally and out of town; one program involves a week-day fishing program, with scheduled participation by all Senior-serving agencies; another provides a six-week Senior day camp program open to all elderly citizens in the service area.

Title III funds, as indicated, provide the elderly with maintenance of an essential lifestyle, support programs designed to prevent institutionalization of Seniors and enhance the enjoyment of a richer and fuller life.

Following are the subcontractors serving the elderly during the fiscal year:

Legal Assistance to the Elderly .....	Legal
Bayview-Hunters Point Multipurpose	
Senior Center .....	Neighborhood Centers
Bayview-Hunters Point Multipurpose	
Senior Center .....	Equipment
Canon Kip Community House Operation	Transportation...
Council of Churches, OMI Senior	
Drop-in Center .....	Neighborhood Centers
Family Health Project, Haight-Ashbury Senior	
Services .....	Recreation
Mt. Zion Hospital/Medical Center	
Geriatric Services .....	Adult Day Health Care
Mt. Zion Hospital/Medical Center	
Geriatric Services .....	In-Home Services
St. Theresa Catholic Church,	
Weekends With Neighbors .....	Recreation
Salvation Army Senior Drop-In	
Center (Equipment only) .....	Neighborhood Centers
S.F. Home Health Services, Inc. ....	In-Home Services
S.F. Suicide Prevention Bureau, Inc. ....	I/R Supplement
Self-Help for the Elderly .....	In-Home Services
Self-Help for the Elderly .....	Recreation/Fishing Program
YMCA of S.F., Central Branch .....	Recreation
YMCA of S.F., Mission Branch .....	Neighborhood Centers
YWCA of S.F., Sutter Street Senior Center...	Neighborhood Centers





SENIOR CITIZEN SERVICES PROVIDED UNDER  
CITY/COUNTY PARKING TAX FUNDS

During the fiscal year, an ordinance allocating one third of the annual parking tax collections (parking meters and parking lots and garages/facilities) to services for the elderly, was amended to broaden the categories of services which could be funded.

Through its standard practice of calling for requests for proposals, prioritizing proposals and needs, issuing and managing contracts, the Commission on the Aging, through the Board of Supervisors, funded 35 Senior-serving agencies in the total amount of \$1,769,230.

Particularly significant were parking tax awards to agencies for serving weekend and holiday meals, to supplement the five-day-a-week meals served under Title VII of the Older Americans Act. The seven contracts for weekend meals totalled \$345,266 and were awarded to Service Employees International Union, AFL/CIO, Bay District Joint Council #2; Self-Help for the Elderly; Kimochi, Inc; Council of Churches; Western Addition Senior Citizens Service Center; Salvation Army Senior Activities Center, and United Jewish Community Center. Funding also was provided for a Senior Escort Service operated under the Police Department's SAFE program.

During the reporting period requests for proposals were sent to service agencies for use of the 1979-80 Senior parking tax funds, resulting in requests for more than \$4 million. Staff and the Commission spent considerable time analyzing these requests against an anticipated parking tax collection of approximately \$2 million.

The parking tax collection, of course, is subject to annual change and is affected by automobile use, gasoline prices, tourist business and an assortment of other variables.

Actual contracts approved, let, administered, monitored, and assessed during the reporting period are as follows:

<u>CONTRACT</u>	<u>SERVICE</u>	<u>AMOUNT</u>
Bayview-Hunters Point	Outreach staff	\$ 34,966
California League for the Handicapped	Program for visually handicapped Seniors	20,417
Canon Kip Community Center	Outreach, nutrition, equipment support	18,779



<u>CONTRACT</u>	<u>SERVICE</u>	<u>AMOUNT</u>
Carina, Inc.	Rental support for 10 Senior units	\$ 15,000
Church of Advent	Weekend nutrition	4,600
Crispus Attucks	Senior Club support	30,000
Economic Opportunity Council	Weekend meal voucher program	26,520
Filipino-American Council	Monday-Friday meal service	49,148
Food Advisory Service o	48 mini-markets for low-cost food	50,000
Garden Sullivan Hospital	Equipment for Senior health/safety programs	12,638
Haight-Ashbury Senior Services	Continuation of Senior program	35,062
Hebrew Home for the Aged	Adult day care	40,000
Kimochi, Inc.	Board/Care for Japanese, equipment	64,502
Los Mayores de Centro Latino	Food purchase for meal service	25,000
Meals on Wheels	Program expansion for meals to home-bound	50,000
Mission Neighborhood Center	Homemaker, escort service	75,000
Mt. Zion Medical Center	Medical screening, referral	81,600
Native American Senior Center	Staff, equipment for meal service expansion	15,200
North of Market Health Council	Medical outreach, ex- pansion of recreation	14,000
OMI Community Association	Transportation support for medical services	22,000
On Lok	Construction aid for subsidized housing	70,000
Reality House West	Room rehabilitation for hotel residents	33,120



<u>CONTRACTS</u>	<u>SERVICE</u>	<u>AMOUNT</u>
Russian-American Senior Services	Support for bi-lingual social worker	\$ 12,000
Salvation Army	Center access improvements, nutrition	39,520
S.F. Council of Churches	Expansion of programs, nutrition, outreach	99,833
S.F. Home Health	Expansion of in-home services	50,000
S.F. Senior Center	Equipment purchase	17,170
S.F. YMCA	Expansion at three Senior centers	59,104
Self-Help for the Elderly	Outreach, counseling, weekend meals	79,000
Stebbins Foundation	Planning for low-cost housing north of Market	19,270
Telegraph Hill Center	Trips to special Senior events	2,041
United Jewish Community Center	Capital improvements for existing centers	26,000
Visitation Valley Center	Transportation, equipment, operation	10,000
Western Addition Center	Outreach, nutrition support	17,400

WITHOUT CONTRACT

San Francisco Senior Escort Program of S.F. Police Department	Escort service	\$205,044
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<u>Contracts for weekend meals as listed previously</u>	<u>Amount</u>
Service Employees International Union, AFL/CIO Bay District, Joint Council No. 2	\$ 27,586
Self-Help for the Elderly	74,100



<u>Contracts for weekend meals as listed previously</u>	<u>Amount</u>
Kimochi, Inc.	\$ 69,600
Council of Churches	31,200
Western Addition Senior Citizens Service Center	37,900
Salvation Army Senior Activities Center	90,750
United Jewish Community Center	14,130

SUBTOTAL, WEEKEND/HOLIDAY MEALS: \$ 345,266

TOTAL PARKING TAX FUNDING: \$1,769,230





## INFORMATION AND REFERRAL

This is the only direct service required by the Federal regulations to be offered by the Commission on the Aging out of its offices at 1095 Market Street, a location highly accessible to Seniors via almost all MUNI routes.

In spite of a numerically limited staff, the Information and Referral unit, funded under Federal Title III and an associated contract, received more than 80,000 direct inquiries during the year, plus an additional 17,498 collateral inquiries. In its major direct service, the I&R Unit addressed 81,611 Senior Citizens. Specific reported figures follow.

The Information and Referral service, both walk-in and by telephone, is a 24-hour, seven-day-a-week program, with the service operating out of the Commission offices during regular City/County working hours and by special subcontract during the other hours of the week. Office hours are 8 a.m. to 5 p.m., Monday through Friday. Calls during all other hours are handled by the subcontractor switchboard.

Most significant is the I&R Senior Gold Card Service. This program, which, in cooperation with community merchants, offers discount merchandise and services to citizens 60 years of age and older, expanded significantly in the past year. Seniors obtaining their Gold Cards by proof of age at the Commission offices or at outreach sites, totalled 7,640 during the reporting year, bringing the total Gold Card population to more than 35,000. More than 700 merchants currently honor the Gold Card with special discount offers to these Seniors, and the I&R Unit maintains a continuing program to expand this merchant list.

As Seniors apply for their Gold Card they also are offered, if age 65 or older, a special MUNI identification card, which enables them to ride busses and streetcars for five cents a trip or to purchase a fast pass for \$2.50 per month, a significant saving for individuals on fixed incomes.

In the past year, many of the I&R staff members have attended training sessions sponsored by the Commission and the California Department of Aging, for the purpose of on-going staff development. Training has included many aspects of Social Security, SSI, legal and paralegal and housing issues, in addition to the Ombudsman concept, personal relationships and other areas necessary to working with the elderly.

The I&R unit holds weekly staff meetings, which enhance the performance of staff, most of whom are Senior Citizens, working



part time, plus volunteer and summer youth trainees. These sessions help resolve immediate issues and provide on-going training and sharing of information.

During the reporting year, volunteers were recruited through Information and Referral and trained by Federal and State Franchise Tax personnel in order to offer Seniors help in filling out their income tax forms and homeowners property tax postponement and renter assistance forms. This training resulted in services in community neighborhoods, as well as at the Commission offices.

Following is the report of total information and referral contacts made during the reporting year:



INFORMATION & REFERRAL REPORT

<u>SUBJECT</u>	<u>INFORMATION ONLY</u>	<u>INFORMATION &amp; REFERRAL</u>
VITA tax program	89	241
CLOTHING	82	07
CONSUMER PROTECTION	168	13
DISASTERS	00	00
EDUCATION	528	62
EMPLOYMENT	1386	237*
ENVOIRONMENTAL HEALTH	213	36
FAMILY	235	15
FINANCIAL	1223	154
FOOD	1499	331
GOVERNMENT	442	25
HOUSEHOLD ESSENTIALS	365	50
HOMEMAKER/CHORE	1476	203
HOUSING	5176	1390**
INSURANCE	280	32
LAW ENFORCEMENT	1960	92
SENIOR ACTIVITIES LIST	218	6159
24 HOUR LINE	1035	00
LEGAL	3099	408
LIFE & DEATH EMERGENICES	00	00
MEDICAL	1295	214
RECREATION	1174	1403
SOCIAL SECURITY/SSI	1439	252
MEDICARE/MEDI-CAL	881	110
TRANSPORTATION	2140	177
MUNI I.D.	2581	3385
VETERINARY	86	06
VOLUNTEERISM	324	56
GOLD CARDS	4643	7640
SENIOR SERVICES DIRECTORY	1256	3217
WELL PERSONS	1438	155
OUTGOING MAIL/PICK UP	00	4536
OTHERS	9139	864
GOLD CARD MERCHANTS LIST	5636	00
TOTALS	56682	31470

\*EMPLOYMENT: 54 Placed

\*\*HOUSING: 422 Placed



## NUTRITION AND RELATED SUPPORTIVE

Most significant during the reporting year was the expansion of nutrition services to the elderly, aided principally by the addition of City/County parking tax funds. These monies were used, beginning in April, primarily to fund weekend meal programs for Seniors.

Federal funding and State management limiting meals for Seniors to five days a week, and the realistic fact that the nutritional needs of the elderly extend to Saturdays, Sundays and holidays, led to the Commission's decision to use parking tax funds for this purpose.

While previous requests to the California Department of Aging for weekend meal funding were denied, the Parking Tax monies presented an opportunity to make this long-sought program a reality. Since April 1, 1979, weekend meals, social services and recreation have been offered at 13 sites in San Francisco.

Particularly significant is the addition of new meal sites, in an attempt to reach a broader segment of the elderly population. The program, in place for only a few months, has proved a success, with a total of 126,750 annual meals and services offered under contract grants of \$345,297. Seven of the sites now conducting weekend programs are at long-established five-day-a-week locations, and six are at new locations reaching a new segment of the elderly population. Also important is the fact that this program extension is being used as a model for statewide and nationwide implementation.

In addition to supplementing the Federally-funded programs, the Commission addressed itself to the need for more nutrition programs, recognizing that the Federal programs serve only 1.9% of this city's elderly population. To this end, 13 additional nutrition sites were developed to meet this need. These sites are in community centers, church social halls and restaurants. One program involves an inexpensive voucher system at four local restaurants. The Commission also helps fund the delivery of 164,250 meals a year to 225 homebound Seniors. The Commission also funds 49 mobile mini-markets in San Francisco, providing fresh produce to Seniors at conveniently located sites. Specifics of these programs are listed in the previous section of this report. In terms of need, total service at the end of the reporting year included 1 meal a day for 1.9% of the elderly population. A total of 52 million meals a day would be required to serve the total eligible population.

In an aggressive program of its own, the Commission created and administered a special program with private enterprise, McDonald's Restaurants, to serve minimum-cost weekend breakfasts to the elderly. This innovative program was designed as a gap-filling nutrition program on weekends. The Commission continues to negotiate with private enterprise for discount and special





service nutrition programs, with major emphasis on the weekend problem.

Additionally, the Commission staff provides technical assistance to organizations providing nutrition services to the elderly under private foundation funding, plus proposal-writing assistance seeking funds from public and/or private sources for additional nutrition programs.

Besides funding existing and expanded nutrition programs, perhaps the most significant activity of the Commission during the reporting year, in terms of nutrition, was the beginning of a program termed "consolidation." Federal legislation which mandates the Commission's function was drastically changed during the year to require official Area Agencies on the Aging to assume responsibility for all nutrition funds, formerly handled directly by the State authority on aging. Thus, all the programs currently administered directly by the California Department of Aging will become the responsibility, under the consolidation program, of the San Francisco Commission on the Aging.

While the Commission continued to coordinate existing Federally-funded nutrition programs and provide technical assistance for quality maintenance, the new amendments to the Older Americans Act mandated local action in consolidation.

Under this program, the Commission is charged with assuming full responsibility for administration, planning coordination and evaluation of the 39 Federally-funded nutrition sites in San Francisco. The program being assumed by 1980 amounts to \$2,778,319 in nutrition funds.

The seven contract grantees currently serving 690,560 meals annually at a cost of \$1,262,000, were meeting, at the end of the reporting year, under the chair of the Commission's nutrition specialist, to detail the consolidation procedure. This committee, made up of directors, nutritionists and social service coordinators is determining new site location criteria, request for proposal procedures, fiscal management techniques and local roles in the newly acquired responsibility. The goals and efforts of the committee are aimed primarily at maintaining and expanding quality nutrition services at the lowest possible cost.

The Commission-directed nutrition program is designed to provide nutritious meals to fixed-income Seniors, so that they may maintain good health, with dignity. Far beyond a meal a day, this program offers a wide array of auxiliary services, making the nutrition sites a center for Information and Referral, outreach, transportation, shopping assistance, ethnic meals, arts and crafts, legal services, escort, recreation, personal nutrition education and health screening. Under consolidation, these services will become the responsibility of the Commission, effective July 1, 1980.



COMMUNITY RELATIONS



## COMMUNITY RELATIONS ACTIVITIES

Principal activities under this broad category during the fiscal year were establishment and organization of the Advisory Council and participation in the activities of the Coalition of Agencies Serving the Elderly (CASE). Other activities gave staff support to miscellaneous activities in behalf of the elderly.

Under the official City/County amendments to the Administrative Code, the Advisory Council was restructured with a mandate for each Supervisor to appoint one member and one alternate member to this group, required by law to represent grass-roots elderly and supply the Commission with needs inputs, counsel and recommendations on specific proposals and programs. The previous Advisory Council had been elected under a City Health District pattern and consisted of 150 members. The new Advisory Council is limited to 11 members and 11 alternates, who are charged with organizing district associations of the elderly.

The ordinance establishing the new Commission was passed in May of 1978, but it was not until January, 1979, that the initial meeting of the Advisory Council could be held. Even then, Supervisorial appointments had not been made for three members and five alternates. Even at the end of the reporting year, two Supervisors had not designated either a member or an alternate, and one Supervisor had left an alternate position vacant.

Though incompletely constructed, the Advisory Council met standards required of Area Agencies on the Aging (the Commission) in time to review and approve the Year VI Plan for services to the elderly. The Council also reviewed and made recommendations to the Commission regarding awarding of parking tax funds.

At the end of the reporting year, the Council had a President, was meeting regularly in consort and was participating in the activities of ad hoc committees designed to express needs and offer recommendations to the Commission.

While working closely with the Advisory Council, the Commission staff also was influential in the organization and participation with the Coalition of Agencies Serving the Elderly (CASE). Originally created by the COA to facilitate contract matters, this organization was expanded during the year to coordinating services to the elderly. Membership is solicited from all agencies serving the elderly, and monthly meetings are held to share problems, prevent duplication of services and make the best possible use of available funding.

Through meetings of the total group and ad hoc committees, CASE has become an influential advocacy group of those agencies most involved with serving seniors. CASE actively seeks to recruit



new members from service-providing organizations, to enhance its coordination of services to the elderly.

The Commission has staff membership on the Community Mental Health Services Geriatric Coordinating Committee, a group serving the many elderly citizens in need of mental health services. Major geriatric services of the organization this past year have been in the area of protective assistance for seniors, who are vulnerable to unscrupulous proposals and "con" games. Involved through the committee, in addition to the COA are the courts, the Public Guardian, the Department of Social Services and geriatric mental health specialists.

Under Assembly Bill 998, the Commission was instrumental in putting together a successful proposal for funding a Multi-Purpose Senior Services Project, one of eight model programs awarded in the State. The award came, from a group of 40 statewide proposals, on the basis of a coordinating effort of the Commission, which developed a consortium of service providers to fulfill the requirements of this special funding legislation. The pilot program, involving local service providers, will cover a three-year period and establish a model for broader services to the elderly.

Under the then-Title IX funding, the Commission placed seven elderly employees in productive and supportive job positions.

Long-term efforts of the Commission resulted, in close coordination at the YMCA, formerly dedicated to youth; St. Luke's Hospital, in the heart of the Mission district; with the United States Public Health, Health Services Hospital in the Richmond, formerly primarily for disabled seamen; Northeast Medical Services in North Beach/ Chinatown, for greater emphasis on senior services.

Long-term Commission efforts, helped result in the ground-breaking for a Senior Center in Bayview-Hunters Point. This three-year effort was culminated during the reporting year, with formal ceremonies conducted shortly after the close of the 12-month period.





ADVISORY COUNCIL



## REPORT FROM THE PRESIDENT, ADVISORY COUNCIL

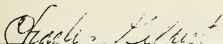
Beleaguered by the late or incomplete appointments to our body, the Advisory Council has struggled with its responsibility of developing a grass-roots organization, defining the needs of San Francisco's elderly and making recommendations to the Commission on the Aging.

We have been frustrated by defining our mandate, member resignations, need for staff help, and the need for time to organize 11 Supervisorial District groups which can truly tap and interpret the needs of the elderly residing there.

Nonetheless, on the positive side, we have had the opportunity to review the Year VI Plan, Parking Tax proposals and other efforts of the Commission on the Aging to best serve our elderly.

I am proud of our Council's accomplishments during the year and look forward to a better organized and more effective Advisory Council in the coming year. We have requested, and have been promised, increased staff help so that our needs can be served on a more timely basis and our judgments can be better deliberated and more meaningful to providing our Senior population with the services they need.

After a year of frustration, I present optimism at the function of the Advisory Council, and I hope that with the completion of membership appointments, we will be a fully functioning organization that can fulfill the Federal and State mandate for advising the Commission on the Aging.

  
\_\_\_\_\_  
CHARLES GILBERT, President



## ADVOCACY



## ADVOCACY

Formerly implicit in the Older Americans Act, the advocacy function was specifically written into the amendments to the act, as amended in 1978.

Housing for the elderly, one of the gravest problems in San Francisco, was targeted during the reporting year as the chief priority. Staff, even with an additional burden of contract management, concentrated on this subject. Involved in this effort were the director, staff, the Commission itself and the Advisory Council. Staff presently consists of an advocacy expert/housing specialist.

Following are the aggressive steps taken by the Commission's Advocacy unit during the year:

Worked with the California Department of Housing and Community Development and the Sailors Union of the Pacific in promoting a project to convert two luxury liners, the Mariposa and the Monterey to subsidized low-rent, land-based housing for the elderly. Community support was general, but HUD Section 8 rental commitment failed to materialize.

Presented testimony before the U.S. Senate Special Committee on Aging, dealing with the housing crisis facing the elderly in San Francisco, with special emphasis on the Tenderloin.

Presented testimony before a public hearing of the California Commission on Aging on the housing crisis, providing a 13-point program of recommendations on the subject.

Presented testimony before the Commerce, Consumer and Monetary Affairs Subcommittee on Governmental Operation's U.S. House of Representatives, on the effects of inflation on housing costs.

Participated with the Mayor's Special Task Force on the Tenderloin.

Participated in the activities of such community organizations as San Franciscans for Affordable Housing, a broad coalition of non-profit agencies seeking solutions to housing problems, rent stabilization and reform of landlord/tenant laws.

Opposed the rapid escalation of converting rental stock to condominiums, worked for stronger controls and protection for the elderly.

Presented a five-point emergency housing program to the Board of Supervisors prior to existing emergency rent control ordinance.

Opposed displacement of elderly tenants in downtown high-density areas to provide more automobile parking space.





Participated in housing panels/symposia and workshops with many community organizations, in particular the California Legislative Council of Older Americans.

Provided the Urban Elderly Coalition with data on housing crises of the San Francisco Elderly.

The intensity of the Commission's advocacy role is demonstrated by these additional efforts during the fiscal year.

State legislation: Active support of SB 229 for a \$200 million housing construction program for the low-income and elderly citizens; supported AB 779 and SB 517 for the "Just Cause Eviction" bills to reform landlord/tenant legal obligations.

Other legislative advocacy action sought restoration of Proposition 13 cuts in senior education programs, opposed a measure to reduce State transportation funds for the elderly, opposed State-mandated economy cuts to budgets for in-home services for some 1,300 frail elderly citizens in San Francisco, supported a federal amendment to the Older Americans Act to add \$50 million to nutrition programs and \$50 million of social programs for the elderly, urged the Board of Supervisors to approve Senior Fast Passes for use, at a discount to the elderly, on BART.

The advocacy unit also worked with the consortium which became successful in establishing the Multi-Purpose Senior Service Project in San Francisco, advocated for a All Hallows Church Hunter's Point housing project, supported efforts to convert Harkness Hospital to elderly subsidized rental housing and for Phase II of the Francis of Assisi housing for the elderly project. Liaison was established with Hastings Law College for creation of a public interest law curriculum for students and a law clinic for the underprivileged and the elderly.



## TRAINING



## TRAINING SERVICES

A training plan developed by the Commission staff received an award of \$14,622 in Federal funds through the California Department on Aging, with the funds defined for education of service providers to the elderly. Six priorities were established under this grant, and the results were as follows:

Objective #1: To provide group and individual assistance to service providers in grants management. Consultants worked with these two source groups to provide help in fiscal and client record-keeping. The unit of service also provided training for clerical support, techniques of proposal writing, "Loss and Grief" training for service agencies. Some of these programs were aided by state and other AAA agencies. Eighty respondents benefitted from this training.

Objective #2: To train members of the newly organized Commission on the Aging and Advisory Council. In this special program, the California Department on Aging provided trainers for a two-day session on Group Effectiveness and Decision Making. An addendum to this program was provided in April, with two sessions on "Inside City Hall." COA and the Advisory Council attendance, still in a state of flux, was mixed on both occasions. Through the Title IV-A funds, Commissioners and members of the Advisory Council were invited to participate in the annual meeting of the Western Gerontological Society.

Objective #3: To enlarge the Commission's film library, to repair equipment for this free loan service and to add film and video tapes, as well as slide presentations. Five new films, three video tapes and three slide-tape presentations were added to the library. During this period, a brochure was developed as an index of loan materials available.

Objective #4: Special training for service providers in cooperative-supportive efforts of the Commission and other groups, 10 sessions held at St. Mary's Cathedral, subjects including resources for the elderly, Social Security, Health and Nutrition, First-aid, Communicating with Seniors, Grief and Loss, Minority Elderly, Growing Old in America. Between 30 and 70 services providers and members of the public attended each session.

Objective #5: To involve Commissioners, members of the Senior Advisory Council, service providers and staff in the annual meeting of the Western Gerontological Society. Funding permitted attendance of 20 individuals at the educational conference.

Objective #6: Staff development opportunities. Funding provided for staff education in a wide variety of classes and conferences useful in increasing their job proficiency. Especially important were sessions on accounting, grants management, health care and management skills.



## PLANNING





## PLANNING ACTIVITIES

As required of Area Agencies on the Aging, under Federal law and the mandate of the California Department on Aging, an annual plan is necessary each year. While considerations are underway in Sacramento for the requirement of a three-year plan for services to the elderly, the reporting period involved only the development of a Year VI plan.

Following a series of public hearings based on a needs assessment and priorities established by the Federal government, the State and local circumstances, the Year VI plan was prepared and submitted to the State Department on Aging, in due time under its deadline schedule. At the end of the fiscal year, the San Francisco Plan had been verbally approved, but the State had not produced written approval. Circumstances between submission of the plan and the present will require amendments, which will be reviewed by the Advisory Council and submitted by the Commission itself.

The development of the Year VI plan was preceded by five public hearings, four at neighborhood locations, representing the numerical and ethnic structure of the city's elderly, plus a final city-wide hearing at a central location.

The draft plan was reviewed by Advisory Council and passed along to the Commission. The plan, itself, reflects the announcements of hearings, press advance notice and the results of hearings, which ranged in attendance from 12 to 104.

Federal regulations establish priorities for senior services as legal, in-home, and access services. The City government, in its regulations concerning distribution of parking tax monies for senior services, since generalized to include a broader range, at the time of plan development included nutrition, escort, housing and rent supplement, transportation and recreation programs. The needs articulated at public hearings were prioritized as transportation, nutrition (congregate and in-home), legal services, Information and Referral, multipurpose senior centers, health maintenance and screening, housing and rent supplements, in-home services, escort, recreation, day care, legislation, employment and education.

Limited funding, of course, restricts the meeting of these expressed needs. Under the Year VI plan, priorities selected were for transportation, legal services, Information and Referral and neighborhood senior centers. These priorities are addressed in the Year VI Plan, which will be available to the public as soon as documented



approval is received from the California Department on Aging. Meanwhile, the Commission on the Aging is operating on State verbal approval.

In addition to the mandatory work described above, the staff planner has worked for a new Senior Center at the Third Baptist Church, has researched needs of minority Seniors (specifically Indian-Americans), has collected data regarding SSI services, importantly by ZIP code for future direct services, has worked with MUNI on transportation plans for the elderly and handicapped, and most importantly, has worked with the California Department on Aging on proposed re-allocation formulae for official Area Agencies on the Aging.



PUBLIC INFORMATION



## PUBLIC INFORMATION ACTIVITIES

Beyond the routine functions of a public information program -- news releases, speech writing and the like -- the public information unit of the Commission was most involved during the year in pooling, tapping and coordinating with private enterprise. These efforts resulted in the following:

Weekend breakfasts for the elderly using Title VII nutrition sites at McDonald's Restaurants. Staff activity included selling the program to McDonald's management, publicizing it to nutrition sites and issuing tickets for weekend meals. After a year's experience, McDonald's management determined to end the program and offer an alternative, currently under consideration with the Commission nutrition staff and public information component.

The San Francisco Progress published three editions of an updated Senior Services Brochure, and the Commission purchased an overrun for handing out to Senior Gold Card holders and others interested in this brochure. As with McDonald's, the project was abandoned by Progress at the end of the fiscal year. Negotiations will continue with this high-Senior-circulation publication to provide assistance for the elderly.

In the pooling-tapping-coordinating effort, the public information unit is currently in discussions with the Junior League, which has expressed an interest in picking up publication of the services brochure; with a private public relations firm and a private entrepreneur expressing interest in publishing the merchant discount list distributed to Gold Card holders.

Looking forward to the resumption of publication of a newsletter, now scheduled for November, 1979, the public information unit has proceeded to develop mailing lists for the newsletter itself, Gold Card holders, and in soliciting merchants for discount offers, a list of which expanded during the year from 500 to 700. A special promotion was started during the year with the cooperation of the Commission and the Taraval/Parkside Merchants Association. This effort will result in a special Senior Citizens Week centered in the neighborhood and is expected to elicit maximum discount-offer cooperation from the merchants, plus a week-long celebration for the elderly in the community, including cooperation from MUNI, service-providing agencies and the COA itself.

In a routine sense, the Public Information unit:

Set up and publicized public hearings regarding the Year VI plan, as well as regular meetings of the Commission.

Assessed new sound systems for these meetings and purchased a unit to replace the ill-fated former system, still available for limited use.





Executed drafts of by-laws for the Commission and the Advisory Council; wrote fact sheets for public appearances of Commissioners and members of the Council, provided the Mayor's office and the Board of Supervisors with draft speeches, proclamations and resolutions regarding the elderly; worked with the Department of Public Health on promotion of Older Americans Month.

Collateral activities included a two-day presentation on the McDonald's and Progress programs to nutrition directors called to a meeting in Fresno by the California Department on Aging; served on the publicity committee of the Western Gerontological Society for its annual meeting, Commission staff assigned to press releases and general news coverage.

Staff worked with Pacific Telephone, purchased a listing for Senior Affairs in the White Pages and is continuing an effort to work with the PT&T sales staff to suggest Senior Discount listings in the Yellow Page advertising.

The public information unit prepared the Commission's first accredited annual report, coordinated and supervised the annual American Conservatory Theater Christmas program for the elderly.



FINANCIAL STATEMENT



FINANCIAL STATEMENT - JULY 1, 1978 - June 30, 1979

FEDERAL FUNDS - TITLE III

Personnel	\$ 270,073.	
Travel	2,148.	
Materials & Supplies	9,477.	
Equipment	<u>4,999.</u>	\$286,697.

OTHER COSTS:

Rent	14,256.	
Telephone	8,050.	
Repairs	1,821.	
Printing	11,854.	
Postage	7,138.	
Memberships	<u>2,605.</u>	45,724.

SUPPORTING SERVICES \$372,999.

TOTAL TITLE III \$705,420.

TITLE IV-A

Training Costs 12,622.05\*

TITLE IX 40,188.

TOTAL FEDERAL FUNDS 758,230.

\*Fiscal year ends September 30 - Above figure is as of June 30, 1979

CITY FUNDS:

Ad Valorem

Personnel	88,671.
Other Costs	<u>11,491.</u>
	100,162.

Parking Tax Funds

Fiscal Year 78-79 Special Fund  
for Contractual Services with

Collections 77-78	1,794,151.
Appropriated 78-79	<u>1,769,230.</u>
Carryover	24,921.

TOTAL CITY FUNDS 1,869,392.

TOTAL BUDGET \$2,627,622.



## APPENDIX





1. AMENDING ARTICLE V, CHAPTER 3, SAN FRANCISCO ADMINISTRATIVE CODE, BY  
2. AMENDING SECTION 3.50 THEREOF RELATING TO COMMISSION ON THE AGING;  
3. ESTABLISHING; APPOINTMENT; TERM; VACANCIES; CHAIRMAN; BY RESOLUTION;  
4. SECTION 3.50.A, THEREOF RELATING TO ADDITIONAL MEMBERS; APPOINTMENT;  
5. TERM; AMENDING SECTION 3.50, RELATING TO TERMS AND DUTY; BY  
6. AMENDING SECTION 3.55 THEREOF, ESTABLISHING A COMMISSION ON THE AGING  
7. ADVISORY COUNCIL, AND REDESIGNING TERMS AND DUTIES THEREOF; AND BY  
8. AMENDING SECTION 3.55 THEREOF, ESTABLISHING A COMMISSION ON THE AGING  
9. TECHNICAL ADVISORY COUNCIL, AND REDESIGNING TERMS AND DUTIES THEREOF.

10. As to be ordained by the People of the City and County of San Francisco;  
11. Section 3, Article V, Chapter 3, of the San Francisco Administrative Code is hereby amended by reading Section 3.50 thereof to read as follows:

12. Section 3.50. Establishment; Appointment; Term; Vacancies; Chairman.

13. There is hereby established a commission to be known as the  
14. Commission on the Aging (hereinafter called "commission") consisting  
15. of thirteen (13) members, two (2) of whom shall be appointed directly  
16. by the Mayor, eleven (11) of whom shall be recommended by the Mayor upon  
17. the recommendation of one (1) each by each of the eleven (11) districts  
18. represented. Members appointed by the Mayor upon the recommendations  
19. of the president of the Board of Supervisors shall be representatives  
20. of the various ethnic organizations in the city and county, shall  
21. be experienced (25) years of age or older, and shall reflect the racial  
22. and ethnic relation of the city and county.

23. The term of each member shall be four years; provided, however,  
24. that the members first appointed shall, by law, classify their terms  
25. so that there (2) members shall serve a one-year term, three (2)  
26. members shall serve a two-year term, three (2) members shall serve

a three-year term, and four (4) members shall serve a four-year term.  
On the expiration of these and successive terms, their successors  
shall be appointed for a four-year term in a manner similar to that  
described herein for the initial members.

In the event a vacancy occurs during the term of office of any  
member, a successor shall be appointed for the unexpired term of the  
office vacated in a manner similar to that described herein for those  
initial members.

The commission shall elect a chairman from among its appointed  
members. The term of office of chairman shall be for the calendar  
year or for that portion thereof remaining after each such chairman  
is elected.

Members of the commission shall serve as such with compensation  
of twenty dollars (\$20.00) per month to reimburse them for expenses  
incidental to their attendance at meetings of the commission and for  
committees.

Section 3.55. Powers and Duties.

The commission shall have the honor and duty to:  
(a) Develop sound policy plans in relation with the members of  
the aged and aging within the city and county.  
(b) Subject to the budget and fiscal policies of the city and  
to receive funds from both public and private sources and to distribute  
the same for programs related to the aged.

(c) Direct the preparation and dissemination of educational and  
informational material in cooperation with other agencies that provide  
and prepare relating to services provided for the elderly by public  
mental and private agencies in areas such as housing, medical care,  
education, transportation, health services, and the like.



Q. 10. How many times has the word "and" been used in the sentence?

There is hereby established a council to be known as the commission on the rules advisory council which shall exercise the commission in its relation with other districts, particularly in the case of recovery affairs. The advisory council shall consist of eleven (11) members and eleven (11) alternate members to be appointed one (1) each by each of the eleven (11) district supervisors from their respective districts. The advisory council members and alternate members shall serve without compensation for a term of two (2) years and may be reappointed at the end of each term. Of the first eleven (11) members or alternate members appointed, by lot, five (5) shall serve for a term of one (1) year and six (6) shall serve for a term of two (2) years.

Members and alternate members appointed by the district supervisors shall be representatives of active realty relations operating in the city and county, shall be fifty-two (52) years of age or above, and shall reflect the racial and ethnic population of the city and county. The number of standing members of the advisory council may be one of the following: district supervisor shall appoint one member, no shall be longer than a member of advisory council of the advisory council, and the district supervisor shall appoint a representative working in the district with the district supervisor shall be the chairman of the district advisory council. The district supervisor shall be the chairman of the district advisory council.

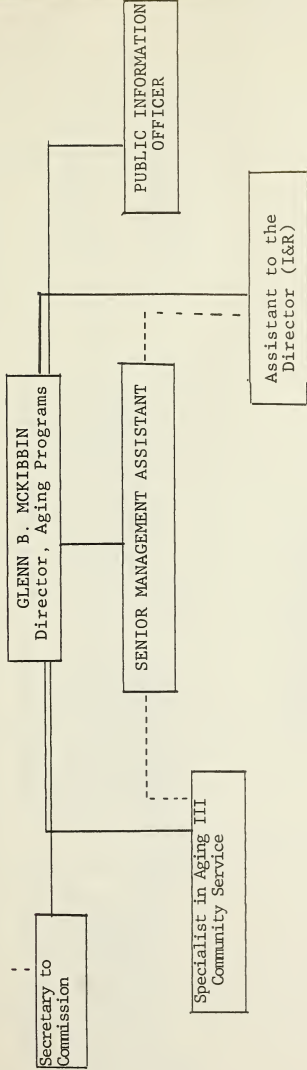
1. The first step in the process of creating a new product is to identify a market need. This involves conducting market research to understand the preferences and behaviors of potential customers. Once a need is identified, the next step is to develop a concept that addresses this need. This concept should be innovative and differentiated from existing products in the market.







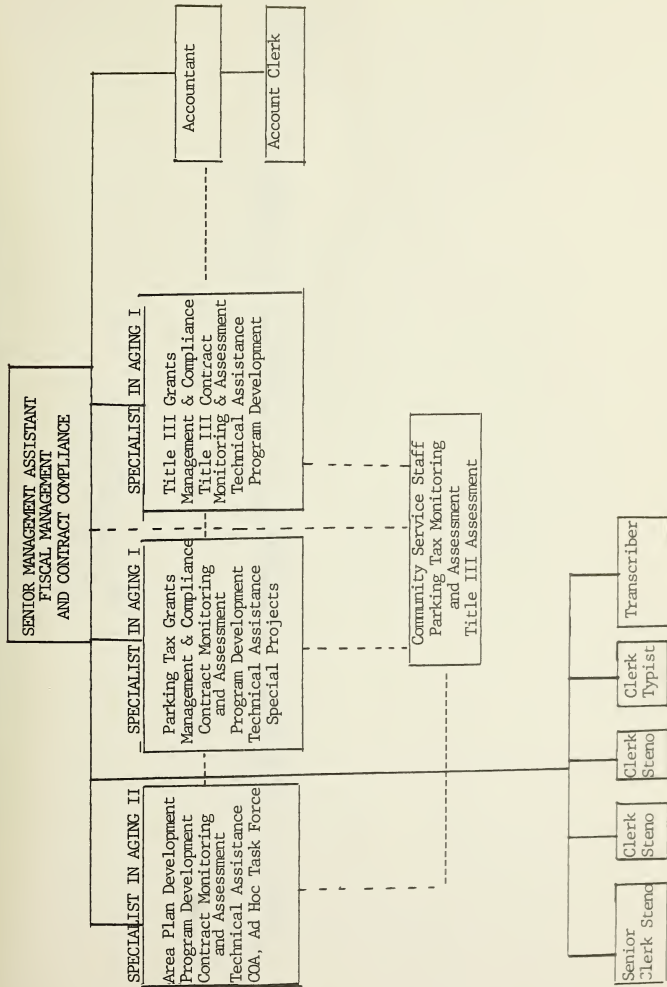
-----COMMISSION ON THE AGING



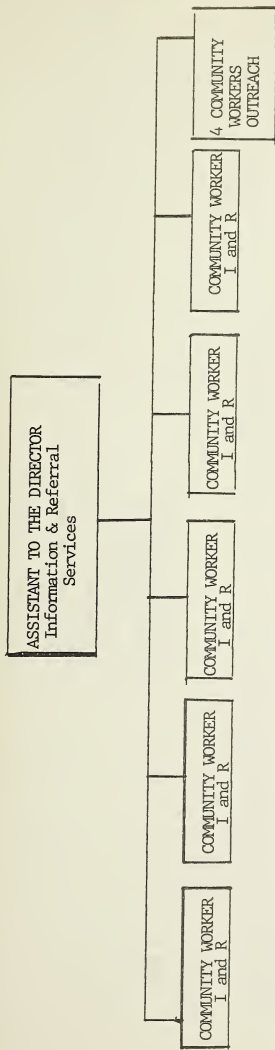




SAN FRANCISCO COMMISSION ON THE AGING  
PLANNING, GRANTS MANAGEMENT, PROGRAM EVALUATION









COMMUNITY SERVICE

Specialist in Aging III

Community Service

Health  
COA Advisory Council  
Contract Monitoring and  
Assessment  
Program Development  
Technical Assistance

Specialist in Aging II

Social Services

Education  
Recreation  
Title IVa Grant  
Management/Training  
Program Development  
Technical Assistance  
Contract Monitoring  
and Assessment  
COA Ad Hoc Task Force

Specialist in Aging II

Nutrition  
Transportation  
Crime  
Resource Development  
Program Development  
Technical Assistance  
Contract Monitoring and  
Assessment  
COA Ad Hoc Task Force

Specialist in Aging I

Housing  
Legislation  
Employment  
Legal Services  
Program Development  
Technical Assistance  
Contract Monitoring and  
Assessment  
COA Ad Hoc Task Force









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*City and County of San Francisco*

## **Commission on the Aging**



**ANNUAL REPORT** 1981 - 1982

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City and County of San Francisco

Commission on the Aging

Annual Report

July 1, 1981 to June 30, 1982

Joyce Ream  
Executive Director

October 15, 1982



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### Services Provided by the SFCOA

During the July 1, 1981 through June 30, 1982 period, the SFCOA received approximately \$2 million in parking tax funds and over \$3 million in Title III (Older American Act funds) for distribution to agencies that provided direct services to seniors. Of the \$5 million, \$3 million went to minority based agencies, or agencies which serve primarily minority communities.<sup>1</sup>

The SFCOA funded 40 agencies. 14 were funded exclusively by parking tax dollars; 14 exclusively by Title III dollars; and 12 were funded by both parking tax and Title III monies.

The services funded provided a variety of services including: nutrition services, social services, legal services, in-home services, transportation and escort services, outreach and information and referral services, and housing services.

In 1982, 1,500 persons were employed by SFCOA subcontractors to provide services to seniors. 58.4% or 875 employees were minorities.<sup>2</sup>

<sup>1</sup>Mary GinStarkweather, Contract Compliance Report, 1981-82  
Commission on Aging Contractors. Human Rights Commission,  
August 24, 1982, p. 1

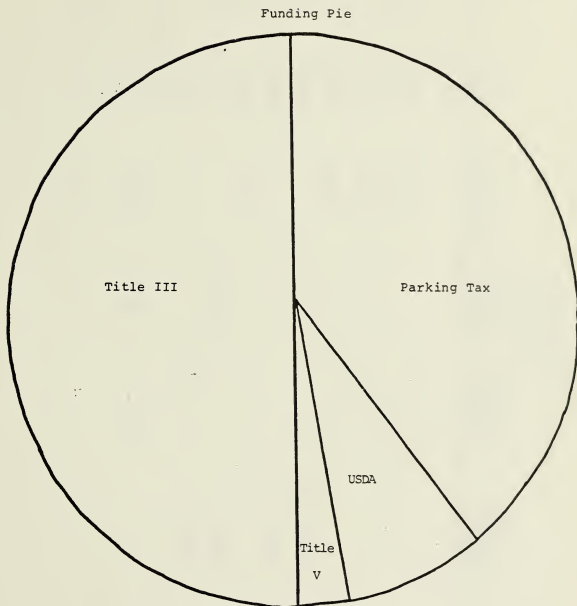
<sup>2</sup>Ibid. p. 2





TABLE A

SFCOA Total Budget by Funding Source (Pie Chart)



## FY 1981-82 Contract Funding

Parking Tax	\$ 2,018,263	38%
Title III	2,660,746	50
Title V	52,422	01
USDA	<u>613,437</u>	<u>11</u>
TOTAL	5,344,868	100%



TABLE: B

SPCOA Funded Agencies by Source of Funds: 1981-82

FY 1981-82

## CONTRACT SCHEDULE

AGENCY	TOTAL CON FUNDS	FEDERAL FUNDS				PAIRING: TAX FUNDS			
		TIT - B SOCIAL SERVICES FUNDS	TIT-C1 CONGRUATE MEDALS		TIT-C2 HOME-DELIVERED MEDALS	CONGRUATE MEDALS	HOME-DELIVERED MEDALS		SOCIAL SERVICES
Asian Law	\$ 7,000								\$ 7,000
Bayview Crispus Attucks	25,982	\$ 25,982							\$ 64,777
Bayview Hunters Point	90,576	25,799							
Bernal Heights	36,398	36,398							
Caron Kip	154,997	24,189							130,808
Church of the Advent	14,175					\$ 10,644			\$ 3,531
Economic Opportunity Cncl.	80,444					22,195			5,827 (52,422) *
Family Service Agency	33,986	33,986							
Filipino American Cncl.	41,371		\$ 7,812			26,738			6,821
Food Advisory	35,924					35,924			
Golden Gate Senior Svcs.	88,007								88,007
Kimochi, Inc.	320,630	62,678		190,640	\$ 5,512		11,497		50,303
Korean Comm. Service Ctr.	24,570								24,570
Legal Assistance/Elderly	231,104	231,104							



SFOCA Funded Agencies by Source of Funds: 1981-82

FY 1981-82

CONTRACT SCHEDULE

AGENCY	TOTAL COA FUNDS	FEDERAL FUNDS			PARTIAL TRX FUNDS			USDA FUNDS FUNDS
		III - B SOCIAL SERVICES	III - C1 CONGREGATE MEALS	III - C2 HOME-DELIVERED MEALS	CONGREGATE MEALS	HOME-DELIVERED MEALS	SOCIAL SERVICES	
Los Mayores	\$ 54,693		\$ 6,137	\$ 2,508	\$ 35,930		\$ 34,995	\$ 10,118
Lutheran Care	34,995							
Meals on Wheels	352,695			154,655			89,432	108,608
Mission Neighborhood	60,289	\$ 60,289						
Mt. Zion Hospital	25,494	14,574					10,920	
Native American	94,037		64,712	17,701				11,624
North of Market	131,792		3,937				127,855	
OMICA	72,478	17,100					55,378	
Pleasure Endeavors	18,278	18,278						
Reality House	10,350						10,350	
Recreation Ctr.	16,380	16,380						
Russian American	39,946							
Salvation Army	868,853	49,622	296,054	4,528	14,261		25,685	140,279
S.F. Chrl of Churches	389,892	7,110	186,876		378,370		140,594	55,312
S.F. Home Health	472,341	48,065	21,533	52,481	244,724		42,714	62,824



SFCCA Funded Agencies by Source of Funds: 1981-82

FY 1981-82

CONTRACT SCHEDULE

AGENCY	TOTAL COA FUNDS	FEDERAL FUNDS			PAKING PMX FUNDS			SOCIAL SERVICES	USDA FUNDS MEALS
		III - B SOCIAL SERVICES	III - C1 CONFEDTATE MEALS	III - C2 HOME-DELIVERED MEALS	CONFEDTATE MEALS	HOME-DELIVERED MEALS			
S.F. Senior Centers	\$ 39,707	\$ 2,397					\$ 37,310		
S.F. Senior Escort	168,224						168,224		
S.F. Suicide Prevention	19,039	19,039							
Self Help	605,350	164,126	\$ 323,637	\$ 35,798					\$ 81,789
Senior Resources	18,200	18,200							
Third Baptist	11,763	11,763							
UOC	256,070		174,091	17,858			20,105		44,016
Visitation Valley	21,594	21,594							
Western Addition	218,559		115,358	31,819			33,170		38,212
YMCA	134,933	14,674					120,259		
YMCA	23,752	23,752							
Totals	\$ 5,344,868	\$ 947,099	\$1,390,787	\$ 322,860	\$ 768,786	\$ 11,497	\$1,237,980 (\$ 52,422)*		\$ 613,437

\* (\$52,422) = Title V Grant





TABLE C

Participation in SFCOA Funded Congregate Meal Program by Race or Ethnicity: 1981-82

Agency	Race or Ethnicity of Participants					
	Total	American Indian	Asian American	Black	Hispanic	White
Church of the Advent	(#) 280 (%) 100	3 1	27 10	21 8	16 6	213 76
Filipino American	(#) 907 (%) 100	12 1	807 89	11 1	61 7	16 2
Kimochi Kai	(#) 1,371 (%) 100	0 0	924 67	13 1	0 0	434 32
Los Mayores de Centro Latino	(#) 748 (%) 100	0 0	10 1	3 1	608 81	127 17
Native American Indian Center	(#) 1,097 (%) 100	697 64	39 4	166 15	13 1	182 16
Russian American	(#) 745 (%) 100	0 0	17 2	0 0	0 0	728 98
Salvation Army	(#) 7,677 (%) 100	69 1	1,925 25	573 7	1,108 15	4,002 52
SF Council of Churches	(#) 3,146 (%) 100	36 1	1,204 38	71 2	135 5	1,700 54
SF Home Health	(#) 6,999 (%) 100	44 1	753 11	597 8	1,587 23	4,018 57
Self Help for the Elderly	(#) 6,548 (%) 100	0 0	4,663 71	41 1	92 1	1,752 27
United Jewish Community Ctr.	(#) 2,535 (%) 100	0 0	224 9	306 12	168 7	1,837 72
Western Addition	(#) 2,518 (%) 100	0 0	80 3	2,100 83	30 1	308 13
TOTALS	(#) 34,571 (%) 100	861 3	10,673 31	3,902 11	3,818 11	15,317 44



TABLE D

## Participation in SFCOA Funded Home-Delivered Meal Program by Race or Ethnicity: 1981-82

Agency	Race or Ethnicity of Participants					
	Total	American Indian	Asian American	Black	Hispanic	White
Kimochi Kai	(#) 75 (%) 100	0 0	63 84	1 1	0 0	11 15
Los Mayores de Centro Latino	(#) 25 (%) 100	0 0	0 0	0 0	18 72	7 28
Meals on Wheels	(#) 2,191 (%) 100	5 0	106 5	108 5	222 10	1,750 80
Native American Indian Center	(#) 69 (%) 100	53 77	2 3	11 16	0 0	3 4
Salvation Army	(#) 182 (%) 100	1 1	40 22	15 8	27 15	99 54
SF Home Health	(#) 360 (%) 100	0 0	11 3	14 4	88 24	247 69
Self Help for the Elderly	(#) 300 (%) 100	0 0	112 37	11 4	4 1	173 58
United Jewish Community Ctr.	(#) 270 (%) 100	0 0	20 7	11 4	13 5	226 84
Western Addition	(#) 229 (%) 100	0 0	11 5	127 55	7 3	84 37
TOTALS	(#) 3,701 (%) 100	59 2	365 10	298 8	379 10	2,600 70



## Participation in SFOOA Funded Social Service Program by Race or Ethnicity: 1981-82

Agency	Race or Ethnicity of Participants					
	Total	American Indian	Asian American	Black	Hispanic	White
Bayview Crispus Attucks	(#) 762 (%) 100	0 0	0 0	762 100	0 0	0 0
Bayview Hunters Point	(#) 1,620 (%) 100	0 0	8 .5	1,567 97	7 .5	38 2
Bernal Heights	(#) 5,014 (%) 100	0 0	574 11	301 6	649 13	3,490 70
Canon Kip Transportation	(#) 3,202 (%) 100	17 .5	406 13	722 22.5	203 6	1,854 58
Canon Kip Community House	(#) 1,000 (%) 100	0 0	529 53	43 4	19 2	409 41
Canon Kip Senior Escort	(#) 264 (%) 100	4 2	99 37	50 19	15 6	96 36
Family Service Agency	(#) 1,164 (%) 100	0 0	53 5	15 1	15 1	1,081 93
Golden Gate Senior Services	(#) 2,127 (%) 100	0 0	203 10	174 8	200 9	1,550 73
Kimochi Kai	(#) 2,872 (%) 100	0 0	2,161 75	38 1	0 0	673 24
Korean Community Center	(#) 19,258 (%) 100	0 0	15,983 83	193 1	1,155 6	1,927 10
Legal Assistance to the Elderly	(#) 16,329 (%) 100	99 1	1,606 10	2,160 13	1,179 7	11,285 69
Los Mayores de Centro Latino	(#) 541 (%) 100	0 0	2 .5	1 .5	510 94	28 5
Lutheran Care for the Aging	(#) 550 (%) 100	12 2	26 5	135 25	56 10	321 58



Participation in SFOOA Funded Social Service Program by Race or Ethnicity: 1981-82

Race or Ethnicity of Participants

Agency		Total	American Indian	Asian American	Black	Hispanic	White
Meals on Wheels	(#)	632	3	18	40	18	553
	(%)	100	0	3	6	3	88
Mission Neighborhood	(#)	232	0	3	0	176	53
	(%)	100	0	1	0	76	23
Mt. Zion	(#)	141	0	17	13	5	106
	(%)	100	0	12	10	3	75
North of Market	(#)	12,611	30	836	715	197	10,833
	(%)	100	0	7	6	1	86
OMICA	(#)	2,880	3	377	1,624	255	621
	(%)	100	0	13	56	9	22
Pleasure Endeavors	(#)	468	3	65	80	31	289
	(%)	100	0	14	17	7	62
Reality House	(#)	84	0	3	13	4	64
	(%)	100	0	4	15	5	76
Recreation Ctr for the Handicapped	(#)	201	0	27	17	9	148
	(%)	100	0	13	8	5	74
Russian American	(#)	5,615	0	117	0	3	5,495
	(%)	100	0	2	0	0	98
Salvation Army	(#)	8,451	71	2,050	634	1,227	4,469
	(%)	100	1	24	7	15	53
SF Council of Churches-Noreiga	(#)	20,858	6	3,054	336	631	16,831
	(%)	100	0	15	1.5	2.5	81
SF Council of Churches-OMI	(#)	484	0	20	321	18	125
	(%)	100	0	4	66	4	26
SF Council of Churches-St. Francis	(#)	10,873	87	4,536	197	379	5,674
	(%)	100	1	42	2	3	52
SF Home Health	(#)	3,584	43	524	37	1,648	1,332
	(%)	100	1	15	1	46	37





Participation in SFCOA Funded Social Service Program by Race or Ethnicity: 1981-82

Race or Ethnicity of Participants

Agency	Total	American Indian	Asian American	Black	Hispanic	White
S.F. Senior Center	3,677	18	1,122 30%	131 4%	252 7%	2,154 59%
Self Help - In home	800	0	475 60%	35 4%	40 5%	250 31%
Self Help - Housing	2,829	0	2,800 99%	2	1	26 1%
Self Help - Nutrition	4,647	5	3,434 74%	59 1%	67 1%	1,082 24%
Senior Escort	6,891	5	839 12%	2,377 35%	551 8%	3,119 45%
Senior Resources	229	1	19 8	15 7%	34 15%	160 70%
Suicide Prevention	4,043	5	122 3%	332 8%	161 4%	3,423 85%
Third Baptist	602	2 .3%	0	567 94%	4 .7%	29 5%
United Jewish Community Center	2,300	0	93 4%	198 9%	143 6%	1,866 81%
Visitation Valley Community Center	1,409	3	52 4%	54 4%	62 4%	1,238 88%
Western Addition	2,593	0	110 4%	2,089 81%	30 1%	364 14%
YMCA	9,197	16 .5%	855 9%	665 7%	590 6.5%	7,071 77%
YWCA	1,600	8	875 55%	42 3%	98 6%	577 36%
TOTALS	162,634	441	44,093	16,754	10,642	90,704
PERCENTAGES		0%	27%	10%	7%	56%



Highlights

59 Areas of Agency Progress in 1981-1982:



## Fiscal

1. Completed successfully a comprehensive fiscal compliance audit by the Administration on Aging (Federal) and the California Department of Aging (State). This was the first time that the agency was found to be in fiscal compliance with state and federal regulations. During the exit conference, Jack McCarthy, head of Region IX for the Administration on Aging, stated the SFCOA was "light years ahead of where the agency was in December 1980".
2. Passed the SFCOA's 1981-1982 budget through the Board of Supervisors without any cuts. The Budget Analyst recommended cutting \$648,453. Not one cent of the proposed budget was cut.
3. Reduced by 50% the financial reporting requirements expected of service providers after complicated negotiations between the San Francisco Controller's Office, the SFCOA, and CDA were successful.
4. Initiated the first comprehensive on-site fiscal assessments of SFCOA service providers, utilizing a standardized fiscal assessment tool prepared in collaboration with the California Department of Aging. This will ensure that accounting records are set-up and kept properly by service providers.
5. Utilized new budget forms for service providers that the Budget Analyst complimented the SFCOA for using.
6. Developed the first Contractors Policy and Procedures Manual.
7. Required an annual independent CPA audit to GAO standards for each service provider to ensure fiscal accountability.
8. Implemented a new system of issuing written policies to SFCOA service providers.
9. Revised the program reporting forms required by service providers to reduce the time and resources used to complete the forms.



10. Met all SFCOA reporting requirements to the California Department of Aging.

#### Area Plan

11. A. Developed the 1982-1983 Area Plan which was accepted without conditions.  
  
B. The 1981-1982 Area Plan was not accepted until 5 conditions were met. 24 problem areas were identified by CDA with the Area Plan document that was submitted.
12. Conducted seven Needs Assessment Public Hearings in the (7) COA Districts.
13. Completed a study of the planning function in the department and negotiated with the Civil Service Departments, Classification Division to recognize a new planning position (with new job classification and title, Aging Program Planner) within the department.
14. Completed a Technical Assistance Plan with CDA to improve the 1982-1983 Area Plan document.

#### Contract Monitoring

15. Developed and implemented the first set of comprehensive program standards for SFCOA service providers in the history of the department.
16. Completed the first comprehensive on site program assessment of 40 funded service providers utilizing a standardized program assessment tool.
17. Set up a Program Standards Task Force, that included service provider representatives, Commissioners, and Advisory Council members, and SFCOA staff, to revise the program standards. The revision was accepted by the Commission.





18. Simplified a contract format that is more readable and understandable for service providers.
19. Improved technical assistance to service providers as documented by the most recent CDA Baseline Assessment.
20. Set up committees and Task Forces to allow service providers and interested community representatives input into the internal operation of the department.
21. Implemented a new Management Information System mandated by CDA to improve the accuracy of information submitted by service providers to the SFCOA and CDA.

#### Reorganization

22. Reorganized the department along the lines of the recommendations made in the December 1980 Copeland Report.
23. Established an organizational structure along functional lines as appropriate to the Commission's mandated responsibilities: Contract Monitoring, Accounting, Information and Referral, Public Relations, and Office Management.
24. Contracted out the Title V contract, reducing staff by 9.
25. Created organizational structure to make lines of supervisory authority and responsibility clear to staff.
26. Completed a study on options for Civil Service re-classification of several classifications currently in the department.



27. Completed a reclassification study of the Specialist on Aging classifications in concert with the Civil Service Department's Classification Division.
28. Developed contacts and relationships that will bring interns into the department.
29. Reclassified the Senior Administrative Analyst position to a Principal Accountant position.

#### Office Administration

30. Developed the first Policy and Procedures Manual for the department.
31. Implemented a mail log system that permits tracking of written communications sent to the department. Since implementation not a single piece of mail has been lost.
32. Developed a binder-filing system to organize, utilize, and follow mandated directives from the federal and state levels of government.
33. Developed procedures for a comprehensive central filing system.
34. Moved offices from 1095 Market to 1360 Mission. The move resulted in a \$42,000 savings which was allocated to service providers.

#### Labor Relations

35. Set up a Work Improvement Project committee to allow employees input into the internal operations of the department.
36. All written personnel practices and procedures were made available to staff.



37. Approved of Affirmative Action Plan on January 31, 1981.

#### Advocacy

##### Hearings

38. Director testified before the Board of Supervisors and its committees to defend the SFCOA budget and advocate for legislation that provided assistance to seniors.
39. Prepared testimony twice for the California Assembly Committee on Aging on the future of the aging network and long-term care.

#### Coordination Efforts

40. Coordinated with the Public Health Department to establish the Adult Day Health Planning Council.
41. SFCOA staff serve on boards and committees, citywide, that deal with issues that impact on the elderly.

#### Legislative Contacts

42. Director met with Congresspersons Ferraro and Biaggi of the Select Committee on Aging of the U.S. House of Representatives.

#### Inter-Agency Agreements

43. Entered into an Inter-agency agreement with the Association of Bay Area Governments (ABAG) to coordinate planning efforts.



44. Director appeared before numerous groups speaking out for the interests of seniors.

#### Convention Attendance

45. Director conducted a workshop on "The Elderly Newcomer" at the annual national convention of the Urban Elderly Coalition.
46. Director attended 3 national conventions (WHCOA, NASUA, UEC) to gather technical information and develop contacts in the aging network.
47. The Nutritionist attended the Society for Nutrition Education Conference in San Diego.

#### Public Relations

48. Prepared a brochure on the department in draft form.
49. Organized and coordinated the first Holiday Concert presenting the Air Force Band of the Golden Gate.
50. Coordinated the distribution of tickets for the American Conservatory Theatres' Annual Christmas Treat Performance.

#### Commission Board

51. Established 6 standing committees in critical areas in the aging field.
52. Developed commission committee procedures.





53. Provided orientation training to the Commission and Advisory Council members in the following areas: overview orientation, area plan, RFP process, and funding decision process..
54. Prioritized proposals for funding to allow for orderly approval when additional monies became available in FY 1981-1982.

#### Advisory Council

55. Established the Advisory Council in March 1981.
56. Developed participation and input by Advisory Council. Advisory Council members served on several committees and Task Forces such as the Program Standards Task Force, the 6 - standing committees of the Commission, and on the funding decision committees set up by the Commission.
57. Held a March 1982 public hearing on the Area Plan.

#### Alternative Funding of Programs

58. Applied, for the first time, for a grant for a specific program that would assist seniors in emergency health situations from Traveller's Insurance Company.

#### Special Recognition for Performance

59. Completed a study which led to the U.S. Conference of Mayors' giving an award to the City of San Francisco for outstanding leadership in the development and support of citizen volunteerism.



### Brief History of SFCOA

The San Francisco Commission on the Aging was established a decade ago in October 1972.

One year later the agency was designed an Area Agency on Aging. There are 600 in the United States and 33 in California.

The Area Agency on Aging designation is provided by the California Department of Aging and enables the SFCOA to receive Older Americans Act dollars which currently make up approximately half the total budget for the agency.

Over the years the department has increased the number of agencies funded, seniors served, services, and dollars available to fund the services.

The department in 1981-1982 funded 40 agencies with 1,500 employees that provided direct services to seniors. The program value of all the services provided with the department's funds is approximately \$10 million.

Currently, there is a 7-member policy setting Commission Board and a 22-member Advisory Council.

The department has a 22-member staff.



TABLE F

Brief Biographical Sketches of the 7 Commissioners



John L. Blumlein

Mr. John Blumlein, an investment banker, is a native San Franciscan. He is 62 years old and has served on the boards of such senior oriented agencies as Jewish Home for the Aged, Mt. Zion Hospital, United Way and Family Service Agency.

William L. Gee

Dr. Gee brings to the Commission his long experience with such organizations as On Lok Senior Health Services, Seniors for Service, Inc., American Society for Geriatric Dentistry and White House Conference on Aging Technical Committee on Long Term Care. He maintains an active dental practice and is currently chairman of the Day Health Care Planning Council of San Francisco.

Lawrence J. Simi

During the 1977-78 fiscal year, Mr. Simi served as an Interim Director of the San Francisco Commission on the Aging. It was under his direction that the COA began administration of the City and County Off Street Parking Tax monies. Mr. Simi, who is 34 years old, is a governmental affairs representative for Pacific Gas and Electric and is a native San Franciscan.

Demetrio Jayme

Mr. Jayme was a founder of the Filipino-American Chamber of Commerce and is a member of the Filipino Professional and Businessmen's Association of San Francisco. He was born and educated in the Philippine Islands and currently serves as Secretary/Treasurer, North American Maritime Agencies Owners Representative-Maritime Company of the Philippines. Mr. Jayme is 65 years old and a veteran of World War II.





Jose Olmedo

Mr. Olmedo was born in El Salvador. He has lived in San Francisco for approximately 40 years. At 76, he is a retired teacher who remains active in community work and as a part-time librarian. He was first appointed to the Commission in December of 1980.

Ettle M. Francis

A unique professional background, as well as a concern for the welfare of older people, are qualifications which Ms. Francis brings to the Commission. She is a native of Jamaica, West Indies, who has taught nursing, health care, health and law and geriatric health care at San Francisco State, University of California and the University of the West Indies. A resident of San Francisco, Ms. Francis is 47 years old and is a lawyer and nursing instructor with the California State University Hayward, School of Nursing.

Marian A. Brislane

After almost 40 years as a social worker and Program Director with the San Francisco Department of Social Services, Ms. Brislane "retired" to an active roll with the Commission on the Aging. She not only has served as a Commissioner and as Commission President, but also served as Interim Director of COA during the 1980-81 fiscal year. During her term as Executive Director (which she contributed as a volunteer), office procedures were updated and staff work was streamlined.



TABLE G

List of the 22 Advisory Council Members

1. Bello, Frank
2. Childs, Othella
3. Coan, Tina Burgess
4. Clay, Geraldine - President
5. Buckley, Stafford
6. Duley, Loreto
7. Ellis, Brazillia
8. Fellhauer, Martin
9. Harrison, Daisy
10. Gilbert, Charles
11. Glazunova, A.
12. Hubert, Leigh
13. Lee, Wayne
14. Linares, Rafael
15. Moreno, Horatio
16. Pineda, Henry
17. Rolando, Angelo
18. Sills, Marion - Vice President
19. Suttle, Elsie
20. Tanaka, Edith
21. Tocco, William
22. Wong, Helen



### Legislative Mandates

The duties and responsibilities of the San Francisco Area Agency on Aging or the San Francisco Commission on the Aging are determined by the federal Older Americans Act, the state Older Californians Act, and the local San Francisco Administrative Code and regulations and procedures that flow from these statutes.

An Area Agency on Aging is responsible for planning, developing and administering an Area Plan that provides for the development of a comprehensive, coordinated service delivery system for older persons in a specific service area.

### Specific Responsibilities:

1. Planning for the development of a comprehensive and coordinated service delivery system, and serving as the advocate and focal point for older persons within the community;
2. Assessment of older persons' needs in the community;
3. Identification of deficiencies, gaps in service delivery systems;
4. Identification of solutions to meet needs and bridge gaps;
5. Development and administration of area plan;
6. Funding services based on "identified need";
7. Development of written policies and procedures based on OAA requirements;
8. Monitoring and evaluation of service providers as to effectiveness and efficiency;
9. Coordination of training activities for staff and service providers;
10. Determination of greatest economic or social need; and
11. Designation of focal points for service delivery.



The following chart lists significant San Francisco Area Agency on Aging's mandated responsibilities and duties by level of government. A priority in the next year will be to move into compliance in those areas that are still outstanding.

Not Yet In Compliance	In Compliance	Duties and Responsibilities
		<u>Federal</u>
	X	1. Develop a 3-year Area Plan
	X	2. Provide technical assistance to providers
	X	3. Consider views of service recipients
X		4. Design focal points for delivery of service
X		5. Connect with children's services
	X	6. Establish an Advisory Council
X		7. Publish the prioritizing process
		<u>State</u>
	X	8. Assess the needs of seniors
	X	9. Identify existing services
X		10. Review plans developed by other agencies that may affect older persons
X		11. Designate an interagency committee on aging of public agencies
		<u>Local</u>
	X	12. Establish standards
	X	13. Monitor service providers





Not Yet In  
Compliance

In Compliance

Duties and Responsibilities

Local

X

14. Review and comment upon any program or service designed specifically for senior citizens which is proposed by any department or agency of the city and county and sending a report of such review to the Mayor and Board of Supervisors

X

15. Designate council members to serve as non-voting members with commission members on all commission committees.



## Department

The department currently has 22 staff members, 13 have Limited Tenure (Temporary) and 9 are Permanent Civil Service. There are 3 vacant budgeted positions.

There were significant personnel changes in the past year.

There were 6 transfers (to other city departments), 2 retirements, 2 resignations, 1 employee on maternity leave, and 1 employee displaced by a civil service list of eligibles within a classification.



TABLE H

MAYOR

## Functional Organization Chart

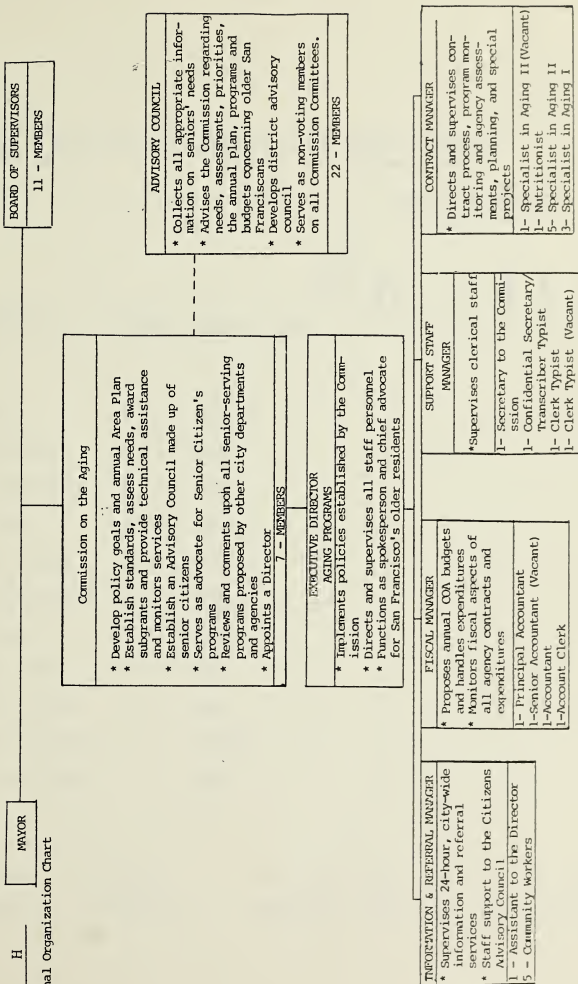




TABLE I

Employees of San Francisco Commission on the Aging by Position,  
Race and Sex:

Race or Ethnicity  
of Employees

Positions	FT/PT	Class	Total	Indian	American Amer.	Asian	Black	Hispanic	White	Male	Female
Accountant	1	0	1650	1	0	1	0	0	0	1	0
Account Clerk	1	0	1630	1	0	0	0	1	0	0	1
Asst. to Director	1	0	2993	1	0	0	1	0	0	0	1
Clerk Typist	1	0	1424	1	0	0	1	0	0	0	1
Community Worker	3	2	9971	5	0	2	0	0	3	4	1
Dir. of Aging Prog.	1	0	2988	1	0	0	0	0	1	0	1
Nutritionist	1	0	2846	1	0	0	0	0	1	0	1
Principal Acctnt.	1	0	1654	1	0	1	0	0	0	0	1
Secretary to COA	1	0	1546	1	0	0	1	0	0	0	1
Specialist in Aging	8	0	9720/22	8	0	1	1	0	6	4	4
Transcriber Typist	1	0	1430	1	0	0	1	0	0	0	1
Grand Total	<u>20</u>	<u>2</u>		<u>22</u>	<u>0</u>	<u>5</u>	<u>5</u>	<u>1</u>	<u>11</u>	<u>9</u>	<u>13</u>
Percentages	( 91%)	(9% )		(100%)	(0)	(23%)	( 23%)	(4%)	(50%)	(41%)	(59%)





TABLE J

Employees of San Francisco Commission on the Aging by Age:  
October 1982

Age Range	Total	%
30 - 39	3	14
40 - 49	6	27
50 - 59	8	36
60 - 69	1	5
70 - 79	2	9
80 - 89	2	9
Total	22	100%



TABLE K

SFCOA Administrative Budget: 1981-82

	Funding 81/82	% of Funding
<u>PERSONNEL</u>		
Permanent salaries	\$ 194,512	20
Temporary salaries	266,471	28
Fringe benefits	127,372	13
Salary savings	( 29,418)	( 3 )
Subtotal	\$ 558,937	58
<u>OTHER CONTRACTUAL SERVICES</u>		
Equipment maintenance	\$ 1,000	.1
Equipment rental	993	.1
Delivery service	360	*
Subtotal	\$ 2,353	.2
<u>CURRENT EXPENSES</u>		
Travel/outside city	\$ 1,232	.1
Travel/local	1,264	.1
Telephone	12,000	1.3
Postage	4,008	.4
Subscriptions	385	*
Printing	15,081	1.6
Training/conferences	1,700	.2
Materials and supplies	3,000	.3
Subtotal	\$ 38,670	4.1
MEMBERSHIPS/DUES	\$ 596	*
PROPERTY RENTAL	\$ 28,800	3

\*less than .01%



EQUIPMENT	\$ 1,266	.1
SERVICES/OTHER DEPTS.		
Real estate	\$ 400	*
INDIRECT COSTS	\$ 203,914	21
LOCAL MATCH	\$ 5,827	.6
INFORMATION AND REFERRAL	\$ 69,208	7
COMMISSION/ADVISORY COUNCIL FEES	\$ 34,800	4
HUMAN RIGHTS COMMISSION MONITOR	\$ <u>23,583</u>	<u>2</u>
<u>TOTAL</u>	<u>\$ 968,354</u>	<u>100</u>

\*less than .01%



SFOCA Staff Organizational Involvements

Director's Involvement

- 1 - Commission
- 2 - Advisory Council
- 3 - Tri-Council
- 4 - California Assn. of Area Agencies on Aging (C4A)
- 5 - CDA/AAA Directors Meeting
- 6 - Urban Elderly Coalition
- 7 - National Assn. of Area Agencies on Aging (N4A)
- 8 - S.F. Committee on Careers for Older Americans
- 9 - S.F. Labor-Management Work Improvement Project
- 10 - Management Council
- 11 - Mayor's Task Force on Personal and Financial  
Protective Service for Seniors and Disabled Residents
- 12 - Mayor's Cabinet

Staff Involvement

- 13 - Task Force on Standards
- 14 - Reporting Forms Task Force
- 15 - Housing Committee (Commission)
- 16 - Senior Centers Committee (Commission)
- 17 - Legislative Committee (Commission)
- 18 - Transportation Committee (Commission)
- 19 - Nutrition Committee (Commission)
- 20 - Quality of Life Committee (Commission)
- 21 - Gray Panthers
- 22 - Coalition of Agencies Serving the Elderly (CASE)
- 23 - Western Addition Black Senior Service Providers
- 24 - Adult Day Health Planning Council
- 25 - Victim Witness Assistance Board
- 26 - Developmental Disabilities Council
- 27 - Geriatric Coordinating Council
- 28 - Paratransit Coordinating Council
- 29 - Asian Nutrition Task Force
- 30 - CDA Task Force for Services to Older Minority Persons
- 31 - CDA Task Force on Budget Control Language and  
Economics and Social Need
- 32 - Older Women's League
- 33 - Gero-Psychiatric Development Council
- 34 - Food Bank Advisory Council
- 35 - California Gerontological Dietetic Practice Group





- 36 - Bay Area Dietetic Association
- 37 - AAA Nutritionist Group
- 38 - S.F. Medical Society's Chronic Illness and Aging Committee
- 39 - National Association of Social Workers
- 40 - California Specialists on Aging
- 41 - Catholic Committee on Aging
- 42 - Project OPEN-Multipurpose Senior Service Project
- 43 - Community College's Adult Development and Aging  
Program Planning Committee



Table     M    

## 1980 Census Age Related Data

TOTAL POPULATION OF SAN FRANCISCO 678,974

TOTAL POPULATION 60+	<u>137,681</u>	(20%) <sup>a</sup>	Male	<u>57,142</u>	Female	<u>80,539</u>
60-64	<u>33,396</u>	(24%) <sup>b</sup>	Male	<u>15,239</u>	Female	<u>18,157</u>
65-74	<u>60,633</u>	(44%) <sup>b</sup>	Male	<u>25,968</u>	Female	<u>34,725</u>
75+	<u>43,592</u>	(32%) <sup>b</sup>	Male	<u>15,935</u>	Female	<u>27,657</u>

RACE/ETHNICITY (65+ Population) TOTAL 104,285

AMERICAN INDIAN .....	<u>262</u>	(-1%) <sup>c</sup>
(includes Eskimo/Aleut)		
ASIAN/PACIFIC ISLANDER .....	<u>16,042</u>	(15%) <sup>c</sup>
(includes Japanese, Chinese, Filipino, Korean, Samoan, Asian Indian, Vietnamese and Hawaiian)		
BLACK .....	<u>7,622</u>	( 7%) <sup>c</sup>
HISPANIC .....	<u>7,361</u>	( 7%) <sup>c</sup>
(includes Mexican, Cuban, Puerto Rican, and other Spanish)		
WHITE .....	<u>73,056</u>	(70%) <sup>c</sup>
OTHER .....	<u>58</u>	(-1%) <sup>c</sup>

LIVES ALONE (60+)	<u>43,366</u>	(31%)
60-64	<u>8,138</u>	(24%) <sup>c</sup>
65+	<u>35,228</u>	(34%) <sup>c</sup>

## SSI/SSP RECIPIENTS

TOTAL 65+ 18,301 (18%)<sup>c</sup>

Aged	<u>14,550</u>
Blind	<u>387</u>
Disabled	<u>3,364</u>

## INSTITUTIONALIZED (65+0)

3,086 ( 3%)<sup>c</sup>

<sup>a</sup>Percent of total SF Population  
<sup>b</sup>Percent of total 60+ Population

<sup>c</sup>Percent of total 65+ Population  
<sup>d</sup>Percent of total 60-64 Population



TABLE     N    

BUDGET OF THE SFCOA BY DEPARTMENT,  
CONTRACTS, AND BUDGETED POSITIONS  
IN DEPARTMENT: 1976 - 1983

	Department	Contracts	Total Budget	Budgeted Positions in Department
1982-83	697,674	5,416,822	6,114,496	25
1981-82	933,199	5,344,868	6,278,067	27
1980-81	718,398	5,187,063	5,905,461	41
1979-80	608,917	3,170,556	3,779,473	38
1978-79	599,384	2,080,606	2,679,990	36
1977-78	494,836	350,357	845,193	23.5
1976-77	458,131	562,450	1,020,581	24

October 19, 1972 - Ordinance No. 305-72 set up the Commission on the Aging.



TABLE     O    DIRECTORY OF SFCOA FUNDED AGENCIES  
AND TYPES OF SERVICES PROVIDED: OCTOBER 1982

<u>AGENCY</u>	<u>SERVICE PROGRAM</u>
1. Asian Law Caucus 36 Waverly Place, Suite #2 San Francisco, CA 94108 Donald K. Tamaki - 391-1655	Legal Services
2. Bayview Crispus Attucks 1201 Mendell St. San Francisco, CA 94124 Ardath Nichols - 648-1600	Community Services Senior Center (6 months)
3. Bayview Hunters Pt. Sr. Ctr. 1706 Yosemite Ave. San Francisco CA 94124 George Davis - 822-1444	Community Services Senior Center
4. Bernal Heights Comm. Foundation, Inc. 399 Cortland Avenue San Francisco, CA 94110 Marie Malveaux/ Roger Borgenicht - 647-4255	Community Services Senior Center
5. Canon Kip Community House 705 Natoma Street San Francisco, CA 94103 Gayle Justice/Eugene Coleman 861-6801	Community Services Escort Senior Center Transportation
6. Church of the Advent 162 Hickory Street San Francisco, CA 94102 Ernest Zickrick 431-3767 or 626-1638	Nutrition-Congregate
7. Economic Opportunity Council 730 Polk Street, #430 San Francisco, CA 94109 Marilyn Adair - 771-7100	Title V Employment (3 months)





<u>AGENCY</u>	<u>SERVICE PROGRAM</u>
8. Family Service Agency 1031 Franklin Street San Francisco, CA 94109 Margot Jasie - 474-8757	Ombudsman
9. Filipino-American Council 2948 16th Street San Francisco, CA 94103 Asterio Saquing - 626-0773	Nutrition-Congregate
10. Golden Gate Senior Services 1350 Waller Street San Francisco, CA 94117 Nick Lederer - 621-1112	Community Services Senior Center
11. Kimochi, Inc. 1581 Webster Street, #10 San Francisco, CA 94115 David Ishida - 931-2294	Nutrition-Congregate Home-Delivered Nutritional-Social Svcs.
12. Korean Comm. Service Ctr. 3136 Fulton Street San Francisco, CA 94118 Tom Kim --567-3267	Community Services Senior Center
13. Legal Assistance to the Elderly 333 Valencia Street, 2nd flr. San Francisco, CA 94103 Orah Young - 861-4444	Legal Services
14. Los Mayores de Centro Latino 180 Fair Oaks Street San Francisco, CA 94109 Gloria Bonilla - 826-1647	Nutrition-Congregate Home-Delivered Nutrition-Social Services
15. Lutheran Care for the Aging 1031 Franklin Street San Francisco, CA 94109 Joel Weeden - 441-7777	Community Services Housing (8 months)
16. Meals on Wheels 1290 Sutter, Suite #9 San Francisco, CA 94109 Dorwin Jones - 474-4646	Nutrition Home-Delivered
17. Mission Neighborhood Ctr. 362 Capp Street San Francisco, CA 94110 Lulula Lee - 826-0440	In-Home Services Community Services Escort



<u>AGENCY</u>	<u>SERVICE PROGRAM</u>
18. Mt. Zion Hospital & Medical Center Recreation Program in Care Facilities P.O. Box 7921 San Francisco, CA 94120 Maureen Kellen-Taylor 567-1711 x2287	Services in Care Providing Facilities
19. Native American Indian Svs. 552 Hayes Street San Francisco, CA 94102 Leigh Hubert - 431-7030	Nutrition-Congregate Home-Delivered Nutrition-Social Services
20. No. of Market Health Cncl. 333 Turk Street San Francisco, CA 94102 Bob Heavner - 835-2274	Community Services Senior Center
21. OMICA 201 Granada Avenue San Francisco CA 94115 Tom Garrett - 584-8188	Access-Transportation
22. Operation Concern of Pacific Med. Ctr. 2483 Clay Street San Francisco, CA 94115 Carole Migden - 563-0202	Community Services
23. Pleasure Endeavors Laguna Honda Hosp. Rm. 323 San Francisco, CA 94116 Jim Peppard - 664-1580 x266	Services in Care Providing Facilities
24. Reality House West 306 Leavenworth Street San Francisco, CA 94102 Leroy Looper - 673-7223	Community Services Housing
25. Rec. Ctr. for the Handicapped 207 Skyline Blvd. San Francisco, CA 94121 Sheila Koren - 665-4100	Services in Care Providing Facilities
26. Russian American Senior Ctr. 679 37th Avenue San Francisco, CA 94121 Julie Burigin - 387-5336	Nutrition-Congregate Nutrition-Social Services



AGENCYSERVICE PROGRAM

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| 27. Salvation Army<br>360 Fourth Street<br>San Francisco, CA 94107<br>Evelyn Dexter - 777-2677                   | Nutrition-Congregate<br>Home-Delivered<br>Nutrition-Social Services   |
| 28. S.F. Council of Churches<br>942 Market St., #408<br>San Francisco, CA 94102<br>Norman Leach - 433-4890       | Community Services<br>Senior Center<br>Services in Care Provi-<br>ding Facilities<br>Nutrition-Congregate<br>Nutrition-Social Services        |
| 29. S.F. Home Health Svcs.<br>225 30th Street<br>San Francisco, CA 94131<br>Marion Hewitt - 285-5615             | Community Services<br>Senior Center<br>Nutrition-Congregate<br>Home-Delivered<br>Access-Transportation<br>In-Home Services                    |
| 30. S.F. Senior Center (Dntn)<br>890 Beach Street<br>San Francisco, CA 94108<br>Mary Alice Stevenson<br>771-7950 | Community Service<br>Senior Center  |
| 31. S.F. Suicide Prevention<br>3940 Geary Blvd.<br>San Francisco, CA 94118<br>Dorothy Stapp - 752-4866           | Access I & R  |
| 32. Self Help for the Elderly<br>640 Pine Street<br>San Francisco, CA 94108<br>Anni Chung - 982-9171             | Nutrition-Congregate<br>Home-Delivered<br>Community Service-Housing<br>Access-Transportation<br>In-Home Services<br>Nutrition-Social Services |
| 33. Senior Resources<br>162 Hickory Street<br>San Francisco, CA 94102<br>John Ferguson - 626-1638                | Access-Outreach   |
| 34. Support Services for Elders<br>50 Oak Street<br>San Francisco, CA 94102<br>Jack McKay - 552-6776             | Legal<br>Consumer Services  |



AGENCYSERVICE PROGRAM

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| 35. Third Baptist Church<br>1399 McAllister Street<br>San Francisco, CA 94115<br>Wm. Pryor - 346-4426  | Community Services<br>Senior Center                                 |
| 36. United Jewish Community Ctr.<br>3195 California Street<br>San Francisco, CA 94115<br>Florence Edelman - 929-1986                           | Nutrition-Congregate<br>Home-Delivered<br>Nutrition-Social Services |
| 37. U.S. Human Resources<br>1109 Oak Street<br>San Francisco, CA 94117<br>Greg Watty - 552-7900  | Access-Transportation   |
| 38. Visitacion Valley Community<br>Center<br>50 Raymond Avenue<br>San Francisco, CA 94134<br>Julia Kavanaugh/<br>Barbara Khurana - 467-6400    | Community Services<br>Senior Center                                 |
| 39. Western Addition Sr. Service<br>Center<br>1390 Turk Street<br>San Francisco, CA 94115<br>Frederick Hubbard - 921-7805                      | Nutrition-Congregate<br>Home-Delivered<br>Nutrition-Social Services |
| 40. Westside Comm. Mental<br>Health Center<br>1153 Oak Street<br>San Francisco, CA 94117<br>Marlin Griffith/Bea Stephens<br>474-7310           | Services in Care<br>Facilities                                      |
| 41. YMCA of San Francisco<br>220 Golden Gate Avenue<br>San Francisco, CA 94102<br>Lyn Fitzpatrick - 885-0460 or<br>586-6900 (Outer<br>Mission) | Community Services<br>Senior Center                                 |
| 42. YWCA of San Francisco<br>620 Sutter Street<br>San Francisco, CA 94102<br>Marge Asher - 775-6500  | Community Services<br>Senior Center                                 |















